

AUGUST 2024 STARK COUNTY ELEMENTARY MENU

<p>A Plant-Based Main option is offered everyday.</p> <p><u>Menu is Subject to Change</u></p> <p>1% White, Chocolate, Strawberry are offered at all meals. Breakfast is Served Everyday from 7:30-8:00.</p> <p>Ranch, Ketchup, Mustard, BBQ Sauce are offered at Lunch.</p>	<p>Breakfast is Offer vs. Serve- Students must take 3 of 4 items offered. One must be ½ cup of fruit or juice.</p> <p>Lunch is also Offer vs. Serve Students must take 3 of 5 items served. One must be ½ cup of fruit or vegetable.</p>	<p><u>Cereal-</u> Marsh Matey 22 gm, Honey grahams 22 gm, Cinn Toasters 24 gm</p> <p><u>Juice-</u> Apple 13 gm, Grape 19 gm, Orange Juice 13 gm, Fruit Punch 14 gm.</p>	<p>15 Thursday Donut, WG Cereal, Fruit, Juice</p> <p>WG Bun 28 gm Hamburger 3gm , Cheese Slice 2 gm or <u>WG PB & J, Cheese Stick, WG Chips,</u> Green Beans 4 gm Rosy Applesauce 22 gm , Fresh Fruit and Veggies</p>	<p>16 Friday WG Cereal, WG Waffle 12 gm , Syrup 20 gm , Sausage, 1 gm Fruit, Juice</p> <p>WG Tortilla 21 gm , Taco Meat, Shredded Cheese 1 gm or <u>Yogurt, Cheese Stick, WG Bread, Corn 14 gm , Pineapple 17 gm , Fresh Fruit and Veggies, Jello with Whipped Topping 17 gm</u></p>
<p>19 Monday WG Poptart 75 gm,, WG Cereal, Fruit, Juice</p> <p>WG Bun 27 gm , Hot Dog 2 gm or Chili 4 gm Dog or <u>Yogurt, Cheese Stick, WG Bread, Oven Potatoes, Mandarin Oranges 17 gm , Fresh Fruit and Veggies</u></p>	<p>20 Tuesday WG Cereal, WG Pigs in a Blanket 15 gm , Syrup 20 gm , Fruit, Juice</p> <p>WG Tortilla, Deli Turkey Meat, Cheese or <u>WG PB & J, Cheese Stick, WG Chips, Carrots 6 gm, Cinnamon Applesauce 26 gm , Fresh Fruit and Veggies</u></p>	<p>21 Wednesday WG Bagel 28 gm , Cream Cheese 1 gm , WG Cereal, Juice, Fruit</p> <p>WG Bun 28 gm , WG Chicken Patty 16 gm or <u>Yogurt, Cheese Stick, WG Bread</u> Broccoli w/Cheese 10 gm, Peaches 14 gm, Fresh Fruit and Veggies</p>	<p>22 Thursday WG Breakfast Bar 47 gm ,, WG Cereal, Fruit, Juice</p> <p>WG Roll 15 gm , WG Fish Sticks 22 gm or <u>WG PB & J, Cheese Stick, WG Chips, Romaine 1.5 gm , Tropical Fruit 22 gm, Fresh Fruit and Veggies</u></p>	<p>23 Friday WG Cereal, WG Toast 15 gm , Jelly 9 gm , Egg Patty 1 gm Sausage 1 gm Fruit, Juice</p> <p>Rebel Nachos (Taco Meat, Queso Blanco 1.31 gm , WG Tortilla Chips 18 gm) or <u>Yogurt, Cheese Stick, WG Bread, Pears 16 gm Refried Beans, 24 gm, Salsa 8 gm Fresh Fruit and Veggies, WG Churro 28 gm</u></p>

26 Monday

WG Cereal, WG French
Toast Sticks **38 gm** , Syrup
20 gm Fruit, Juice

WG Mini Corn Dogs **17 gm**
or Yogurt, Cheese
Stick, WG Bread,

Sweet Potato Fries **23 gm**
, Mixed Fruit, **17 gm**
Fresh Fruit and Veggies

27 Tuesday

WG Cereal, WG Breakfast
Pizza **22 gm** , Fruit, Juice

WG Bun, Meatballs with
sauce **5 gm Cheese or**
WG PB & J, Cheese Stick,
WG Chips,

Green Beans **4 gm ,**
Peaches **14 gm , Fresh**
Fruit and Veggies

28 Wednesday

WG Cereal, WG Pancake Bites
37 gm , Syrup **20 gm** Fruit,
Juice

WG Bun **28 gm, Hot Ham**
& Cheese **8 gm or Yogurt,**
Cheese Stick, WG Bread,
Romaine **1.5 gm , Pears **16 gm****
, Fresh Fruit and
Veggies

29 Thursday

WG Cereal, Cinnamon Roll **42 gm**
Fruit, Juice

WG Bun **28 gm Pulled Pork**
or WG PB & Cheese Stick,
WG Chips Oven Fries with
Queso Blanco **1.3 gm , Rosy**
Applesauce **22 gm , Fresh**
Fruit and Veggies

30 Friday

WG Cereal, Biscuit **26 gm**
Sausage & Gravy **8 gm** ,
Fruit, Juice

WG Chili Crisпитos **46 gm**
or Yogurt, Cheese Stick,
WG Bar Refried Beans **24 gm**
, Salsa **8 gm ,**
Pineapple **17 gm , Fresh**
Fruit and Veggies, WG
Cookie **17 gm**