



Jamestown Area School District

Head Start Lunch Menu

October 2026



Lunch includes: Entrée (Grain & Meat/Meat Alt), Veg, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

Monday	Tuesday	Wednesday	Thursday	Friday
28-Sep Chix-fil-a Sandwich on WG Bun Lettuce, Tomato, Pickle Waffle Fries Mandrin Oranges	29-Sep Walking Taco (with Taco Toppings) Steamed Corn Mandarin Oranges Rice - All Grades	30-Sep Chicken Poppers Cinnamon Roll Hash Brown Applesauce 	1-Oct Cheese Filled Ravioli Marinara Sauce Garlic Bread Stick Garden Salad Mandarin Oranges	2-Oct Cheeseburger on WG Bun Lettuce, Tomato, Pickles Tater Tots Baked Beans Mixed Fruit
5-Oct General Tso Chicken WG Rice Pilaf Oriental Vegetables & Broccoli Chilled Pineapple Sweet & Sour Dip Sauce	6-Oct Macaroni & Cheese Garlic Bread Stick Ranch Garden Salad Fresh Strawberries	7-Oct Chicken Tender Snack Wraps (Chicken, Cheese & Ranch or BBQ) Emoji Fries Applesauce	8-Oct Walking Taco (with Taco Toppings) Steamed Corn Mandarin Oranges Apple Churro	9-Oct No School 
12-Oct No School 	13-Oct Chicken Patty on WG Bun Lettuce, Tomato, Pickles Spudster Potato Bites Sliced Peaches	14-Oct Nacho Supreme WG Rice Pilaf Refried Beans Taco Bar Toppings Garden Salad Applesauce	15-Oct Meatball Sub Crinkle Cut French Fries Garden Salad (with Italian Dressing & Garbanzo Beans) Mandarin Oranges	16-Oct Chicken Poppers (Assorted Sauces) Soft Pretzel Sticks Carrot & Celery Sticks Mixed Fruit Italian Ice Cup
19-Oct Cheese Filled Ravioli Garlic Bread Stick Green Beans Diced Pears	20-Oct Chicken Nuggets Dinner Roll Mashed Potatoes & Gravy Steamed Vegetables Sliced Peaches	21-Oct Rodeo Burger (BBQ Sauce & Onion Ring) on WG Bun Lettuce, Tomato, Pickles Baked Tater Tots Applesauce	22-Oct Turkey Bacon Wedge Chipotle Ranch Dip Potato Chips Mandarin Oranges Apple crisp	23-Oct Stuffed Crust Pepperoni Pizza Spiral Fries Mixed Fruit 
26-Oct Chicken Popper Bowl School Made WG Roll Mashed Potatoes & Gravy Steamed Corn Diced Pears	27-Oct Chick-Fil-A on WG Bun Lettuce, Tomato, Pickles Waffle Fries Sliced Peaches Chickin' Dippin' Sauce	28-Oct Hot Ham & Cheese on Bun Chips Garden Salad Applesauce Side Kick	29-Oct Corn Dogs Macaroni & Cheese Garden Salad Mandarin Oranges Iced Brownie	30-Oct Terrifying Toasted Cheese Sandwich Pickle Spear Tomato Soup Mixed Fruit

This institution is an equal opportunity provider.

Daily Fruit: Apples, Bananas, Oranges, Canned Fruit

Daily Vegetables: Carrot Sticks, Sliced Vegetables, Lentil Salad Variety, Garden Salad

Milk: 1% milk offered with every meal

Menu is subject to change related to food availability.

Please Note: This menu meets qualifications per CACFP guidelines.