



Santa Maria Joint Union
HIGH SCHOOL DISTRICT

Family Resource Center



Invites families to our

FAMILY HEALTH EDUCATION NIGHTS

Join us for a 3 week series of classes designed to teach families about healthy eating habits during all seasons, healthy relationships and mental health.

Tuesday, January 16, 2024

~~Tuesday, January 23, 2024~~

Tuesday, January 30, 2024

5:30p.m.

Lincoln Center- Room 904
829 S. Lincoln St.
Santa Maria, CA 93458



Snacks and refreshments will be provided!
For more information call 805-922-4573 ext 1918.



Santa Maria Joint Union
HIGH SCHOOL DISTRICT

Centro de Recursos Familiar



invita a las familias a

NOCHES FAMILIARES DE EDUCACIÓN DE SALUD

*Acompáñenos en una serie de clases de 3 semanas
diseñadas para enseñar a las familias hábitos de
alimentación saludables durante todas la temporadas,
relaciones saludables y salud mental.*

martes, 16 de enero, 2024

~~**martes, 23 de enero, 2024**~~

martes, 30 de enero, 2024

5:30p.m.

Lincoln Center- salón 904

829 S. Lincoln St.

Santa Maria, CA 93458



¡Se proporcionarán aperitivos y refrigerios!

Para más información llame al 805-922-4573 ext. 1918.