

Adult Meal Price - \$3.00

Milk Offered Daily:
 Fat Free or 1%

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Pizza 3 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk	Sweet Roll 4 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk	Funnel Cake 5 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk	Pancake & Sausage Stick 6 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk	Chorizo Beef & Cheese Stick 7 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk
Chocolate Chip Crumb Cake 10 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk	Blueberry Cinnamon Breadstick with Cheese 11 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk	Cinnamon Roll 12 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk	Peach Pancake Bowl 13 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk	Sausage, Egg & Cheese Pocket 14 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk
17 No School	Blueberry Waffle 18 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk	Pumpkin Roll 19 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk	Blueberry Donut Cup 20 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk	Chorizo Beef & Cheese Stick 21 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk
Breakfast Pizza 24 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk	Sweet Roll 25 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk	Funnel Cake 26 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk	Pancake & Sausage Stick 27 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk	Chorizo Beef & Cheese Stick 28 Fresh Apple Slices Dried Apple Crips Mixed Dried Fruit Crasins 100% Juice Choice of Milk



To qualify as a free breakfast, **students must take 3 (minimum) components**, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which **1 must be a fruit or vegetable**. Students taking required meal components receive breakfast at no cost, otherwise per regulations, ala carte prices are in effect. Extra food/beverage items available for purchase by check or cash.

Our menus meet USDA Requirements
 Menu items are subject to change

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASD>