

Agenda
School Health Advisory Council Meeting
December 11, 2025
4:14-5:15

1. Welcome and Introductions
2. Our mission is to implement a coordinated school health program to prevent Obesity, Cardiovascular Disease, and Type II Diabetes in students through a combined effort of the school district and community.
3. Read and approve minutes from the April 24, 2025, meeting
4. Reports from each Committee:
 - A. Nutrition
 - B. Physical Education
 - C. Health Services
 - D. Health School Environment
 - E. Health Education
 - F. Counselors
 - G. Family and Community Involvement
 - H. Health Promotion for Staff
5. Discuss and possibly take action on any additional education recommendations by the SHAC that may be required due to amendments made to House Bill 3908 which requires Fentanyl and drug abuse prevention instruction in Texas Public School in 6th through 12th grades.
6. Discuss and possibly take action on approving Texas Mobile Imaging to come out and provide Health Scans(Thyroid, Gall Bladder, Liver, Kidney, AFIB and bone density) for staff.
7. Discuss date for Health Fair
8. Discuss any recommendations for possible health initiatives for students and staff.
9. Open discussion.
10. Meeting Adjourned

