



SEPTEMBER 2026

INGRAM TOM MOORE HIGH & MIDDLE

MENUS ARE SUBJECT TO CHANGE
**THIS INSTITUTION IS AN EQUAL
OPPORTUNITY PROVIDER

Monday

Tuesday

Wednesday

Thursday

Friday

SPICY CHICKEN BURGER
SEASONED FRIES
BURGER SALAD
BAKED BEANS
FRUIT
MILK

1

SOFT BEEF TACO
SPANISH RICE
REFRIED BEANS
LETTUCE & TOMATO
FRUIT
MILK

2

CHICKEN STRIPS
OR
FISH
MACARONI & CHEESE
BROCCOLI
CARROT SLICES
DINNER ROLL
FRUIT & MILK

3

CHEESEBURGER
OR
HAMBURGER
TATER TOTS
BURGER SALAD
FRUIT
MILK

4

Holiday

7

BEEF SPAGHETTI
GARLIC BREAD STICK
CORN
PEAS
FRUIT
MILK

8

BEEF NACHOS
CORNBREAD
PINTO BEANS
LETTUCE & TOMATO
FRUIT
MILK

9

ORANGE CHICKEN
STEAMED RICE
EGG ROLL
BROCCOLI
STEAMED VEGETABLES
FRUIT
MILK

10

CHEESEBURGER
OR
HAMBURGER
TATER TOTS
BURGER SALAD
FRUIT
MILK

11

STEAK FINGERS
MASHED POTATOES/ GRAVY
GREEN BEANS
CARROT SLICES
DINNER ROLL
FRUIT
MILK

14

PULLED PORK SANDWICH
OR
CORNDOG
SEASONED FRIES
BAKED BEANS
PICKLES
FRUIT & MILK

15

ENCHILADA CASSEROLE
CORNBREAD
PINTO BEANS
LETTUCE & TOMATO
FRUIT
MILK

16

CHEESEBURGER
OR
HAMBURGER
TATER TOTS
BURGER SALAD
FRUIT
MILK

17

NO
SCHOOL

18

CHICKEN NUGGETS
MASHED POTATOES/ GRAVY
GREEN BEANS
CARROT SLICES
DINNER ROLL
FRUIT
MILK

21

CHICKEN SPAGHETTI
GARLIC BREAD STICK
BROCCOLI
CORN
FRUIT
MILK

22

CHICKEN FAJITA TACO
SPANISH RICE
FAJITA BLEND VEGETABLES
REFRIED BEANS
BABY CARROTS
FRUIT
MILK

23

MEATBALL SUB
CORN
BROCCOLI
FRUIT
MILK

24

CHEESEBURGER
OR
HAMBURGER
TATER TOTS
BURGER SALAD
FRUIT
MILK

25

SALISBURY STEAK
MASHED POTATOES/ GRAVY
GREEN BEANS
CARROT SLICES
DINNER ROLL
FRUIT
MILK

28

SPICY CHICKEN BURGER
SEASONED FRIES
BURGER SALAD
BAKED BEANS
FRUIT
MILK

29

FRITO PIE
CORNBREAD
PINTO BEANS
VEGGIE CUP
FRUIT
MILK

30

AVAILABLE DAILY: PIZZA, CHEF SALAD, UNCRUSTABLE W /CHEESE STICK
HAM & TURKEY SUB SANDWICH (MONDAY, WEDNESDAY AND FRIDAY)
TURKEY BACON WRAP (TUESDAY AND THURSDAY)
FRESH, CANNED, OR FROZEN FRUIT (DAILY), 100% FRUIT JUICE (WEDNESDAY & FRIDAY)
FAT FREE CHOCOLATE & 1%MILK (DAILY)

MY
SCHOOL
BUCKS

PAY FOR MEALS ONLINE
MySchoolBucks.com