

NOVEMBER 2024

INGRAM TOM MOORE HIGH & INGRAM MIDDLE SCHOOLS

BREAKFAST SERVED 7:15am to 7:45am Second Breakfast Served 8:20am to 8:45am



Remember To Start Each Day With A Healthy Breakfast

Fat Free Chocolate Milk, 1% White Milk, 100% Fruit Juice and Assorted Fruits Are Offered Daily

*ALL MENUS ARE SUBJECT TO CHANGE



^{**}THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER