

APRIL 2025

BREAKFAST



School Information: This Institution is an Equal Opportunity Provider.



Nutrition Tip: Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Omelet
Toast
Fruit
Juice
Milke

1

Waffles
Syrup
Peanut Butter Cup
Cheese Stick
Fruit
Milk

2

Yogurt
Muffin
Fruit
Juice
Milk

3

Biscuit
Gravy
Sausage
Fruit
Juice
Milk

4

Cereal
Fruit
Juice
Milk

7

Muffin
Gogurt
Fruit
Juice
Milk

8

Pancake on a Stick
Syrup
Fruit
Juice
Milk

9

Omelet
Toast
Fruit
Juice
Milk

10

Biscuit
Gravy
Sausage
Fruit
Juice
Milk

11

Cereal
Fruit
Juice
Milk

14

Omelet
Toast
Fruit
Juice
Milk

15

Waffles
Syrup
Peanut Butter Cup
Fruit
Juice
Milk

16

Yogurt
Muffin
Fruit
Juice
Milk

17

NO SCHOOL

18

Cereal
Fruit
Juice
Milk

21

Muffin
Gogurt
Fruit
Juice
Milk

22

Pancake on a Stick
Syrup
Fruit
Juice
Milk

23

Omelet
Toast
Fruit
Juice
Milk

24

Biscuit
Gravy
Sausage
Fruit
Juice
Milk

25

Cereal
Fruit
Juice
Milk

28

Omelet
Toast
Fruit
Juice
Milk

29

Waffle
Syrup
Peanut Butter Cup
Fruit
Juice
Milk

30

