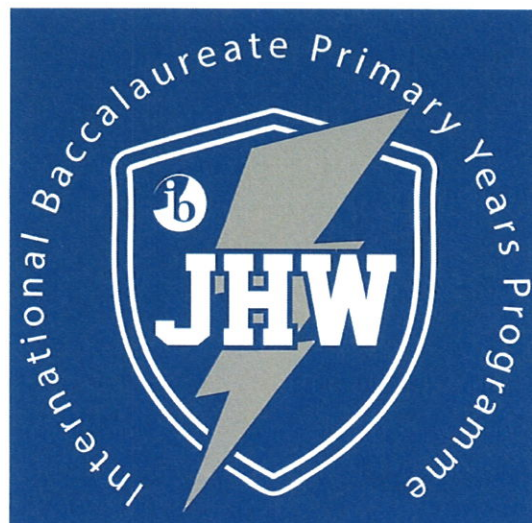




# The Bolt

Issue No. 9 | April 2023

"If you have a problem or think you're going to have a problem, please come to the office and let us help you with your problem"



## Message from Administration:

The end of the school year is quickly approaching. We have many on campus events that are upcoming and we want you on campus enjoying these events with your child. Please go to the JHW school website, <https://www.janiehowardwilson.com/>, and scroll to the bottom so you can look at upcoming events. We look forward to joining the other Lake Wales Charter Schools for the fifth grade track meet at Lake Wales High School on April 12th. Our Kindergarten students and their teachers are going to have the best time at the Children's Museum in Lakeland on the 13th! If you are interested in volunteering, please make sure you complete the volunteer application on the Lake Wales Charter School website. Janie Howard Wilson is also looking forward to our IB PYP consultant wrapping up the final curriculum units for the rest of the year with our teachers. We also are super excited to speak with your children about their elective choices for any upcoming 2023-2024 school year for any incoming third, fourth or fifth graders. After receiving feedback, we are excited to offer photography and outdoor leadership for these selected grade levels. We will also be incorporating an IB PYP elective for all students where they will get additional hands-on lessons that focus on the transdisciplinary focus.

Transdisciplinary is the word that IB uses to describe a discipline that applies across all disciplines—it is an interconnectedness and can be applied across all subjects and applied to real life. A Transdisciplinary concept stretches across math, science, language arts, and social studies and ties it all together; it is not isolated to one subject. For example, the idea of change affects all subject areas—the IB PYP strives to demonstrate this through learning, giving understanding to a real life world.

The IB curriculum incorporates 5 essential elements: There are eight fundamental concepts; expressed as key questions, to propel the process of inquiry. These universal concepts drive the research units—called UNITS OF INQUIRY, but they also have relevance within and across all subject areas (Transdisciplinary). These Units of Inquiry provide the framework (as opposed to a text book curriculum) for a wide variety of resources to be explored in order to accomplish the objectives within each Unit of Inquiry: Who We Are Where We Are in Place and Time How We Express Ourselves How the World Works How We Organize Ourselves Sharing the Planet. Our staff is super excited about the upcoming Color Run this month and we look forward to kicking off this event on our campus for the second year! We also look forward to seeing our families for our upcoming Wizard of Oz night and we know it will be exciting to have some fun with science and the arts together on April 20th. Finally, we will start our end of the year testing window towards the end of the month. Mrs. Alexander will be sending home this important information. It is important that each child comes to school on time during these days so they do not miss out on school events to make-up these assessments. We also can't wait to see how many of our students are going to qualify for the end of the year rewards associated with the Read 20 program! Our students have rocked March Madness with increasing the amount of AR tests! We are super proud of our Silver Streaks!

### April Calendar

April- 1- 28- 4th Grade is selling Beef Jerky@ \$1.00  
 April- 7- Good Friday- No School  
 April 12- 5th Grade Track Meet/ Volunteer Luncheon at 12pm  
 April 13- Kindergarten to Children's Museum  
 April 13- Family Paint Night at 6:00pm  
 April 14- Purple Up! Support Military Children( Wear purple)  
 April 14- SAC Meeting at 1:00pm  
 April 17-21- Distribute 4th nine weeks Interim reports  
 April 17-21- K-2 Progress Monitoring starts  
 April 19- Color Run/ 3-5 Dance fundraiser @3:00pm  
 April 20- 3-5 Performance at 6:00pm/ Food Drive  
 April 21- PTO Meeting at 1:00pm  
 April 24- NEHS to Kennedy Space Center  
 April 26- Early Release at 12:20pm  
 April 26- E-sport Competition #2



## EARLY RELEASE DAYS 2022-2023

August 24, 2022  
 September 21, 2022  
 October 12, 2022  
 December 16, 2022

February 15, 2023  
 April 26, 2023  
 May 26, 2023



# Featured articles

## Kindergarten

Hello parents, as we approach the end of the school year, we have a lot of events planned so please check your child's agendas and class dojo for daily announcements. Kindergarten will be going to the Florida Children's Museum in Lakeland on April 13, 2023. Please make sure you are sending in money for graduation shirts, we would like them to wear it on the day of the field trip. End of year testing is right around the corner so please make sure your child is on time for school and ready to learn. Thank you parents for your continued support.

## First Grade

First Grade is continuing preparing our students for Second Grade. The students are beginning to read and understand assignment directions on their own. Once again, this is not an easy transition. Some students are experiencing frustration, confusion, and moments of "I just give up," but they are also experiencing accomplishments, encouraging each other, and proud moments of "I can do this." We are encouraging our students to continue Reading 20 minutes at home every day. The First Graders have just finished a unit on learning how to measure (conventionally and unconventionally), we will be working with 2 and 30 dimensional shapes, time and solving word problems using the CUBES method all while working independently. The students are using text evidence to respond in complete sentences to questions in ELA, Social Studies, and Science. Please allow your child to read all instruction and directions on their own with minimal assistance from adults. We are so proud of the progress the students have made this school year.

## Second Grade

Second grade is moving along. In Reading and Social Studies, we are learning about rules and will be creating a rule book. In Writing, we will be writing an Opinion Essay on whether or not second graders should volunteer in the community. For Science, we will be learning about pushes, pulls and how magnets work. In Math, we will be comparing numbers and adding and subtracting numbers to 1,000.

WEDNESDAY

APRIL 12,  
2023

# YOU ARE INVITED

## VOLUNTEER LUNCHEON

12:00 P.M.

JANIE HOWARD WILSON MEDIA  
CENTER

R.S.V.P  
BETTY.FINNELL@LWCHARTERSCHOOLS.COM

**READ 20**

**PLEASE READ  
WITH YOUR CHILD  
20 MINUTES  
EVERYDAY !**



# Featured articles

## Third Grade

We have made it to the month of April. It has been a year like none other, but we are almost at the finish line. The month of April brings about End of the Year (EOY) Testing. Please ensure your child is present, focused, engaged and on time.

Please ensure you have met with your child's teacher regarding the various ways to promote. You will need to be aware of your child's academic, behavior and testing status. Please adhere to all Class Dojo reminders, phone calls, emails, text messages, conferences and notes from your child's teacher. Please know that we have worked hard and diligently with each and every student. Taking the F.A.S.T. will be no different. We ask that you continue to support our efforts and encourage attendance throughout the school year. The following is a list of helpful suggestions to ensure a productive rest of the year. Get a good night's sleep. Being well rested will help your child focus and concentrate. Make sure to eat breakfast or make sure to make it to breakfast at school daily. Be on time daily. Late arrivals will NOT be admitted into their classrooms and students will have to wait for the make-up days and sessions.

Give them an encouraging word or note in their agenda daily. This will let your child know that you are with them and encourage them to do their best!

Our (tentative) testing schedule is as follows:

F.A.S.T. practice - 4/13

Writing BME - 4/17

iReady ELA - 4/18

iReady Math - 4/19

Science BME - 4/20

F.A.S.T. ELA - 5/1

F.A.S.T. Math - 5/2

STAR ELA - 5/10

STAR Math - 5/11

Please reach out to your child's teacher or the front office if you have any questions or concerns.

## Fourth Grade

Mr. Browne's Math Maniacs are working on fractions. So anytime you can make a fraction at home for them to better understand this concept would be greatly appreciated.

Mrs. Walker's Explores are working on Movement and Motion in science and are working on social skills and Florida's diverse economics and heritage cultures.

Mrs. Roecker's Rocking Literary Critics are finishing up Poetry and moving on to realistic fiction, while working on our expository text skills to build ourselves into better writers.

4th Grade as a whole are gearing up for state testing and our end of year field trip!

## Fifth Grade

In Fifth Grade for the month of April in Math, students will be learning geometry (figures and volumes), translating and evaluating numerical expressions (Order of Operations), and measurement and conversions. We are continuously practicing our math facts and encourage students and their families to practice them at home. In ELA, we are working on explaining the development of stated or implied themes throughout a literary text, how figurative language and other poetic elements work together in a poem, and analyzing how figurative language contributes to meaning in text. We are continuously working on affixes. Please look on your child's classroom newsletter for the weekly suffixes, prefixes, and vocabulary words. Students should be reading at least 20 minutes a day and recording a summary in their reading logs. In Science we are completing lessons on energy, forces and motion of an object, and the overall effect of forces on motion. We will begin moving into our Life Science unit. As a reminder, the Seaworld field trip permission slip and money are due by April 14th. The permission slip must be notarized. Please feel free to use our notaries in the front office.

April 21, 2023  
**Earth Day**



let's save our earth


**Welcome to**  
A fun, family event

**Come join us in the**  
**SCIENCE LAND OF OZ ART DANCE**

- \*See what's fun in science
- \*Participate in hands on experiments
- \*JHW Student's beautiful art work on display
- \*Student Art work will be for sale
- \*End the Night with dinner and a show

**STARRING our**  
**3rd-5th Grade JHW Dance Elective Students.**

**FOLLOW THE YELLOW BRICK ROAD TO**  
**JANIE HOWARD WILSON**  
**THURSDAY. APRIL 20, 2023**  
**6:00 PM**





# PTO

PTO Meeting will be held on  
Friday, April 21st at 1:00pm in the  
PLC room

Zoom link for meeting please  
look at social media, website, and  
DOJO!

We are NOT accepting anymore  
donations!



Color Run is scheduled  
April 19th

## Social Media



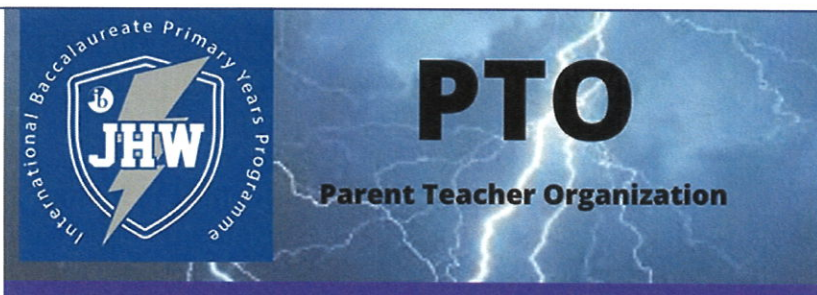
janiehowardwilson



janiehowardwilson elementary



www.janiehowardwilson.com



### SAVE THE DATES:

#### MEETING DATES:

1:00pm in the PLC room

Friday, September 16	Friday, October 21
Friday, November 18	Friday, December 9
Friday, January 27	Friday, February 24
Friday, March 31	Friday, April 21
Friday, May 19	

#### FUNDRAISERS:

50/50 RAFFLE at all performances  
Kona Ice- August 4th  
Domi Italian Ice- September 8th  
Uniform Free- November 17th-  
Thanksgiving  
COLOR RUN in February/March  
SPIRIT NIGHT- Lake Wales Chili's-  
April 6th  
Uniform Free- May 12th- Hawaiian

#### Janie Howard Wilson PTO Board:

Tiffany Pressley, Lacey Moye,  
Linda Bagley, & Cheryl  
Donaldson

We are so excited about the  
2022-2023 school year! We have  
big plans for this year, but our  
success depends on YOU!

#### Have you joined PTO?

It is only \$5.00. Join today so your child may attend  
the celebration popsicle party on September 16th.  
Your membership does not obligate you to attend  
meetings or to volunteer.

Are you following Janie Howard Wilson on  
Facebook, Instagram, DOJO, and the  
website?

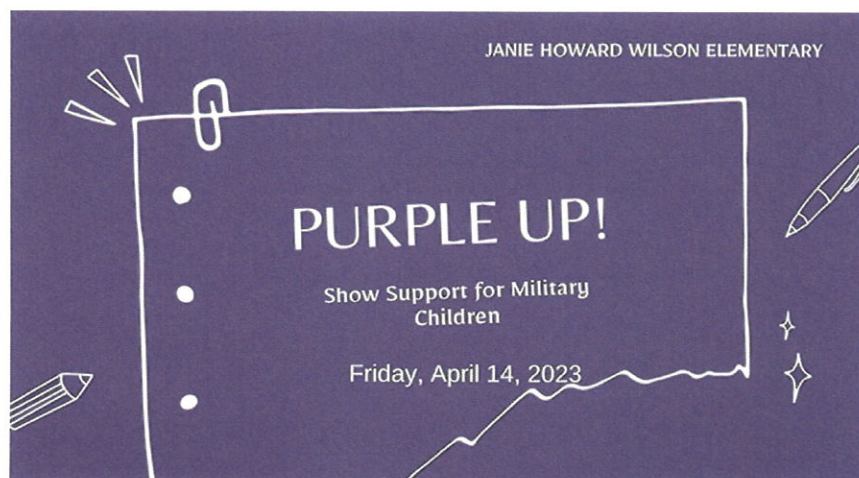
This is primarily how we communicate with you and  
provide sign up links for volunteer & donations  
needs.

Do you own a business and would like to  
help support events during the year?

Email: [betty.finnell@lwcharterschools.com](mailto:betty.finnell@lwcharterschools.com)

We're looking forward to a great  
year, please join us!

## Home and School Connection

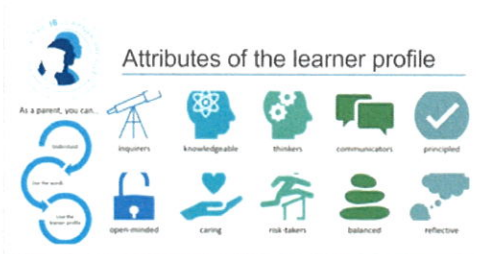


# SAC

SAC Meeting will be held on Friday,  
April 14, 2023  
1:00pm

## Why Offer Primary Years Programme (PYP) IB

As we approach the fourth quarter and continue with the PYP IB program, we want to share several specific ways you can support your child. Here are the six most important ways to support them at home:



1. Take an inquiry stance: As the leading strategy teachers use, all teachers at JHW take an inquiry stance. What does this mean for parents? Here are a few things to do and resources to access.
2. Reflect together: The PYP framework builds in time for reflection for students to be aware of their effort and identify specific ways to improve in the future; it is also part of our approaches to learning (ATL) under thinking skills to reflect on the process of learning. Here are some ideas for you:
3. Support agency: The PYP define agency as, "the power to take meaningful and intentional action, and acknowledges the rights and responsibilities of the individual, supporting voice, choice and ownership for everyone in the learning community." How can you help with this?
4. Give feedback: Feedback is one of the most effective tools we have as teachers. It moves students forward by considering, "What's my next step?" There is always a next step in learning and we need to help learners identify what this is. Here are a few ideas:
5. Extend concepts: In the PYP, we have a carefully designed, intention concept-based curriculum. Concepts are powerful, broad and abstract organizing ideas that build understandings across, between and beyond subjects. How can you extend these at home?
6. Live the learner profile: If you want to choose one area to focus on first, this would be it! Supporting the learner profile attributes is a key way to support your child. You can help by first understanding all 10 attributes, using these words in conversations with your child and living the learner profile through your words and actions.





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• Pancakes</li> <li>• Maple Syrup</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• Assorted Cereals</li> <li>• Animal Crackers</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>4</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• Egg and Cheese Biscuit</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• WG Strawberry Pop-Tart</li> <li>• Animal Crackers</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>5</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• Turkey Sausage Breakfast Pizza</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• Chocolate Chip Muffin</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>6</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• Turkey Sausage and Cheese Croissant</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• Assorted Cereals</li> <li>• WG Strawberry Pop-Tart</li> <li>• Animal Crackers</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>7</b> No School
<b>10</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• French Toast Sticks</li> <li>• Maple Syrup</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• Assorted Cereals</li> <li>• Honey Graham Crackers</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>11</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• Chicken Biscuit</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• WG Strawberry Pop-Tart</li> <li>• Honey Graham Crackers</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>12</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• Maple Pancake Wrapped Turkey Sausage</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• Nonfat Strawberry Banana Yogurt</li> <li>• Honey Graham Crackers</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>13</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• Egg and Cheese Croissant</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• Assorted Cereals</li> <li>• WG Strawberry Pop-Tart</li> <li>• Honey Graham Crackers</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>14</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• Breakfast Quesadilla</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• Assorted Cereals</li> <li>• WG Strawberry Pop-Tart</li> <li>• Honey Graham Crackers</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>
<b>17</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• Buttery Maple Waffles</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• Assorted Cereals</li> <li>• Vanilla Bear Crackers</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>18</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• Turkey Sausage with Cheese on a WG English Muffin</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• WG Cinnamon Pop-Tart</li> <li>• Vanilla Bear Crackers</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>19</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• Cinnamon Monkey Bread</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• Nonfat Strawberry Yogurt</li> <li>• Vanilla Bear Crackers</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>20</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• Ham and Cheese Croissant</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• Assorted Cereals</li> <li>• WG Cinnamon Pop-Tart</li> <li>• Vanilla Bear Crackers</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>21</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• Biscuit with Gravy</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• Assorted Cereals</li> <li>• WG Cinnamon Pop-Tart</li> <li>• Vanilla Bear Crackers</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>
<b>24</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• Pancakes</li> <li>• Maple Syrup</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• Assorted Cereals</li> <li>• Animal Crackers</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>25</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• Egg and Cheese Biscuit</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• WG Strawberry Pop-Tart</li> <li>• Animal Crackers</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>26</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• Turkey Sausage Breakfast Pizza</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• Chocolate Chip Muffin</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>27</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• Turkey Sausage and Cheese Croissant</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• Assorted Cereals</li> <li>• WG Strawberry Pop-Tart</li> <li>• Animal Crackers</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>28</b> <b>Center Plate</b> <ul style="list-style-type: none"> <li>• Scrambled Eggs</li> <li>• Toast</li> </ul> <b>Cold Bar</b> <ul style="list-style-type: none"> <li>• Assorted Cereals</li> <li>• WG Strawberry Pop-Tart</li> <li>• Animal Crackers</li> </ul> <b>1-cup Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>

**What comes with a reimbursable breakfast meal?:** Milk choice is offered with each reimbursable meal. , Up to one full cup of fruit may be selected with each reimbursable breakfast.

**Daily Offerings:** Assorted Cereals , 1% White Milk , Fat Free Chocolate Milk , Fat Free Strawberry Milk , Fresh Fruit , Fruit Cup , 4oz Juice 100%

**Student Meal Pricing** Breakfast Meal:: \$1.25, Lunch Meal:: \$2.90

**Nutrition & Allergen Information (NSLP):** Nutrition and Allergen information is based on data obtained from manufacturers and may vary due to product substitutions, recipe variations and even customer choice and personal consumption. , If you or any individual on whose behalf you are using this tool have a medical condition please check the manufacturer label before consuming any food at your dining location. , This information and the menus can change regularly and foods are substituted periodically without notice. To obtain the most updated information contact your café manager. , In our reimbursable meal programs, a variety of milk choice is offered. , In our offer versus serve programs, each reimbursable breakfast must include at least 3 items, one of which must be at least a half-cup fruit selection. , In our offer versus serve programs, each reimbursable lunch must include at least 3 components, one of which must be at least a half-cup fruit or vegetable selection.

## MONDAY

3

**Center Plate**  
 • Buffalo Chicken Bites  
 • 1oz Biscuit  
**American Grill**  
 • Jumbo Corn Dog  
**Deli Delights**  
 • Ham and Cheese Sub  
**Additional Veggie Option**  
 • Creamy Mashed Potatoes  
 • Pickle Slices  
**½-cup • Garden Patch**  
 • Fresh Garden Patch Options  
**½-cup • Fruit Options**  
 • Fruit Selections

## TUESDAY

4

**Center Plate**  
 • Heapin' Beef Nachos  
**American Grill**  
 • Jumbo Corn Dog  
**Deli Delights**  
 • Ham and Cheese Sub  
**Additional Veggie Option**  
 • Roasted Corn and Black Bean Salsa  
**½-cup • Garden Patch**  
 • Fresh Garden Patch Options  
**½-cup • Fruit Options**  
 • Fruit Selections

## WEDNESDAY

5

**Center Plate**  
 • BBQ Sloppy Joe  
**American Grill**  
 • Jumbo Corn Dog  
**Deli Delights**  
 • Ham and Cheese Sub  
**Additional Veggie Option**  
 • Broccoli Parmesan  
**½-cup • Garden Patch**  
 • Fresh Garden Patch Options  
**½-cup • Fruit Options**  
 • Fruit Selections

## THURSDAY

6

**Center Plate**  
 • Roasted BBQ Chicken with Mac and Cheese  
**American Grill**  
 • Jumbo Corn Dog  
**Deli Delights**  
 • Ham and Cheese Sub  
**Additional Veggie Option**  
 • BBQ Baked Beans  
**½-cup • Garden Patch**  
 • Fresh Garden Patch Options  
**½-cup • Fruit Options**  
 • Fruit Selections

## FRIDAY

7

No School

10

**Center Plate**  
 • Mini Corn Dog Nuggets  
**American Grill**  
 • All American Cheeseburger  
**Deli Delights**  
 • Italian Wrap  
**Additional Veggie Option**  
 • Broccoli Parmesan  
**½-cup • Garden Patch**  
 • Fresh Garden Patch Options  
**½-cup • Fruit Options**  
 • Fruit Selections

11

**Center Plate**  
 • Roasted Chicken with Cheesy Brown Rice  
**American Grill**  
 • All American Cheeseburger  
**Deli Delights**  
 • Italian Wrap  
**Additional Veggie Option**  
 • Steamed Peas and Carrots  
**½-cup • Garden Patch**  
 • Fresh Garden Patch Options  
**½-cup • Fruit Options**  
 • Fruit Selections

12

**Center Plate**  
 • Chef's Choice  
**American Grill**  
 • Crispy Chicken Sandwich  
**Deli Delights**  
 • Italian Wrap  
**Additional Veggie Option**  
 • Southern Green Beans  
**½-cup • Garden Patch**  
 • Fresh Garden Patch Options  
**½-cup • Fruit Options**  
 • Fruit Selections

13

Picnic in the Lawn  
**Center Plate**  
 • Roasted Chicken with Brown Rice  
 • 100% WG Dinner Roll 1 oz  
**American Grill**  
**Deli Delights**  
**Additional Veggie Option**  
 • BBQ Baked Beans  
**½-cup • Garden Patch**  
 • Fresh Garden Patch Options  
**½-cup • Fruit Options**  
 • Fruit Selections

14

**Center Plate**  
 • Chef's Choice  
**Deli Delights**  
 • PB&J Cool Pack  
**Additional Veggie Option**  
 • Chef's Choice  
**½-cup • Garden Patch**  
 • Fresh Garden Patch Options  
**½-cup • Fruit Options**  
 • Fruit Selections

17

**Center Plate**  
 • Chicken Nuggets  
**American Grill**  
 • Grilled Cheese Sandwich  
**Deli Delights**  
 • chefs choice  
**Additional Veggie Option**  
 • BBQ Baked Beans  
**½-cup • Garden Patch**  
 • Fresh Garden Patch Options  
**½-cup • Fruit Options**  
 • Fruit Selections

18

**Center Plate**  
 • Totchos (Tater Tots with Chili and Cheese)  
 • 2oz Biscuit  
 • Tater Tots  
**American Grill**  
 • Grilled Cheese Sandwich  
**Deli Delights**  
 • Chef's Choice  
**Additional Veggie Option**  
 • Roasted Corn and Black Bean Salsa  
**½-cup • Garden Patch**  
 • Fresh Garden Patch Options  
**½-cup • Fruit Options**  
 • Fruit Selections

19

**Center Plate**  
 • Beef Macaroni Bake  
**American Grill**  
 • Grilled Cheese Sandwich  
**Deli Delights**  
 • Chef's Choice  
**Additional Veggie Option**  
 • Broccoli Parmesan  
**½-cup • Garden Patch**  
 • Fresh Garden Patch Options  
**½-cup • Fruit Options**  
 • Fruit Selections

20

**Center Plate**  
 • Shepherd's Pie  
 • Dinner Roll  
**American Grill**  
 • Grilled Cheese Sandwich  
**Deli Delights**  
 • Ranch Chicken Wrap  
**Additional Veggie Option**  
 • Creamy Mashed Potatoes  
**½-cup • Garden Patch**  
 • Fresh Garden Patch Options  
**½-cup • Fruit Options**  
 • Fruit Selections

21

**Center Plate**  
 • Fresh Baked Cheese Pizza  
 • Fresh Baked Turkey Pepperoni Pizza  
**Deli Delights**  
 • Breadstick  
**Additional Veggie Option**  
 • Southern Green Beans  
**½-cup • Garden Patch**  
 • Fresh Garden Patch Options  
**½-cup • Fruit Options**  
 • Fruit Selections



24	25	26	27	28
<b>Center Plate</b> <ul style="list-style-type: none"> <li>• Cheese Calzones with Marinara</li> </ul> <b>American Grill</b> <ul style="list-style-type: none"> <li>• Crispy Chicken Sandwich</li> </ul> <b>Deli Delights</b> <ul style="list-style-type: none"> <li>• PB&amp;J Cool Pack</li> </ul> <b>Additional Veggie Option</b> <ul style="list-style-type: none"> <li>• Southern Green Beans</li> </ul> <b>½-cup • Garden Patch</b> <ul style="list-style-type: none"> <li>• Fresh Garden Patch Options</li> </ul> <b>½-cup • Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>Center Plate</b> <ul style="list-style-type: none"> <li>• Mandarin Orange Chicken with Rice</li> </ul> <b>American Grill</b> <ul style="list-style-type: none"> <li>• Crispy Chicken Sandwich</li> </ul> <b>Deli Delights</b> <ul style="list-style-type: none"> <li>• PB&amp;J Cool Pack</li> </ul> <b>Additional Veggie Option</b> <ul style="list-style-type: none"> <li>• Fresh Roasted Zucchini and Squash</li> </ul> <b>½-cup • Garden Patch</b> <ul style="list-style-type: none"> <li>• Fresh Garden Patch Options</li> </ul> <b>½-cup • Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>Center Plate</b> <ul style="list-style-type: none"> <li>• Spaghetti with Meat Sauce</li> </ul> <b>American Grill</b> <ul style="list-style-type: none"> <li>• Crispy Chicken Sandwich</li> </ul> <b>Deli Delights</b> <ul style="list-style-type: none"> <li>• PB&amp;J Cool Pack</li> </ul> <b>Additional Veggie Option</b> <ul style="list-style-type: none"> <li>• Herb Roasted Broccoli</li> </ul> <b>½-cup • Garden Patch</b> <ul style="list-style-type: none"> <li>• Fresh Garden Patch Options</li> </ul> <b>½-cup • Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>Center Plate</b> <ul style="list-style-type: none"> <li>• Chicken Pot Pie</li> </ul> <b>American Grill</b> <ul style="list-style-type: none"> <li>• Crispy Chicken Sandwich</li> </ul> <b>Deli Delights</b> <ul style="list-style-type: none"> <li>• PB&amp;J Cool Pack</li> </ul> <b>Additional Veggie Option</b> <ul style="list-style-type: none"> <li>• BBQ Baked Beans</li> </ul> <b>½-cup • Garden Patch</b> <ul style="list-style-type: none"> <li>• Fresh Garden Patch Options</li> </ul> <b>½-cup • Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>	<b>Center Plate</b> <ul style="list-style-type: none"> <li>• Fresh Baked Turkey Pepperoni Pizza</li> <li>• Fresh Baked Cheese Pizza</li> </ul> <b>Deli Delights</b> <ul style="list-style-type: none"> <li>• PB&amp;J Cool Pack</li> </ul> <b>Additional Veggie Option</b> <ul style="list-style-type: none"> <li>• Seasoned Corn</li> </ul> <b>½-cup • Garden Patch</b> <ul style="list-style-type: none"> <li>• Fresh Garden Patch Options</li> </ul> <b>½-cup • Fruit Options</b> <ul style="list-style-type: none"> <li>• Fruit Selections</li> </ul>

**What comes with a reimbursable breakfast meal?:** Milk choice is offered with each reimbursable meal. , Up to one full cup of fruit may be selected with each reimbursable breakfast.

**Daily Offerings:** Assorted Cereals , 1% White Milk , Fat Free Chocolate Milk , Fat Free Strawberry Milk , Fresh Fruit , Fruit Cup , 4oz Juice 100%

**Student Meal Pricing** Breakfast Meal:: \$1.25, Lunch Meal:: \$2.90

**Nutrition & Allergen Information (NSLP):** Nutrition and Allergen information is based on data obtained from manufacturers and may vary due to product substitutions, recipe variations and even customer choice and personal consumption. , If you or any individual on whose behalf you are using this tool have a medical condition please check the manufacturer label before consuming any food at your dining location. , This information and the menus can change regularly and foods are substituted periodically without notice. To obtain the most updated information contact your café manager. , In our reimbursable meal programs, a variety of milk choice is offered. , In our offer versus serve programs, each reimbursable breakfast must include at least 3 items, one of which must be at least a half-cup fruit selection. , In our offer versus serve programs, each reimbursable lunch must include at least 3 components, one of which must be at least a half-cup fruit or vegetable selection.

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