



## **DECEMBER 2025**



Frazier participates in CEP All Student meals are Free

Adult Breakfast: \$2.95

Choose 1
Benefit Bar
May Choose 2
1 oz Cereal Bowl
Single Poptart

4 oz Yogurt **Belly Bears** 2 oz Fruit Muffin or Muffin Top or Mini Loaf Cereal Bar

## <mark>Iiddle School Grab N'Go Breakfast</mark> Cart may Include

Choose 1 Benefit Bar 2 ct Poptarts

Cinnamon Roll Mini Donuts

4 oz - Sara Lee or Otis Spunkmyer Muffin

2 oz Cereal Bowl

High School Grab N'Go Breakfast Cart may Include

Choose 1

Benefit Bar

2 ct Poptarts

Hadley Farms Cinnamon Roll

Mini Donuts

4 oz - Sara Lee or Otis Spunkmyer Muffin

2 oz Cereal Bowl

## **BREAKFAST MENU**

1	Monday	2	Tuesday	3	Wednesday	4	Thursday	5	Friday	
			<b>Assorted Benefit</b>		Trix Yogurt		Confetti Pancakes		Mini Cinni	
1			Bars		Belly Bears					
			Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	
1			100% Fruit Juice		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice	
1			Milk Choice		Milk Choice		Milk Choice		Milk Choice	
8	Mini Maple Waffles	9	Pull Apart Donut	10	Banana Bread Slice	11	Sausage, Egg & Cheese	12	Mini Donuts	
							Bagel			2
	Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	
	100% Fruit Juice		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice	
	Milk Choice		Milk Choice		Milk Choice		Milk Choice		Milk Choice	Mic
15	Assorted Breakfast Cereal	16	Pancake & Sausage	17	Apple Frudel	18	Cinnamon Roll	19	Chocolate Chip French	
1	Belly Bears		On A Stick						Toast	
	Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit		Assorted Fruit	
	100% Fruit Juice		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice		100% Fruit Juice	
	Milk Choice		Milk Choice		Milk Choice		Milk Choice		Milk Choice	
22	Otis Spunkmeyer Fruit	23	Iced Sweet Roll	24		25		26		
	Muffin & Belly Bears						MERRY			4 (
	Assorted Fruit		Assorted Fruit							
	100% Fruit Juice		100% Fruit Juice			G	KIK SIVIS	)		
	Milk Choice		Milk Choice		*					H
29		30		31	*					
					* *					
			Hap	n		16	ar			
					*					
					*					
					- Ach:					_
4					st = Achieva			3		





Frazier School District participates in the "National School Breakfast Program." All students receive a complimentary breakfast meal each school day. Per USDA School Breakfast Program Regulations, a complete breakfast offering includes:(2) one oz. equivalents of grain, 80% of which is "whole grain rich" OR (1) one oz. eguivalent serving grains and (1) one oz. meat/meat alternate and (2) ½ cup portions of fruit (may be fresh, canned, dried or 100% juice) or vegetable, and (1) ½ pint of 1% or FF milk. \*If all components of a complete breakfast are not selected, ala cart prices are in effect, as required by USDA.

Food Service Manager Christie Mansberry 724-736-9507 X431 cmansberry@fraizersd.org