Decemper Issue 2023

## PRINCIPALS POST

Dear Parents, Guardians, Students, and Staff, I am delighted to extend a warm welcome to every one of you as we continue to embark on this school year at Havasupai Elementary. I am confident that the rest of the school year will be filled with growth, learning, and memorable experiences.

As we begin this new chapter, I would like to introduce myself. I have been in education for 22 years. I am a National Board Certified Teacher and admire our teachers, staff, students, and families. My husband and our two children love our community and have lived here for over twenty years. I look for ways to give back and have served

on the K12 Foundation board for over ten years. I am committed to providing a safe, nurturing, and inspiring environment where students can thrive academically, socially, and emotionally. Our dedicated team of educators are passionate about fostering a love for learning and instilling the values of our PBIS pledge of

being Safe, Responsible, and Respectful. I am excited about the possibilities that lie ahead for our school community, and I look forward to working together to make this school year a truly rewarding experience for

all.

I value communication and the partnership between school and home. If you have any questions or concerns, please do not hesitate to contact our dedicated staff, PTSO, or myself. Let's make this a fantastic year of learning, growth, and success. Go Coyotes!

> Sincerely, Jamie Hammer, NBCT Principal

Havasupai Elementary 880 Cashmere Dr. Lake Havasu City, AZ 86404 Ph: 928-505-6040 Fx: 928-505-6059 M - F 7:30 a - 3:00 p

### **Important Dates**

12/7 Spirit Day - twin or more day -12/11 - 12/15 Penguin Patch 12/13 Student Coundil Meeting @ 7:15 a 12/19 NEHS Meeting 12/20 PTSO Gathering @ 5:00 p 12/20 End of 2nd guarter **Assembly -End of 2nd Quarter Assembly -**Invitations will be sent home 2nd & 3rd - 8:15 -9:15 4th, 5ht & 6th - 9:30 - 10:30

12/22 no school 12/25 - 1/8 winter break -Happy new year 1/9 School Resumes 1/11 Spelling Bee @ 1:30 PM

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## COUNSELORS CORNER

Quietness gives one strength. When we have a "place" of solace, safety, and quiet, then creativity, imagination, and self-expression emerge naturally. One way we feel safe is when we have a quiet, safe place physically. The Quiet/Safe Place Tool is a way of remembering our quiet stillness. When we listen from the quiet place within our hearts, we make space to hear our natural wisdom.



#### Your Favorite Place

Today we are going to think about our favorite places. As we begin, close your eyes and take a deep breath in through your nose and out through your mouth. As you continue breathing slowly, think of one of your favorite places to go. It can be anywhere- outside, inside, near us or far away. It can be somewhere you have been a lot, or somewhere you have only been once. I want you to really focus on picturing it in your mind. What does it look like? What can you notice about it? Does it have any certain sounds? Is it a loud place or a quiet place? Do you notice any smells there? Try to think about everything you can notice. Now, focus on how this place makes you feel. Does it make you feel caim? Happy? Excited? Something else? Really think about this feeling. Continue to breathe slowly and focus on the feeling it is giving you. When you are finished, take a deep breath in through your nose and out through your mouth, and then slowly open your eyes.

## NURSE'S NOOK

Hello everyone! Happy December to you all. I'm sure the kids are excited for Winter Break in a few weeks. Please make sure your kids dress appropriately for the weather

Please, if your child is sick and they have a fever (100.0 or above) they must stay home and be fever free for 24 hours before they return to school.

Please, please if I have let your child borrow any clothing, pants, shorts or a jacket, return it to me ASAP, I am always letting kids borrow and Lneed the clothing back. Thank you for your cooperation in this matter.

Please remember, if I sent home or if I send home a letter for Immunizations for 11 year olds, You now have until their 12th birthday to have them done, per the new regulations in Arizona. If their 12th Birthday is in June or July please get them done by May. I appreciate your cooperation in this matter.

It's that time of year for Lice, please be cautious, lice isn't selective, it is passed around by holding hands and hugging. It can also be spread by sharing combs/brushes.

December monthly observations: Universal Human Rights, Read a New Book, Made in America, Handwashing Awareness, Art & Architecture Month and Love your Neighbor Month and many more! Too many to name!

I always have New Backpacks and Water Bottles for • any kids that need one, please don't hesitate to ask or the office!

Lastly, feel free to call me anytime at 928-505-6042, please leave a message if I'm not available. I will get back to you.

Ms. Kat, Nurse Havasupai Elementary

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SPIRIT DAY



# Havasupar Holiday Spirit Days





