



# 2025 Mobile County Track & Field Championships

**April 16<sup>th</sup> & 17<sup>th</sup> 2024 at the University of South Alabama track & field complex.** All entries must be made at [www.al.milesplit.com](http://www.al.milesplit.com). Entries close **Monday, April 14<sup>th</sup>, 2025 at 11:00pm. Do not wait until the last minute.** The entry fee is now **\$400.00 per school** (\$200 per gender team). Make checks payable to “Baker Track.” All schools that receive boys and girls supplements must pay for both teams whether they bring one or both teams. An athletic trainer will be available.

**Checks Payable to:** Baker High School, 8901 Airport Blvd., Mobile, AL 36695

**Meet Directors:** Brandon Oliver - [boliver@mcpss.com](mailto:boliver@mcpss.com) / Marcus Johnson – [mjohnson2@mcpss.com](mailto:mjohnson2@mcpss.com)

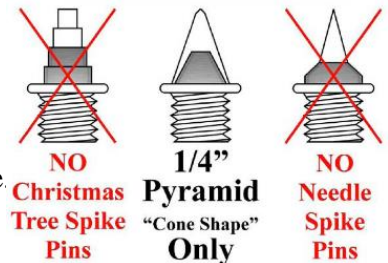
**Invited Schools:** ACCEL Day & Evening Academy, Alma Bryant, Baker, Blount, Chickasaw, Citronelle, Cottage Hill, Davidson, Faith Academy, Leflore, McGill-Toolen Catholic, Mary G. Montgomery, Mobile Christian, Murphy, B.C. Rain, St. Luke’s Episcopal, St. Paul’s Episcopal, Satsuma, Saraland, Theodore, UMS-Wright, Vigor, Williamson

**Parking:** Parking may be limited. All vehicles should park in the **Gamma Parking lot (#303)** located north of the track facility. No vehicles should park in the Mitchell Center parking lot or between the Mitchell Center and track facility. Violators may be towed at owner’s expense.

**Admission:** \$10 for ages 5 and up. Tickets available on GoFan. No entry to the track will be allowed prior to 1:30pm. For this reason, teams are strongly discouraged from arriving prior to 1:30pm.

**Awards:**

- Team Trophies – 1<sup>st</sup> & 2<sup>nd</sup> Place Girls’ and Boys’ Divisions
- Medals – 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place individuals and relay events.



**Dressing:** No dressing rooms or showers; however, restrooms will be available.

**Concessions:** There will be concessions sold.

**In an effort to provide the coaches and student-athletes with a championship environment, the following guidelines will apply:**

1. A rolling time schedule will be used. Athletes must report and check in on time.
2. Each team is allowed 3 entries per individual event and 1 relay team. In the throws and horizontal jumps, the top nine will advance to finals for three additional attempts.
3. The top eight will advance to finals in track events with preliminaries (4x100, 100, 100/110h, 200).
4. Athletes must adhere to all AHSAA rules.
5. Make sure athletes **DO NOT** mark approaches by scratching marks into the track surface with spikes.
6. Javelin approach **MAY** be on grass or on Mondo track surface. To be determined. Prepare for both.
7. Each school will be assigned a duty. Please have 1 competent volunteer from each school report.
8. Please ensure that your athletes **DO NOT JUMP OVER FENCES** at the meet. That behavior may cause them to be disqualified or even removed from the premises. We are guests and we **WILL** adhere to facility rules.
9. Prelims in the throws events will be run 2-1 (2 throws then 1). Finals will be 1-1-1.
10. **Minimums are firm.** Athletes not reaching minimums will not get marks. No exceptions.

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## Schedule of Events:

### WEDNESDAY, APRIL 16<sup>th</sup>

Time	Running Events (Rolling)
3pm	<b>Girls 4x8 Relay Final</b> <b>4x1 Relay Prelim (G, B)</b> <b>Boys 4x8 Relay Final</b> <b>Girls 100m Hurdles Prelim</b> <b>Boys 110m Hurdles Prelim</b> <b>100m Dash Prelim (G, B)</b> <b>1600m Run Final (G, B)</b> <b>200m Dash Prelim (G, B)</b>

Time	Field Events	Minimum / Opening
3pm	<b>Girls Discus</b>	<b>75</b>
	<b>(then boys)</b>	<b>100</b>
3pm	<b>Boys Long Jump</b>	<b>18</b>
3pm	<b>Girls Triple Jump</b>	<b>30</b>
3pm	<b>Boys High jump</b>	<b>5-6</b>
	<b>(then girls)</b>	<b>4-6</b>
3pm	<b>Girls Pole Vault</b>	<b>7</b>
	<b>(then boys)</b>	<b>9</b>

### THURSDAY, APRIL 17<sup>th</sup>

Time	Running Events (Rolling)
3pm	<b>Girls 800m Run Final</b> <b>4x1 Relay Final (G, B)</b> <b>Boys 800m Run Final</b> <b>Girls 100m Hurdles Final</b> <b>Boys 110m Hurdles Final</b> <b>400m Dash Final (G, B)</b> <b>100m Dash Final (G, B)</b> <b>Girls 3200m Run Final</b> <b>300m Hurdle Final (G, B)</b> <b>200m Dash Final (G, B)</b> <b>Boys 3200m Run Final</b> <b>4x4 Relay Final (G, B)</b>

Time	Field Events	Minimums
3pm	<b>Girls Javelin</b>	<b>75</b>
	<b>(then boys)</b>	<b>100</b>
3pm	<b>Girls Long Jump</b>	<b>14</b>
3pm	<b>Boys Triple Jump</b>	<b>38</b>
3pm	<b>Boys Shot Put</b>	<b>40</b>
3pm	<b>Girls Shot Put</b>	<b>27</b>