

2025/2026 HEAD START BREAKFAST

January 2026

Monday	Tuesday	Wednesday	Thursday
5 Breakfast Entree Blueberry Chex Cereal Fruit Applesauce Cup Milk 1% Milk	6 Breakfast Entree Sunbutter & Grape Jelly Sandwich Fruit Diced Pears Milk 1% Milk	7 Breakfast Entree Blueberry Bread Fruit Apple Slices Milk 1% Milk	1 CHRISTMAS BREAK
12 Breakfast Entree Cinnamon Toast Crunch Cereal Fruit Applesauce 1/2 cup serving Milk 1% Milk	13 Breakfast Entree Cinnamon Ultimate Breakfast Round Fruit Frozen Peach Cup Milk 1% Milk	14 Breakfast Entree Strawberry Uncrustables Sandwich Fruit Oranges, All Sizes, 1/2 cup Milk 1% Milk	8 Breakfast Entree Apple Cinnamon Muffin Fruit Oranges, All Sizes, 1/2 cup Milk 1% Milk
19 MARTIN LUTHER KING DAY	20 Breakfast Entree Honey Cheerios Cereal Fruit Frozen Apricot Cup Milk 1% Milk	21 Breakfast Entree Banana Bread Fruit Apple Slices Milk 1% Milk	15 Breakfast Entree Annie's Bunny Grahams Fruit Apple Slices Milk 1% Milk Misc. Raspberry Rainbow Trix Yogurt
26 Breakfast Entree Muffin Variety Fruit Applesauce Cup Milk 1% Milk	27 Breakfast Entree Cereal, Lucky Charms, Less Sugar Fruit Fresh Orange Milk 1% Milk	28 Breakfast Entree Sunbutter & Grape Jelly Sandwich Fruit Mixed Berries Fruit Cup Milk 1% Milk	22 Breakfast Entree Maple Waffle Snap Crackers Fruit Frozen Peach Cup Milk 1% Milk Misc. Triple Cherry Trix Yogurt
			29 Breakfast Entree Breakfast Bread Variety Fruit Apple Slices Milk 1% Milk

USDA is an equal opportunity provider, employer, and lender.