

Daily Learning Planner

*Ideas families can use to help students
do well in school*

Riverview Gardens School District



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Cut out 14 small hearts. Write a reason you love your child on one each day. On Valentine's Day, tape them together to make a chain of hearts.
- 2. Dig out a favorite children's book and read it with your child. There are always lessons to be learned.
- 3. Have your child estimate how long an assignment will take. Then see how long it really takes.
- 4. Today is the birthday of Rosa Parks. With your child, learn more about this woman who changed history.
- 5. Talk with your child about your priorities. Make sure she knows her education is a top one.
- 6. Remember that the key to getting your child's respect is showing your child respect.
- 7. Give your child some privacy today.
- 8. Helping students with assignments can be challenging. Ask your child's teacher for advice.
- 9. Talk to your child about the dangers of substance abuse.
- 10. Some middle schoolers are embarrassed by affection in public. But they still like hugs at home!
- 11. When your child argues, help him focus on solutions rather than blame.
- 12. Remind your child that there are no stupid questions. If she wants to learn, she should ask questions in class.
- 13. Ask your child, "What's the most hectic part of your day?" Brainstorm together about how to make it more organized.
- 14. Serve your child's favorite breakfast today just to say, "I love you."
- 15. Look into taking a CPR class with your child.
- 16. Avoid giving in to your child's demands once you have made a decision about something.
- 17. Test observation skills. Can your child describe someone that just passed by on the street? Challenge each other.
- 18. When your child is studying for a test, set a timer for 30 minutes. Many short reviews are better than one long one.
- 19. Look at works of art with your child, in a museum, online or in a book. Have him pick a favorite. Why does he like it?
- 20. Visit a business with your child. When you get home, have her write a review of the products and the service.
- 21. Try a new recipe with your child. This helps him practice following directions.
- 22. Learn one new word at breakfast. Challenge family members to use it several times during the day.
- 23. Discuss ways you and your child waste time. Together, think about what you could do instead.
- 24. Talk with your child about a mistake you once made and what you did about it.
- 25. Explain to your child that banks charge interest for loans. Have her research mortgage rates at local banks.
- 26. Watch a movie with your child that is based on a classic book or play.
- 27. Have a family meeting to talk about a problem. Ask your child to write down everyone's ideas.
- 28. Learn a strategy game like chess with your child. Play it often.