

Welcome Letter to Students and Parents/Guardians

July 2022

Greetings,

I would like to extend a warm welcome to our Rhea County School system community from your School Nutrition Department. We operate seven schools in our district, 4 Elementary K-5 schools, 2 Middle Schools 6-8, and 1 High School 9-12.

Our Services includes:

- Daily breakfast at all schools – Breakfast begins 15-30 minutes before the first bell. We also provide a second chance breakfast at our high school after the 1st bell, to help promote student achievement and academic success.
- Daily lunch at all schools - In addition to our regular lunch meals, our high school also has a fresh baked pizza line that has personal pan pizzas with 2-3 different flavors daily.

Our mission is to alleviate childhood hunger within our community by promoting a nutritionally balanced diet in a warm and friendly environment.

Each school cafeteria has a team of highly trained staff, with food safety and customer service as the highest priority. Some of their duties behind the scenes include receiving, preparing, and cooking food, as well as keeping the kitchen clean. The team can also be seen out in the cafeteria as cashiers and in the serving line serving your child nutritious meals. We are very sensitive to the various nutritional needs of our students. If your child has a severe allergy or special diet prescribed by a licensed medical authority, please contact the office of School Nutrition at (423) 775-7814.

Purchasing a reimbursable meal is easy:

- Breakfast meals consist of a choice of Grain, Grain or Meat, Fruit and/or Juice, and Milk. The student must select 3 of the 4 items and one item must be ½ cup of fruit or juice.
- Lunch meals consist of a choice of Meat/Meat Alternate, Vegetable, Fruit or Juice, Grain, and Milk. The student must select 3 of the 5 items and one must be ½ cup of fruit or vegetable.
- Every student is issued a pin number and is required to enter it when he/she receives a meal or purchases a snack.

The student can also purchase a variety of snacks and beverages that comply with the “Smart Snacks in School” regulations. Students have the option to pay for their snacks as they come through the serving line or by paying in advance online. We have a new parent portal this year. If parents need to set up a new account or have a previous account, they can go to <https://family.titank12.com> to set up an online account. If you had a previous account through School Café, all money for adults/students has been transferred over to Titan. Having an online account keeps money from having to be collected in the homeroom and it also keeps the student from having to keep up with cash daily. All money in the student’s account at the end of the school year will automatically roll over to the next year unless a parent or guardian requests a refund. Graduates have the same option. All refund requests must be made by May 12, 2023.

The Rhea County School system is concerned about the health and wellness of our students. Please review the complete Rhea County Wellness Policy, Procedures, and Assessment on the web at www.rheacounty.org.

For menus and other information, please visit the School Nutrition page on the district web site at www.rheacounty.org or on our family portal at <https://family.titank12.com>.

We are excited to be able to feed your child for free this year under CEP (Community Eligibility Provision). Please encourage your student to get a hot healthy breakfast and/or lunch in our cafeteria. Just a reminder, even if they have packed a lunch, they can still get a meal in the cafeteria as well if they take 3 of the 5 items required for this free program.

We look forward to serving you this school year!

Sincerely,



Debbie Blackmon

Rhea County School Nutrition Supervisor