

January 2026 Stark County Junior/Senior High School Menu

Breakfast is served every day from 7:30-8:00 am Ketchup, Mustard, Ranch and French Dressing, Hot Sauce, and BBQ Sauce are Offered Menu is Subject to Change 1% White, Strawberry, Chocolate Milk are offered at all meals A Plant Based Meal is offered.	6 Tuesday WG Cereal, WG Bagel w/ Cream Cheese 41 gm, Juice, Fruit WG Bun 28 gm, Hamburger, Cheese Slice or Yogurt Meal, Chef Salad, Uncrustables, Deli Sandwich <u>Romaine 1.5 gm, Peaches 14 gm, Fresh Fruit and Veggies</u>	7 Wednesday WG Cereal, WG Pancake on a Stick, Syrup, Fruit, Juice WG Corn Dogs, Smoothie Meal, Chef Salad, Yogurt Meal, Deli or WG Uncrustable Meal <u>Bake Beans 28 gm, Corn 16 gm, Pears 16 gm, Fresh Fruit and Veggies</u>	8 Thursday Mini Cinnamon and Sugar Donuts 40 gm, WG Cereal, Fruit, Juice WG Bun 28 gm, BBQ Rib gm, Chef Salad, Deli or WG Uncrustable Meal, Yogurt Meal or Chicken or Cheese Quesadilla <u>Cinnamon Applesauce 26 gm, Carrots 6 gm, Fresh Fruit and Veggies</u>	9 Friday WG Cereal, WG French Toast Sticks 42 gm, Syrup 20 gm, Fruit, Juice Taco in a Bag 24 gm, Taco Meat, Shredded Cheese, Chef Salad, Deli Meal, WG Uncrustable, Yogurt Meal <u>Romaine 1.5g, Salsa 8 gm, Pineapple 17 gm, WG Raspberry Churros 56 gm, Fresh Fruit and Veggies</u>
12 Monday WG Cereal. Pancakes Bites 37 gm, Syrup 20 gm, Fruit, Juice WG Bosco Sticks 50 gm, Beef Ravioli 36 gm, Panini Meal, Yogurt Meal, Deli Meal, Chef Salad <u>Peas 11 gm, Carrots 6 gm, Pears 16 gm, Fresh Fruit and Veggies,</u>	13 Tuesday WG Cereal, WG English Muffin 21 gm, Egg Patty 1 gm, Cheese Slice 2 gm, Fruit, Juice WG Bun 28 gm, Tenderloin 14 gm, Deli Meal, Yogurt Meal, Chef Salad <u>Peaches 14 gm, Broccoli w/ Cheese 10 gm, Baked Beans 28 gm, Fresh Fruit and Veggies</u>	14 Wednesday WG Cereal, WG Breakfast Bar 40 gm, Fruit, Juice WG Bun 26 gm, Meatball Sub 5 gm Cheese 4 gm, Smoothie Meal, Deli Meal, Yogurt Meal, Chef Salad <u>Green Beans 4g, Mixed Fruit 22 gm, Fresh Fruit and Veggies</u>	15 Thursday WG Cereal, WG Pumpkin Bread 44 gm, Yogurt, Fruit, Juice WG Toasted Cheese 30 gm or Chef Salad, Deli Meal, WG Uncrustable, Yogurt Meal, Chicken or Cheese Quesadilla <u>38g Oven Fries 22 gm, Pineapple 17 gm Fresh Fruit and Veggies</u>	16 Friday WG Cereal, Biscuit 26 gm, Sausage Gravy 8 gm, Fruit, Juice WG Multi Cheese Garlic Bread 43,5 gm, Chef Salad, Deli Meal, Uncrustable, Yogurt Meal, <u>Romaine 1.5 g., Marinara Sauce 7 gm, Cinnamon Applesauce 26 gm, WG Cookie 28 gm, Fresh Fruit and Veggies</u>

19 Monday NO SCHOOL	20 Tuesday WG Cereal, WG Waffle 24 gm, Syrup 20 gm, Fruit, Juice WG Roll 15 gm, Pasta Dinner, Chef Salad, Deli Meal, WG Uncrustable, Yogurt Meal, <u>Green Beans 4 gm, Pears 16 gm, Fresh Fruit and Veggies</u>	21 Wednesday WG Cereal, WG Mini Chocolate Donuts 41 gm, Fruit, Juice WG Bun 28 gm, WG Chicken Patty 16 gm, Smoothie Meal, Deli Meal, WG Uncrustable, Yogurt Meal, Chef Salad <u>Corn 16 gm, Peaches 14g, Fresh Fruit and Veggies</u>	22 Thursday WG Cereal, Cinnamon Roll 42 gm Fruit, Juice WG Pizza, Deli Meal, WG Uncrustable, Yogurt Meal, Chef Salad, Chicken or Cheese Quesadilla <u>38g Carrots, 6 gm, Romaine 1.5 gm, Rosy Applesauce 22 gm, Fresh Fruit and Veggies</u>	23 Friday WG Cereal, WG Breakfast Pizza 33 gm, Fruit, Juice Totchos (Tater Tots, Taco Meat, Cheese Sauce, 27 gm, WG Chips 32 gm) Panini Meal, Yogurt Meal, WG Uncrustable, Deli Meal, Chef Salad <u>Refried Beans 24 gm, Salsa 8 gm, Mandarin Oranges 17 gm, Fresh Fruit and Veggies, Rice Krispie Treat 22.23 gm</u>
26 Monday WG Cereal, WG Pigs in the Blanket 30 gm, Syrup 20 gm, Fruit, Juice WG Roll 15 gm, WG Chicken Stripes or Panini Meal, Chef Salad, Deli Meal, WG Uncrustable, Yogurt Meal <u>WG Chicken Rice, Broccoli w/Cheese 10 gm, Mandarin Orange 17 gm, Fresh Fruit and Veggies</u>	27 Tuesday WG Cereal, WG Mini Cinnamon & Sugar Donuts 20 gm, Juice, Fruit WG Chili Crisпитos 72 gm, Chef Salad, Deli Meal, WG Uncrustable, Yogurt Meal <u>Refried Beans 24 gm, Salsa 8 gm, Pears 16 gm, Fresh Fruit and Veggies</u>	28 Wednesday WG Cereal, WG Pancake Bites 37 gm, Syrup 20 gm, Fruit, Juice WG Bun 26 gm, Hot Dog 4 gm or Chili Dog 6 gm, Strawberry Smoothie Meal, Deli Meal, WG Uncrustable, Chef Salad, Yogurt Meal <u>Sweet Potato Fries 23 gm, Peaches 14 gm, Fresh Fruit and Veggies</u>	29 Thursday WG Cereal, WG Apple Frugal 38 gm, m, Fruit, Juice WG Pretzel 30 gm, Cheese Sauce, Chicken Noodle Soup 6 gm, Crackers, Chef Salad, Chicken or Cheese Quesadilla <u>38g</u>, Yogurt Meal, Deli Meal, WG Uncrustable <u>Corn 16 gm, Tropical Fruit 22 gm, Fresh Fruit and Veggies</u>	30 Friday WG Croissant 29 gm, Sausage Patty 1 gm, Egg Patty 1 gm, Cheese Slice 2 gm, , WG Cereal, Fruit, Juice WG (Maxx Sticks) Pizza Sticks 64 gm, Marinara Sauce 7 gm, Chef Salad, Yogurt Meal, Deli Meal, <u>Green Beans 4 gm, Rosy Applesauce, 22 gm, Sidekick 23 gm, Fresh Fruit and Veggies</u>
Every Meal is Free Everyday! Every Mealis Offer vs. Serve at Breakfast a Student must take 3 of the 4 items offered and 1 must be a ½ cup of fruit or juice .	At Lunch Students must take 3 of the 5 items offered and 1 must be ½ cup of fruit or vegetables.	<u>Cereal- Marsh Matey-22g</u> <u>Honey graham 22g, Cinn toaster 24 gm</u> <u>Juice- apple 13 g, grape 19g, of 13 g, Fruit punch 14 g,</u> <u>Poptart-Cinn 73g, Blueberry-72g, Strawberry-75 g</u>		

