**Russellville Elementary Schools**

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| **October 2024** |

| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
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|  | **1**  **BREAKFAST**  **French Toast Sticks or Cereal, Fruit, Juice & Milk**  **LUNCH**  **Beef Dippers or**  **Popcorn chicken**  **Mashed potatoes, Peas, Roll, Fresh Veggies, Fruit, Juice & Milk** | **2**  **BREAKFAST**  **Warm Breakfast Bread or Cereal, Fruit, Juice & Milk**  **LUNCH**  **Quesadilla or Beef Taco**  **Corn, Fiesta Black Beans Taco Trimmings, Fruit, Juice & Milk** | **3**  **BREAKFAST**  **Toast & Jelly W/Bacon or Cereal, Fruit, Juice & Milk**  **LUNCH**  **Pizza or**  **Sloppy Joe Sandwich,**  **Green Beans, Tater Tots, Fresh Veggies, Fruit, Juice & Milk** | **4**  **BREAKFAST**  **Sausage Biscuit**  **or Cereal, Fruit, Juice & Milk**  **LUNCH**  **Manager Choice**  **Fresh Veggies, Fruit, Juice & Milk** |
| **7**  **FALL BREAK** | **8**  **FALL BREAK** | **9**  **FALL BREAK** | **10**  **FALL BREAK** | **11**  **FALL BREAK** |
| **14**  **NO SCHOOL**  **PD DAY** | **15**  **BREAKFAST**  **Pancakes or Cereal, Fruit, Juice & Milk**  **Baked Ham or Chicken Tenders, Seasoned Diced Potatoes, California Blend, Roll, Fresh Veggies, Fruit, Juice & Milk** | **16**  **BREAKFAST**  **Egg &Cheese Biscuit or Cereal, Fruit, Juice & Milk**  **LUNCH**  **Grilled Cheese Sand. Or Cheese Bites, Homemade Chili, Waffle Fries, Fresh Veggies, Fruit, Juice & Milk** | **17**  **BREAKFAST**  **French Toast Sticks or Cereal, Fruit, Juice & Milk**  **LUNCH**  **Cheeseburger or Hot Dog w/ chili, Baked Beans, Chips, Fresh Veggies, Fruit, Juice & Milk** | **18**  **BREAKFAST**  **Sausage Biscuit**  **or Cereal, Fruit, Juice & Milk**  **LUNCH**  **Pizza or Chicken Sandwich, Green Beans, Corn, Fresh Veggies, Fruit, Juice & Milk** |
| **21**  **BREAKFAST**  **Egg & Cheese Biscuit or Cereal, Fruit, Juice & Milk**  **LUNCH**  **Lasagna Rollup or Popcorn Chicken, Garlic Toast,**  **Steamed Broccoli, Sweet Carrots, Fresh Veggies, Fruit, Juice & Milk** | **22**  **BREAKFAST**  **Warm Muffin, Pop tart or Cereal, Fruit, Juice & Milk**  **LUNCH**  **Cheese Quesadilla or Bean & Cheese Burrito covered in Queso Cheese, Corn, Fiesta Black Beans, Fresh Veggies, Fruit, Juice &Milk** | **23**  **BREAKFAST**  **Warm Cinnamon Roll or Cereal, Fruit, Juice & Milk**  **LUNCH**  **Hot Ham & Cheese Croissant or Pizza, Green Beans, Fries, Cookie, Fresh Veggies, Fruit, Juice & Milk** | **24**  **BREAKFAST**  **Pancakes or Cereal, Fruit, Juice & Milk**  **LUNCH**  **Fried Bologna Sandwich or Mozzarella Cheese Sticks, Queso Tomato Soup, Goldfish Crackers, Fresh Veggies, Fruit, Juice & Milk** | **25**  **BREAKFAST**  **Sausage Biscuit or Cereal, Fruit, Juice & Milk**  **LUNCH**  **Fish Sticks or Corn Dog Nuggets, Pinto Beans, Mac & Cheese, Hushpuppies, Fresh Veggies, Fruit, Juice & Milk** |
| **28**  **BREAKFAST**  **Dutch Waffle or Cereal, Fruit, Juice & Milk**  **LUNCH**  **Grilled Cheese Sand. Or Hot Ham & Cheese Sub, Chicken Noodle Soup, Smiley Fries, Fresh Veggies, Fruit, Juice & Milk** | **29**  **BREAKFAST**  **Warm Muffin, Pop tart or Cereal, Fruit, Juice & Milk**  **LUNCH**  **Chicken Fettucine Alfredo or Chicken Tenders, Garlic Toast, Steamed Broccoli, Sweet Carrots, Fresh Veggies, Fruit, Juice & Milk** | **30**  **BREAKFAST**  **Bacon Biscuit or Cereal, Fruit, Juice & Milk**  **LUNCH**  **Cheese Quesadilla or Beef Taco, Corn, Refried Beans, Taco Trimmings, Fruit, Juice & Milk** | **31**  **BREAKFAST**  **Pancakes or Cereal, Fruit, Juice & Milk**  **LUNCH**  **Hamburger or Chicken Sandwich**  **Baked Beans, Chips, Fresh Veggies, Fruit, Juice**  **Halloween Treat** |  |

***NEWS:***

**CHOOSE ONE ENTRÉE FOR LUNCH. EACH TRAY MUST HAVE A FRUIT OR VEG AND AT LEAST TWO OTHER ITEMS TO BE CONSIDERED A MEAL. MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.**

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