



2024-2025  
**LMS DANCE TEAM**  
**TRYOUT INFORMATION PACKET**

**Sponsor:** Jennifer Ware **Email:** [jennifer.ware@dcsms.org](mailto:jennifer.ware@dcsms.org)

Thank you for your interest in becoming a member of the Lewisburg Middle School Dance Team! Please read this packet carefully, as it contains important information regarding tryouts and if you are selected for the team. Please email Mrs. Ware with any questions.

**In order to try out, your application, permission form, and \$20 tryout fee (cash only) are due to Mrs. Ware by February 26<sup>th</sup>.**

**TRYOUT CLINIC:** An opportunity for prospective dance team members to learn the choreography and skills to try out for the LMS Dance Team. Your work ethic, how you interact in a group setting, and your ability to be teachable will be observed.

● Tuesday through Thursday, February 27-29 (3:00 pm-4:45 pm) (YOU MUST ATTEND ALL CLINIC DAYS IN ORDER TO TRYOUT)

**Location:** LMS Gym or Cafeteria

**Attire:** Please wear a T-shirt or tank with dance pants or shorts. Bring jazz shoes or tennis shoes. Hair needs to be in a ponytail. NO jewelry. NO loose, baggy, or restricting clothing. Attire should be form-fitting and comfortable.

**TRYOUT:** An opportunity for prospective dance team members to perform the tryout routine and required skills in front of judges.

● Friday, March 1<sup>st</sup>, begins at 3:00 pm. Tryouts are closed to family and friends.

**Location:** LMS Gym

**Attire:** Please wear a black fitted T-shirt or tank with black dance pants or shorts. **No writing or anything that says Lewisburg Dance on the black shirt.** You must wear jazz or tennis shoes. Hair needs to be in a ponytail. NO jewelry. NO loose, baggy, or restricting clothing.

● **Results/Roster will be posted on our social media sites by 8 pm on Friday, March 1<sup>st</sup>.**

● **You will also receive an email/text with instructions on how to join our Band App. This is how we communicate with dancers and parents throughout the year.**

● **ALL DECISIONS MADE BY THE JUDGES, COACH, AND SPONSOR WILL BE FINAL.**

**MANDATORY REQUIREMENTS FOR TRYOUTS:**

*Each participant will be judged on the following:*

**1. Skills**

- Toe touch, turns (single and double), kicks, workable headspring (able to flip over to backbend), workable kip up (push up to backbend)
- Dancers will also be given the opportunity to perform up to 2 optional skills (kip ups, headspring, back walkover, turns in second, firebirds, aerial etc.)

## 2. Tryout Routine

- This will be a combination of pom, hip hop, and jazz choreography. This combination will be taught during the tryout clinic.
- Dancers will be judged on their ability to pick up choreography in a timely manner, remembering the choreography, execution of movement, and motion technique of each style given.

## 3. Spirit and Appearance

- Dancers must project enthusiasm and a positive attitude throughout their tryout. Dancers should look presentable and age-appropriate. Appearance on social media will be considered as well.

## 4. Behavior/Academic Status

- All prospective members will be evaluated on behavior, academic status, and attendance.

## 2024-2025 SEASON INFORMATION

Being a member of the Lewisburg Middle School Dance Team is an honor and a privilege. Dancers are dedicated to performing at the highest level each time they take the field or floor; bringing entertaining, challenging routines for our crowds to enjoy. Dancers are dedicated in their role as leaders of school spirit. Dancers will promote school spirit and support our athletes at every game. Dancers exemplify sportsmanship, citizenship, academic integrity, and enthusiastic school spirit.

### UNIFORMS/COSTUMES

- The cost of the uniform is the responsibility of the individual dancer. We will try to fundraise throughout the year to make up for the costs of uniforms and other outfits.
- All uniforms, camp clothes, game-day outfits, and costumes will be chosen & approved by the sponsor and coach.
- A Varsity representative will size dancers on March 26th @ 5:30 pm after practice. This is **mandatory** for all team members.
- We cannot return specially made items such as uniforms or camp clothes that are monogrammed, opened packaged or briefs, etc.

### CAMP

- Dancers will attend UDA Dance camp June 18-21. This camp will be an overnight camp at the Hilton in Memphis, TN.
- **Camp is mandatory.** We will learn new skills, tricks, and routines and build our team community.
- More information about the camp will be given at a later date upon making the team.

### SUMMER PRACTICES

- Each dancer will receive a calendar for our summer schedule. Reasons for absences must be provided in advance to the sponsor. All other missed practices will have consequences.

- We WILL LEARN our competition choreography as a team POM (end of May) and Hip Hop (beginning of June). Each dancer will be required to be there to compete in that routine. Dates will be given upon making the team and once they have been confirmed.
- Gameday Bootcamp will be the last two weeks of July. This is all the material we will learn for all school performances including sidelines, half time routines, as well as Meet the Pats.

#### FOOTBALL, BASKETBALL, AND COMPETITION

- Dancers will attend all 7<sup>th</sup> and 8<sup>th</sup> grade home football games. If they are unable to attend a game other than being excused by a doctor or a death in the family, there will be consequences when they return to practice. Vacations are not excused absences unless cleared well in advance with the coach/sponsor. Consequences may include but are not limited to, suspension from performances or practices, dismissal from the team, etc.
- During basketball season, we will perform at as many games as possible. This will be decided when the basketball schedule and our competition season are finalized. Please note that practices are subject to change during basketball season.
- We anticipate attending several competitions this year. Competition dates will be sent out once dates are finalized.
- Be at ALL scheduled practices. If you miss a practice for any reason other than a death in the family, your spot can be filled by an alternate. During competition season, some practices WILL be on weekends (you will know these dates well in advance).
- Before a game day performance and/or pep rally: Dancer must attend and fully participate at the 2 consecutive practices prior to the performance.
- Competitions: Dancer must attend and fully participate at the 4 consecutive practices, in their entirety, prior to the performance.
- The sponsor, coach, and administration will make the decision to compete at Nationals based on the team's efforts and skills throughout the spring and summer practices. Mr. Meadows will be the one to give final word on whether we participate in a National competition. Please note if we decide to compete at Nationals, costs will go up.

#### SUSPENSION/DISMISSAL FROM SQUAD

- A dancer who resigns from the team for any reason, other than medical, will not be allowed to try out for dance the following year.
- Smoking, drinking, being under the influence, use of drugs, or physical misconduct of any kind will result in dismissal from the team subject to sponsor's discretion.
- Any discipline issues on and off the team setting may result in suspension or dismissal from the team. Please be on your best behavior.
- Irresponsible use of social media will be viewed as a discipline issue.
- Being disrespectful to or bullying coaches, teammates, peers etc. will result in disciplinary action and/or dismissal from the team at the sponsor's discretion.
- The sponsor reserves the right to suspend any dancer from practices, performances, or competitions if their academic effort is unsatisfactory. Dancers will be held accountable for being a responsible student.

## PRACTICES

- Our 1<sup>st</sup> practice will be Tuesday, March 19<sup>th</sup> from 3-4:30pm. Practice calendars will be posted in our Band App.
- Practices are closed to family and friends.
- The sponsor has final decisions regarding consequences for missed practices and performances. Consequences may include, but are not limited to, suspension from performances or practices, dismissal from the team, etc.
- All practices missed will have consequences unless there is a doctor's note or a death in the family. Please be mindful when scheduling after-school appointments (doctor, dentist, etc)
  - We love a multi-sport athlete and will work with sponsors/ coaches of other LMS sports to make arrangements for dancers to participate in other school activities. Priority MUST be given to LMS dance over outside sports/activities.
- NO jewelry will be worn at games or practices.
- NO cell phones are allowed to be used during games or practices.
- You must wear the assigned practice clothes, uniforms, performance clothes, bows, etc., as instructed by the sponsor/coach.
- NO chewing gum during games, practices, or performances.
- Dancers must have a positive attitude at all practices and performances.

## ESTIMATED COSTS (This is not fully calculated and is a rough estimate)

Game Day Uniform: \$100

Shoes & Backpack: \$150

Camp: \$400

Pom Competition Uniform: \$250

Hip Hop Competition Uniform: \$125

Warm-Up for Games: \$120

Poms: \$40

Game/Competition Make-up/lipstick: \$30

Camp/Practice Clothes: \$150

Competition Choreography Fee: \$200

Monthly Coaching Fee: \$85/month (5<sup>th</sup> of each month)

Nationals- \$1100 (if we participate)

This is an estimate of what you can expect to pay if you make the team. All prices are not final and will be adjusted based on the amount of money the team fundraises and the current cost of items.

**A camp deposit of \$200 per dancer and coaching fees are due at the mandatory parent meeting on Tuesday, March 19<sup>th</sup>, at 4:30 pm in the cafeteria.**

## Tryout Paperwork DUE February 26, 2024 includes:

1. **Permission Form**
2. **\$20 Tryout Fee (CASH ONLY)**
3. **Physical form if you do not have one on file. All current 6<sup>th</sup> graders will need to provide physical, given within the last year, from a personal physician. Any current 7<sup>th</sup> graders can use the school physical administered last April, but if you make the team, will need to renew during school physicals this April.**

**Application for 2024-2025  
Lewisburg Middle School Dance Team**

Applicant Name \_\_\_\_\_

Applicant's Cell (for sending invite to the tryout Band app) \_\_\_\_\_ the

\_\_\_\_\_  
Parent/Guardian's Name \_\_\_\_\_

Parent/Guardian's Cell \_\_\_\_\_

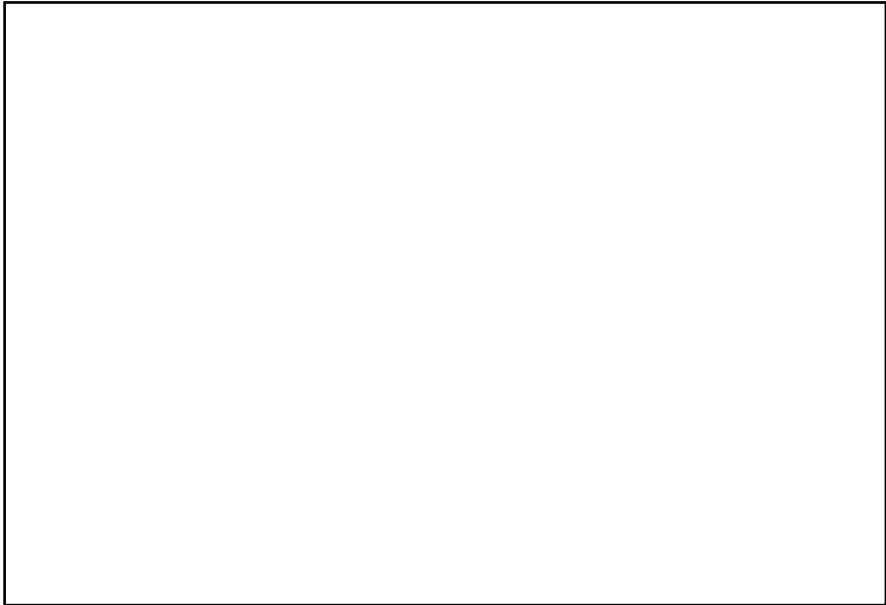
Grade for the 2024-2025 school year \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_

Do you have dance experience? Yes or No  
If yes, where and for how long have you danced? \_\_\_\_\_

\_\_\_\_\_  
Why do you want to be a dancer for Lewisburg Middle School?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you currently or do you plan to participate in any other LMS Sport/Activity?  
\_\_\_\_\_

Please staple or tape a picture of yourself in the box below and return this application.



**Permission Form for 2024-2025  
Lewisburg Middle School Dance Team Try Outs:**

I give my child, \_\_\_\_\_, permission to try out for Lewisburg Middle School's dance team and if selected join the LMS Dance Team:

- I understand the dancer must have a current overall average of 70%/C to be eligible to dance for tryouts. If not, the dancer will be dismissed from the team with no monetary reimbursement.
- I understand the dancer's discipline will be reviewed.
- I understand that teacher recommendations will be used as part of the tryout score.
- I understand the dancer must abide by all rules and regulations set forth by the sponsor and the principal of Lewisburg Middle School.
- I understand the dancer must attend clinic dates on February 27-29 to be considered for a dance position unless excused by the sponsor or a principal.
- I understand attendance at all practices and events are mandatory to be a part of this team.
- I understand that if my dancer makes the team, he or she has the possibility of being an alternate for competition routines.
- I understand that if my dancer makes the team, there will be financial responsibilities that must be paid by the set forth due date.

LMS dance team membership will be regarded as any other sport. LMS dancers are student-athletes. The sponsor's decision will be final regarding performances, discipline, suspension, and dismissal from the team.

I have read the above rules and agree to abide by its terms and conditions to fulfill my duties as a dancer/family of a dancer. I also understand that if the dancer's grades drop during the school year of 2024-2025 or are in violation of any of the rules and regulations, the dancer may be ineligible to perform and could result in dismissal from the team with **NO MONETARY REIMBURSEMENT**.

Parent/Guardian Printed Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

I have read all the rules and agree to adhere to them.

Dancer Printed Name: \_\_\_\_\_

Dancer Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Current Grade: \_\_\_\_\_