**Russellville Elementary Schools**

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|  **October 2024** |

| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
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|  | **1****BREAKFAST****French Toast Sticks or Cereal, Fruit, Juice & Milk****LUNCH****Beef Dippers or** **Popcorn chicken****Mashed potatoes, Peas, Roll, Fresh Veggies, Fruit, Juice & Milk** | **2****BREAKFAST****Warm Breakfast Bread or Cereal, Fruit, Juice & Milk****LUNCH****Quesadilla or Beef Taco****Corn, Fiesta Black Beans Taco Trimmings, Fruit, Juice & Milk** | **3****BREAKFAST****Toast & Jelly W/Bacon or Cereal, Fruit, Juice & Milk****LUNCH****Pizza or****Sloppy Joe Sandwich,** **Green Beans, Tater Tots, Fresh Veggies, Fruit, Juice & Milk** | **4****BREAKFAST****Sausage Biscuit****or Cereal, Fruit, Juice & Milk****LUNCH** **Manager Choice** **Fresh Veggies, Fruit, Juice & Milk**  |
| **7** **FALL BREAK** | **8****FALL BREAK** | **9****FALL BREAK** | **10****FALL BREAK** | **11****FALL BREAK**  |
| **14****NO SCHOOL** **PD DAY** | **15****BREAKFAST****Pancakes or Cereal, Fruit, Juice & Milk****Baked Ham or Chicken Tenders, Seasoned Diced Potatoes, California Blend, Roll, Fresh Veggies, Fruit, Juice & Milk**  | **16****BREAKFAST****Egg &Cheese Biscuit or Cereal, Fruit, Juice & Milk****LUNCH****Grilled Cheese Sand. Or Cheese Bites, Homemade Chili, Waffle Fries, Fresh Veggies, Fruit, Juice & Milk** | **17****BREAKFAST****French Toast Sticks or Cereal, Fruit, Juice & Milk****LUNCH****Cheeseburger or Hot Dog w/ chili, Baked Beans, Chips, Fresh Veggies, Fruit, Juice & Milk** | **18** **BREAKFAST****Sausage Biscuit****or Cereal, Fruit, Juice & Milk** **LUNCH****Pizza or Chicken Sandwich, Green Beans, Corn, Fresh Veggies, Fruit, Juice & Milk** |
| **21****BREAKFAST****Egg & Cheese Biscuit or Cereal, Fruit, Juice & Milk****LUNCH****Lasagna Rollup or Popcorn Chicken, Garlic Toast,****Steamed Broccoli, Sweet Carrots, Fresh Veggies, Fruit, Juice & Milk** | **22****BREAKFAST****Warm Muffin, Pop tart or Cereal, Fruit, Juice & Milk****LUNCH****Cheese Quesadilla or Bean & Cheese Burrito covered in Queso Cheese, Corn, Fiesta Black Beans, Fresh Veggies, Fruit, Juice &Milk** | **23****BREAKFAST****Warm Cinnamon Roll or Cereal, Fruit, Juice & Milk****LUNCH****Hot Ham & Cheese Croissant or Pizza, Green Beans, Fries, Cookie, Fresh Veggies, Fruit, Juice & Milk**  | **24** **BREAKFAST****Pancakes or Cereal, Fruit, Juice & Milk****LUNCH****Fried Bologna Sandwich or Mozzarella Cheese Sticks, Queso Tomato Soup, Goldfish Crackers, Fresh Veggies, Fruit, Juice & Milk** | **25****BREAKFAST****Sausage Biscuit or Cereal, Fruit, Juice & Milk****LUNCH****Fish Sticks or Corn Dog Nuggets, Pinto Beans, Mac & Cheese, Hushpuppies, Fresh Veggies, Fruit, Juice & Milk**  |
| **28****BREAKFAST****Dutch Waffle or Cereal, Fruit, Juice & Milk****LUNCH****Grilled Cheese Sand. Or Hot Ham & Cheese Sub, Chicken Noodle Soup, Smiley Fries, Fresh Veggies, Fruit, Juice & Milk** | **29****BREAKFAST****Warm Muffin, Pop tart or Cereal, Fruit, Juice & Milk****LUNCH****Chicken Fettucine Alfredo or Chicken Tenders, Garlic Toast, Steamed Broccoli, Sweet Carrots, Fresh Veggies, Fruit, Juice & Milk** | **30****BREAKFAST****Bacon Biscuit or Cereal, Fruit, Juice & Milk****LUNCH****Cheese Quesadilla or Beef Taco, Corn, Refried Beans, Taco Trimmings, Fruit, Juice & Milk** | **31****BREAKFAST****Pancakes or Cereal, Fruit, Juice & Milk****LUNCH****Hamburger or Chicken Sandwich****Baked Beans, Chips, Fresh Veggies, Fruit, Juice****Halloween Treat** |  |

***NEWS:***

**CHOOSE ONE ENTRÉE FOR LUNCH. EACH TRAY MUST HAVE A FRUIT OR VEG AND AT LEAST TWO OTHER ITEMS TO BE CONSIDERED A MEAL. MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.**

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