

# OCTOBER | 2025

## BCMS-BMHS Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>20</b> Our Kitchen Has Wings  <i>Donate to the Annette Account</i></p>	<p><b>30</b> <b>PUMPKIN SMILE AND BLACK CAT GRIN; TIME TO LET THE SPOOKY IN!</b></p>	<p><b>1</b> Chicken Biscuit Taco Hashbrown Casserole OR Totally Tacos Rice/ Corn/ Guac Fruit Choice</p>	<p><b>2</b> Breakfast Sandwich Pizza OR Bosco Sticks Roasted Veggie Blend/ Baby Bakers Fruit Choice</p>	<p><b>3</b> Chicken Minis Mean Green Burger Bar OR Roast Beef N Cheddar Assorted Chips/ Baked Beans Fruit Choice</p>
<p><b>6</b> Fall Break 2025</p>	<p><b>7</b> <i>The Sugar Curse-Sugar:</i> -drops the ph in mouth, destroying tooth enamel -crazy glucose levels, AKA sugar crash -sugar is the root of inflammation.</p>	<p><b>8</b> </p>	<p><b>9</b> <i>Trick or Treat Safety</i> -Stay with a group, friend, or adult. -Well-lit houses only -Never go, or get in car w/ stranger -have adult inspect candy- NO unwrapped candy</p>	<p><b>10</b> <i>This inhuman place makes human monsters. -Stephen King</i></p>
<p><b>13</b> Tornado Chicken Biscuits OR New Pancake Bar- Line 3 Hash brown Casserole/Cherry Maters Fruit Choice</p>	<p><b>14</b> Breakfast Sandwich Spaghetti OR Chicken Drumstick Green Beans/ Mashed Taters/ Roll Rolls/ Fruit Choice</p>	<p><b>15</b> Chicken Biscuit Crispito w/ Chili &amp; Cheese Corn/ Pinto Beans Mandarin Orange Fluff</p>	<p><b>16</b> Breakfast Sandwich Salisbury Steak N Roll Fried Okra/ Ranch Potatoes Salad Bar- line 3 Fruit Choice</p>	<p><b>17</b> Chicken Minis Mean Green Burger Bar OR Hot Dog French Fries/ Fresh Veggies Fruit Choice</p>
<p><b>20</b> French Toast Sticks Loaded Spud &amp; Roll OR Build a Sub/ Chips- Line 3 Fresh Veggies Baked Apples</p>	<p><b>21</b> Breakfast Sandwich Chicken Ziti OR Salisbury Meatballs N Rice Green Beans/ Red &amp; Green Pep Spears/ Roll Fruit Choice</p>	<p><b>22</b> Chicken Biscuit Wings N Poppers N Rolls Baby Bakers/ Annette's Broccoli Salad Fruit Choice</p>	<p><b>23</b> Breakfast Sandwich Country Fried Steak w/ White Gravy- Biscuit Mashed Taters/ Corn Salad Bar- line 3 Fruit Choice</p>	<p><b>24</b> Chicken Minis Mean Green Burger Bar OR Bacon/ BBQ Chicken Sandwich French Fries/ Fresh Veggies Fruit Choice</p>
<p><b>27</b> Tornado Chicken Sandwich Ranch Potatoes/ Cali Blend Veggies Yogurt Parfait- Line 3 Fruit Choice</p>	<p><b>28</b> Breakfast Sandwich Beef Stroganoff OR KFC Bowl Corn/ Mashed Taters/ Roll Assorted Fruit Cobbler</p>	<p><b>29</b> Chicken Biscuit Orange Chicken N Rice Stir Fry Veggies/ Corn Nuggets Egg Roll Fruit Choice/ Fortune Cookie</p>	<p><b>30</b> Breakfast Sandwich  Kitchen Witch's Choice... Surprise my Pretties!</p>	<p><b>31</b> Haunted Chicken Minis Poisoned Chili/ Skelly Fries Shrunken Corn Dogs Radioactive Corn Muffins Rotten Roasted Veggies Dirt Cake</p>

### Alternate Breakfast Choices

M- Pop Tart/ Ch. Muffins  
T- Assorted Danishes  
W- Parfaits  
TH- Bagels  
F- Donuts

Introducing Mean  
Green Burger Bar on  
Fridays

**Super Snack  
Free 3<sup>rd</sup> Meal  
2:10pm. M-F**

Don't forget-

- ✓ Put money into your account.
- ✓ Hey- You Gotta Grab and Fruit or Veggie.
- ✓ There are cold options too-
- ✓ Hug Lunch lady.
- ✓ Free Snack- M-TH, Closing Bel

### Cold and Fresh Options

M- Bomber Box  
T- Cold Outs/ Wraps  
W- Chef Salads  
TH- Yogurt Combos  
F- PB&J

Cold Options may vary based on Inventory.

**MENU IS SUBJECT  
TO CHANGE.**