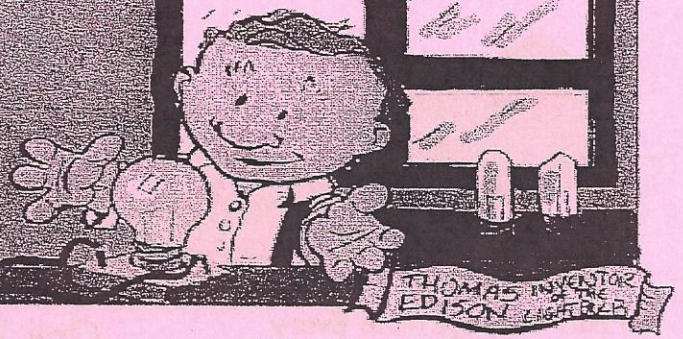


August

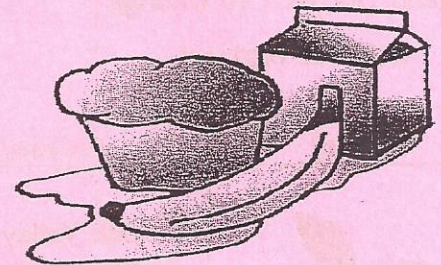
National Inventor's Month



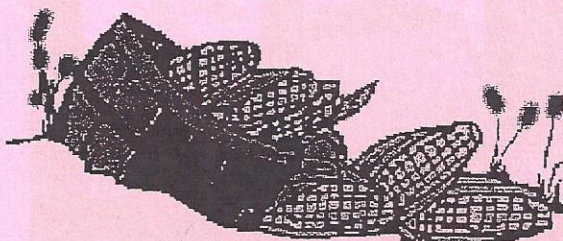
Breakfast Menu Oak Valley School 2023

****Students Must Choose at Least Three Items for Breakfast and One Must Be a Fruit or Juice.**

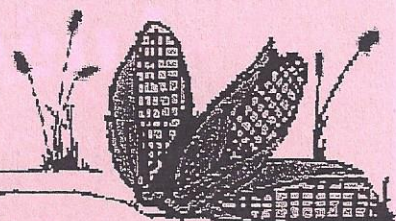
*Menu Subject to Change without Notice!



Monday	Tuesday	Wednesday	Thursday	Friday
Get off to a Good Start, Eat Breakfast!		9 Cereal APPLE ORANGE JUICE CHOC GRAHAM CRACKER FF Choc Milk	10 Pop-tarts Applesauce Raisins Mozz String Cheese FF Choc Milk	11 Chocolate Muffin Peaches Apple Juice FF Choc Milk FF Milk Lactose Free Milk
14 Waffle Apple Juice ORANGES Cinnamon Grahams Cracker FF Choc Milk	15 HONEY WHEAT BAR Apple Juice Grapes FF Choc Milk FF Milk	16 Pop-Tarts APPLE Strawberries Mozz String Cheese FF Choc Milk FF Milk	17 Cereal Oranges Applesauce Mozz String Cheese FF Choc Milk	18 YOGURT APPLE Dried Cranberries CHOC GRAHAMS CRACKER FF Choc Milk
21 Cinn Roll Oranges APPLE Mozz String Cheese FF Choc Milk FF Milk	22 Pancakes Syrup Dried Cranberries Apple Juice FF Choc Milk FF Milk	23 Cereal NECTARINES Diced Peaches Choc Grahams Cracker FF Choc Milk	24 Pop-tarts Applesauce Raisins Mozz String Cheese FF Choc Milk	25 Chocolate Muffin Peaches Apple Juice FF Choc Milk FF Milk Lactose Free Milk
28 Maple Waffle Apple Juice ORANGES Cinnamon Grahams Cracker FF Choc Milk	29 HONEY WHEAT BAR Apple Juice Peaches FF Choc Milk FF Milk	30 Pop-Tarts Nectarines APPLE Mozz String Cheese FF Choc Milk FF Milk	31 Cereal Choc Grahams Cracker Dried Cranberries Applesauce FF Choc Milk	The Oak Valley Union Elementary School District is an Equal Opportunity Provider and Employer.



August



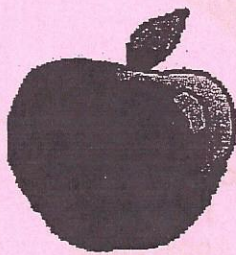
***Students Must Choose a Fruit or Vegetable Every Day to Complay with the Healthy, Hunger-Free Act of 2010.**

Lunch Menu Oak Valley School 2023



****Back to School Night!!!
August 23, 2023***

***Menu Subject to Change
without Notice!**

Monday	Tuesday	Wednesday	Thursday	Friday
	The Oak Valley Union Elementary School District is an Equal Opportunity Provider and Employer.	9 Spaghetti Oranges Peas Carrots Bread Stick FF Choc Milk FF Milk	10 Teriyaki Chicken Peaches Fried Rice Wheat Roll CORN Steam Broccoli FF Choc Milk	11 Pepp Pizza APPLE Green Beans Carrots Ranch Dressing FF Choc Milk FF Milk
14 Chicken Alfredo ORANGES Garbanzo Beans WHEAT ROLL Salad Bar FF Choc Milk FF Milk	15 Pork Rib Sand Applesauce Coleslaw Salad Kidney Beans FF Choc Milk FF Milk	16 Orange Popcorn Chicken Brown Rice APPLE GREEN BEANS Mixed Veggies FF Choc Milk	17 Bean & Cheese Tostada Fresh Salsa NECTARINES CORN Salad Bar FF Choc Milk	18 Frito Boat Steam Broccoli Peas Grapes Corn Chips FF Milk FF Choc Milk
21 Chicken Nachos ORANGES Carrots Green Beans FF Milk FF Choc Milk	22 Sub Sandwich Apple Peas Salad Bar KETCHUP MUSTARD FF Choc Milk	23 Spaghetti Oranges Kidney Beans Carrots Bread Stick FF Choc Milk	24 Teriyaki Chicken Peaches Fried Rice Wheat Roll CORN Salad Bar FF Choc Milk	25 Pepp Pizza NECTARINES Garbanzo Beans Carrots Ranch Dressing FF Choc Milk FF Milk
28 Chicken Alfredo ORANGES Garbanzo Beans WHEAT ROLL Salad Bar FF Choc Milk	29 Meatballs & Mashed Potatoes APPLE Peas Broccoli Salad Wheat Roll FF Milk	30 Chicken Nuggets Spanish Rice Grapes CORN Salad Bar KETCHUP FF Choc Milk	31 Bean & Cheese Tostada Fresh Salsa NECTARINES Green Beans FF Choc Milk FF Milk	