

# FEBRUARY 2022


## Hines Middle School Breakfast and Lunch Menu

Lunch – **\$0.00** paid SY21-2022 & **0¢**-reduced     Extra Milk – **45¢**    Juice is **.45¢**

**Lunch includes:** Entrée with, fruit, vegetable, breads grains, Oregon Milk

Menu is subject to change. Some items may contain nuts.

*Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen & office.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	<p>1    <b>Breakfast</b> Cereals &amp; Grains or Breakfast Pizza, Fruit &amp; Milk</p> <p style="text-align: center;"><b>Lunch</b></p> <p><i>Sandwiches &amp; Salads daily</i> Chicken Strips w/ Fries Veggie, Fruit &amp; Milk</p>	<p>2    <b>Breakfast</b> Cereals &amp; Grains or Muffins w/ Fruit &amp; Milk</p> <p style="text-align: center;"><b>Lunch</b></p> <p><i>Sandwiches &amp; Salads daily</i> Meat Spaghetti w/ Tx Toast Green Beans Veggie, Fruit &amp; Milk</p>	<p>3    <b>Breakfast</b> Cereals &amp; Grains, Fruit &amp; Milk</p> <p style="text-align: center;"><b>Lunch</b></p> <p><i>Sandwiches &amp; Salads daily</i> Taco Soup w/ Corn Chips Veggie, Fruit &amp; Milk</p>
<p>7    <b>Breakfast</b> Cereals &amp; Grains, Soft Pretzel w/ PB &amp; J, Fruit &amp; Milk</p> <p style="text-align: center;"><b>Lunch</b></p> <p><i>Sandwiches &amp; Salads daily</i> Corn Dogs w/ Baked Beans Veggie, Fruit &amp; Milk</p>	<p>8    <b>Breakfast</b> Cereals &amp; Grains, Pancakes Fruit &amp; Milk</p> <p style="text-align: center;"><b>Lunch</b></p> <p><i>Sandwiches &amp; Salads daily</i> Bean &amp; Cheese Burrito w/ Corn Veggie, Fruit &amp; Milk</p>	<p>9    <b>Breakfast</b> Cereals &amp; Grains, Cherry Frudel Fruit &amp; Milk</p> <p style="text-align: center;"><b>Lunch</b></p> <p><i>Sandwiches &amp; Salads daily</i> Bacon Stuffed Baked Potato w/ Cheese Veggie, Fruit &amp; Milk</p>	<p>10    <b>Breakfast</b> Cereals &amp; Grains, Fruit &amp; Milk</p> <p style="text-align: center;"><b>Lunch</b></p> <p><i>Sandwiches &amp; Salads daily</i> Chicken &amp; Cheese Quesadilla Seasoned Rice Veggie, Fruit &amp; Milk</p>
<p>14    <b>Breakfast</b> Cereals &amp; Grains Fruit &amp; Milk</p> <p style="text-align: center;"><b>Lunch</b></p> <p><i>Sandwiches &amp; Salads daily</i> Pizza Stix w/ Marinara Dessert Veggie, Fruit &amp; Milk</p>	<p>15    <b>Breakfast</b> Cereals &amp; Grains, Fruit &amp; Milk</p> <p>Egg &amp; Cheese Breakfast Sand Fruit, Milk</p> <p style="text-align: center;"><b>Lunch</b></p> <p><i>Sandwiches &amp; Salads daily</i> Crunchy Beef Taco's Refried Beans w/ Cheese Veggie, Fruit &amp; Milk</p>	<p>16    <b>Breakfast</b> Cereals &amp; Grains, Fruit &amp; Milk</p> <p>Yogurt Parfait w/ Fruit &amp; Granola, Milk</p> <p style="text-align: center;"><b>Lunch</b></p> <p><i>Sandwiches &amp; Salads daily</i> Lasagna w/ Tx Toast Green Beans Veggie, Fruit &amp; Milk</p>	<p>17    <b>Breakfast</b> Cereals &amp; Grains, Fruit &amp; Milk</p> <p>Maple Bar w/ Cracker Fruit, Milk</p> <p style="text-align: center;"><b>Lunch</b></p> <p><i>Sandwiches &amp; Salads daily</i> Hamburger w/Chips Veggie, Fruit &amp; Milk</p>
<p>21    <b>Breakfast</b> Cereals &amp; Grains, Fruit &amp; Milk</p> <p>Waffles w/ PB, Fruit &amp; Milk</p> <p style="text-align: center;"><b>Lunch</b></p> <p><i>Sandwiches &amp; Salads daily</i> BBQ Pork Rib Sand w/ Baked Beans Veggie, Fruit &amp; Milk</p>	<p>22    <b>Breakfast</b> Cherry Frudel or Cereal grains Fruit &amp; Milk</p> <p style="text-align: center;"><b>Lunch</b></p> <p><i>Sandwiches &amp; Salads daily</i> Nacho's W/ Beef &amp; Cheese Chicken Tostada w/ Rice Veggie, Fruit &amp; Milk</p>	<p>23    <b>Breakfast</b> Cereals &amp; Grains, Fruit &amp; Milk</p> <p style="text-align: center;"><b>Lunch</b></p> <p><i>Sandwiches &amp; Salads daily</i> Chili w/ Cornbread Veggie, Fruit &amp; Milk</p>	<p>24    <b>Breakfast</b> Cereals &amp; Grains, Fruit &amp; Milk</p> <p style="text-align: center;"><b>Lunch</b></p> <p><i>Sandwiches &amp; Salads daily</i> Beef Meat Balls w/ Gravy &amp; Mashed Potato &amp; Tx Toast Green Beans Veggie, Fruit &amp; Milk</p>
<p>28    <b>Breakfast</b> Cereals &amp; Grains, Muffins Fruit &amp; Milk</p> <p style="text-align: center;"><b>Lunch</b></p> <p><i>Sandwiches &amp; Salads daily</i> Orange Chicken w/ Vegetable Fried Rice, Egg Roll Veggie, Fruit &amp; Milk</p>			

**This institution is an equal opportunity provider.**