May 2024 Stark County Junior/Senior High School Menu

| Breakfast is served every day from 7:30-8:00 am <br> \#ALLIN Can't Stop Won't Stop Menu is Subject to Change 1\% White, Strawberry, Chocolate Milk are offered at all meals A Plant Based Meal is offered. | Our Breakfast is Offer vs. <br> Serve. Children can pick 3 out of 4 items as long as 1 of the items is $1 / 2$ cup of fruit or juice. <br> Our Lunches are Offer vs. Serve. Children can pick 3 out 5 Meal Groups (Meat/Meat Alternative Fruit, Grain, Vegetables, Milk. As long as the Child has $1 / 2$ cup of fruit or vegetable with 2 other components on their tray. | 1 Wednesday <br> WG Poptart, WG Cereal, Fruit, Juice <br> WG Bun 28g, Tenderloin 14g, Smoothie Meal, Salad, Yogurt Meal, Deli Meal Oven <br> Potatoes 22g, Peaches <br> 14g, Fresh Fruit and <br> Veggies | 2 Thursday <br> WG Pancake on a Stick 17g, Syrup 20g, WG Cereal, Fruit, Juice <br> Chicken Nachos (Chicken 1 g, Cheese 3g, Tortilla Chips 32g), Salad, Deli Meal, Yogurt Meal or Chicken or Cheese Quesadilla Salsa 8g, Refried Beans 24g, Tropical Fruit 22 g, Fresh Fruit and Veggies | 3 Friday WG Cereal, Biscuit 26g, Sausage and Gravy 8g, Fruit, Juice <br> WG Cheese Bites 56g, Marinara Sauce 7gm, Salad, Deli Meal, Yogurt Meal Romaine 1.5g, Carrots 6g, Pears 16g, WG Cookie 17g, Fresh Fruit and Veggies |
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| 6 Monday <br> WG Cereal. Honey Bun 26 g for 1, Fruit, Juice <br> WG Corn Dog 6og or Mini Corn Dogs 34 g Panini Meal, Yogurt Meal, Deli Meal, Salad Baked Beans 26g, Mandarin Oranges 17 g , Fresh Fruit and Veggies . | 7 Tuesday <br> WG Cereal, WG Pigs in a Blanket 30g, Syrup 20g, Fruit, Juice <br> WG Pretzel 72g, Baked Potato 37g, Cheese Sauce 6g, Ham, Deli Meal, Yogurt Meal, Salad Carrots 6g, Pears 16g, Fresh Fruit and Veggies | 8 Wednesday WG Cereal, Biscuit 26g, Egg Patty 1g, Sausage 1g, Cheese Slice 2g, Fruit, Juice <br> WG Bun 28g, BBQ Rib 8g, Smoothie Meal, Deli Meal, Yogurt Meal, Salad Green Beans 4g, Pineapple 17g, Fresh Fruit and Veggies | 9 Thursday <br> WG Cereal, WG Muffin 43g, Fruit, Juice <br> WG Roll 15g, WG Chicken Nuggets 32g, Salad, Deli Meal, Yogurt Meal, Chicken or Cheese Quesadilla <br> Mashed Potatoes 17g, Gravy 7 g for 2 oz , Rosy Applesauce 22 g, Fresh Fruit and Veggies | 10 Friday <br> WG Cereal, Cinnamon Roll 42g, Juice, Fruit <br> WG Pizza 56g, Salad, Deli Meal, Yogurt Meal, Romaine 1.5 g , Peaches 14 g, Bavarian Creme Dessert 10g, Fresh Fruit and Veggies |

13 Monday
WG Cereal, WG Toast 14g, Jelly 9g, Omelet 2g, Fruit, Juice

WG Bun 28g, Bacon Cheeseburger 3g Panini Meal, Yogurt Meal, Deli Meal, Salad Oven Potatoes 22g, Rosy Applesauce 22g, Fresh Fruit and Veggies

14 Tuesday
WG Cereal, WG English Muffin 21g, Egg Patty 1g, Cheese Slice 2g, Fruit, Juice

WG Chili Crispito 23 g for 1, Salad, Deli Meal, Yogurt Meal, Refried Beans 24g, Salsa 8g, Tropical Fruit 22g, Fresh Fruit and Veggies

## 20 Monday

WG Cereal, WG Breakfast
Pizza 44 g, Fruit, Juice
WG Bosco Sticks 75g for 3 Panini Meal, Salad, Deli
Meal, Yogurt Meal
Marinara Sauce 7 g , Romaine 1.5 g , Mandarin
Orange 17 g , Fresh Fruit and Veggies

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am

## \#ALLIN Can't Stop

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15 Wednesday
WG Cereal, WG Waffle 24g, Syrup 20g, Fruit, Juice

WG Tortilla 42g, Chicken Strips 22g, Bacon 1g, Shredded Cheese 1 g for 1 oz Smoothie Meal, Deli Meal, Yogurt Meal, Salad
Romaine 1.5g, Peaches 14g, Fresh Fruit and Veggies

6 Thursday
WG Cereal, WG Bage 38g, Cream Cheese 1g, Fruit, Juice

WG Bun 22g, Meatballs with sauce 5 g and Cheese 2g, Deli Meal, Yogurt Meal, Salad, Chicken or Cheese Quesadilla Peas 11g, Carrots 6g, Strawberries and Bananas 25.58 g , Mixed Fruit, Fresh Fruit and Veggies

17 Friday
WG Cereal, WG Pancake 37g, Syrup 20g, Fruit, Juice

WG Multi Cheese Garlic Bread 45g, Salad, Yogurt
Meal, Deli Meal
Marinara Sauce 7 g,
Corn 14g, Pears 16 g,
Sidekick 23 g, Fresh
Fruit and Veggies

## 24 Friday

WG Breakfast Bar 47g,
WG Cereal, Fruit, Juice
Early Dismissal Last
Day of School at 11:00
Sack Lunch to take home
PB \& J, Fresh Fruit and Veggies, Wg Chips

Mashed Potatoes
Contain Sulfates and can cause ALLERGIC REACTIONS

A Plant-Based Meal is offered everyday.

