

School Health Advisory Council Minutes

Dec. 7, 2023

Odem Edroy ISD- OIS Library

4:15PM to 5:07PM

Participants in attendance: Lisa Perez, Amy Salinas, Lidamar Yruegas, Belinda Ruiz, Abigail Gonzales, Marissa Cantu, Debra Velasco, Cynthia Garcia, Shannon Seale and Sylvia Balli.

Members Absent: Venessa Martinez, Lisa Flores, Renee Orta, Ruth Cristiana, Lori Schulze, Roxanna Arredondo, Yolanda Carr, Armando Huerta, Lisa Flores, Christine Guzman, Felicia Espinoza, Jason Pfluger, and Janie Luna.

The meeting was called to order at 4:15. Lisa Perez, RN read the mission statement, welcomed members and guests to the meeting. The minutes from the 11/2/23 meeting were read and approved by members.

The SHAC (School Health Advisory Council) team then shared reports from each committee.

Nutrition: member not available.

Physical Education: member not available

Health Services: Lisa Perez- Just completed scoliosis re-screens and sent out referrals. We will start Acanthosis nigricans screenings (blood pressures and weights) and we will be sending out referrals before spring break.

Healthy School Environment: Lisa Perez-Officers are continuing to patrol all campuses. We now have all our medical emergency response teams trained at all campuses.

Health Education: The Great Body Shop is being taught on all campuses.

Counselors: Belinda Ruiz- We are currently doing a service project for the Mother Teresa homeless shelter and Driscoll. The students can collect items such as paper goods and items for babies and junior high patients. We should deliver items before Christmas break.

Abigail Gonzales- We are starting our Kindness tree and Project Turnaround will be finishing up this week for 2023.

Family and Community Involvement: The Food drive will be next week @ Junior High on Thursday and is open to anybody in the community. High School is doing CTC meetings, recognition for college courses, giving out FASFA IDs, parent meetings are during lunch hours and is easier for the parents. At the Intermediate during the "Pies with Parents", parents learned about the parent portal. Parent involvement is much easier when parents are at the school for events with student participation. Elementary is doing their Holiday performance and will be talking about parent portal also tonight.

Health Promotion for Staff: Lisa Perez- Texas Mobile Imaging screened employees and we had a good turnout; so good they had to add another day to accommodate everyone. Meningitis clinic had to be rescheduled.

Open Discussion: Lisa Perez- Ruth has 3/5/24, 3/6/24, 3/7/24 available for the Pre-Spring Break Vaping/Alcohol programs for Junior High and High School. Ruth can come during their lunch breaks and or during PE classes.

Cynthia Garcia- Can we do it during PE, athletics, or Enrichment? We can do this during athletics/PE which could be 1st, 3rd, 6th and 7th on March 7.

Sylvia Balli-Once you have everything, please email Ruth and let her know the dates. Ruth started to let her know what we might need, and Lisa could get back with her once we had all had a chance to go over the list that was provided by her office.

Debra Velasco- introduced herself. She is from Texas Health Steps, and helps families sign up for Medicaid for adults and children. We help families find doctors, dentists, transportation services, case management services, pregnancy assistance. We are available to meet with parents or we also have a program that is called take time for teeth, dental presentations where we give out toothbrushes and stickers. She covers several counties in south Texas.

Lisa Perez- Discussed the Great Body Shop teacher guides. Everybody was assigned different issues and I want to go over them now.

Vanessa Wilden –K grade, issues 3,4

Lisa Flores-K grade, issues 5,6

Shannon Seale 1st grade, issues 3,4

Roxanna Arredondo -1st grade, issues 5,6

Marissa Mendez-2nd grade, issues 3,4

Renee Orta- 2nd grade, issues 5,6

Lidamar Yruegas-3rd grade, issues 3,4

Lisa Perez-3rd grade, issues 5,6

Abigail Gonzalez –4th grade 3,4

Amy Salinas- 4th grade, issues 5,6

Lori Schulze-5th grade, issues 3,4

Jason Pfluger-5th grade, issues 5,6

Belinda Ruiz-6th grade, issues 3,4

Venessa Martinez –7th grade, issues 3,4

Cynthia Garcia-8th grade, issues 3,4

Lisa Perez- Does everyone have to go because we can revisit this discussion at the next meeting?

Abigail Gonzales- We have the Kinder Holiday performance, so we must go.

Lisa Perez- The meeting adjourned at 5:07 PM.