



OCT. 2022

MENU SUBJECT TO
CHANGE
FRUIT, VEGETABLES &
MILK SERVED DAILY
QUESTIONS? CONTACT
JULIE PETERSON AT
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MONDAY	TUESDAY	WED.	THURSDAY	FRIDAY
3 ASSORTED CEREAL YOGURT FRUIT OR JUICE ***** SPAGHETTI & SAUCE GARLIC TOAST FRUIT & VEGETABLE	4 SOFT CINNAMON BAR GOLDFISH CRACKERS FRUIT OR JUICE ***** ORANGE CHICKEN BROWN RICE FRUIT & VEGETABLE	5 ASSORTED EGGS TOAST & SAUSAGE FRUIT OR JUICE ***** CHICKEN SANDWICH POTATO WEDGES & BEANS FRUIT & VEGETABLE	6 CHICKEN SLIDER STRAWBERRY CHEX FRUIT OR JUICE ***** PORK NACHOS FRUIT SNACK FRUIT & VEGETABLE	7 BENEFIT BAR SUNFLOWER SEEDS FRUIT OR JUICE ***** ASSORTED PIZZA GRANOLA BAR FRUIT & VEGETABLE
10 BREAKFAST PIZZA CHEESE STICK FRUIT OR JUICE ***** GRILLED CHEESE ASSORTED SOUP FRUIT & VEGETABLE	11 YOGURT PARFAIT CEREAL KIT ***** CHICKEN ALFREDO GARLIC BREADSTICK FRUIT & VEGETABLE	12 BISCUITS & GRAVY HARD BOILED EGG FRUIT OR JUICE ***** ASSORTED WRAPS CHIPS & BAKED BEANS FRUIT & VEGETABLE	13 CINNAMON ROLL YOGURT FRUIT OR JUICE ***** CHICKEN STRIPS & CORN POTATOES & GRAVY DINNER ROLL & FRUIT	14 POPTART ASSORTED CRACKERS FRUIT OR JUICE ***** SHRIMP POPPERS CHS STICK & ONION RINGS FRUIT & VEGETABLE
17 SAVORY UNCRUSTABLE SUNFLOWER SEEDS FRUIT OR JUICE ***** TACO IN A BOAT BLACK BEANS FRUIT & VEGETABLE	18 OATMEAL & CINN APPLES BETTY CROCKER BAR FRUIT OR JUICE ***** MAC & CHEESE MINI CORNDOGS FRUIT & VEGETABLE	19 ASSORTED CEREAL YOGURT FRUIT OR JUICE ***** FEISTADA PIZZA GOGURT FRUIT & VEGETABLE	20 NO SCHOOL 	21 NO SCHOOL 
24 BENEFIT BAR SCOOPY GRAHAMS FRUIT OR JUICE ***** CHEESE CRUNCHERS ASSORTED CHIPS FRUIT & VEGETABLE	25 BREAKFAST SANDWICH SUNFLOWER SEEDS FRUIT OR JUICE ***** TATERTOT HOTDISH BREADSTICK FRUIT & VEGETABLE	26 MINI WAFFLES CHEESE STICK FRUIT OR JUICE ***** HOT PORK SANDWICH POTATOES & GRAVY FRUIT & VEGETABLE	27 WOW BUTTER SANDWICH COTTAGE CHEESE FRUIT OR JUICE ***** HOT DOG & FRIES BAKED BEANS FRUIT & VEGETABLE	28 ASSORTED CEREAL YOGURT FRUIT OR JUICE ***** PEPPERONI PIZZA CINNAMON CHURROS FRUIT & VEGETABLE
31 DUTCH WAFFLES COCOA PUFF BAR FRUIT OR JUICE ***** BEEF NACHOS REFRIED BEANS FRUIT & VEGETABLE	1 BREAKFAST WRAP ASSORTED CRACKERS FRUIT OR JUICE ***** MINI WAFFLE OR PANCAKE SAUSAGE & YOGURT FRUIT OR JUICE	2 MINI DONUTS TRIX BAR FRUIT OR JUICE ***** CHICKEN NUGGETS & ROLL POTATOES & GRAVY GREEN BEANS & FRUIT	3 ASSORTED CEREAL YOGURT FRUIT OR JUICE ***** CHICKEN SANDWICH ASSORTED CHIPS FRUIT & VEGETABLE	4 UNCRUSTABLE BEEF STICK FRUIT OR JUICE ***** SAUSAGE PIZZA ASSORTED COOKIES FRUIT & VEGETABLE