



OCTOBER 2024

BREAKFAST AND LUNCH

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------------------|--|---|--|--|--|
| 10/01 Pancake, Sausage |  | Cheeseburger Lettuce/Tomato French Fries Fruit Milk | Hot Pocket Carrots Corn Rice Krispie Fruit and Milk | Corndog Black Eyed Peas Tater Tots Fruit Milk | Pork Patty on Bun Garden Salad Beans French Fries Fruit and Milk |
| 10/02 Sausage Biscuit | | | | | |
| 10/03 Strudel, Yogurt | | | | | |
| 10/04 Cheese Quesadilla | | | | | |
| 10/07 Breakfast Pizza | Chili Crispito Garden Salad Black Beans Fruit Milk | Chicken Tenders Baked Beans au Gratin Potatoes Roll Fruit Milk | Pizza Broccoli Corn Fruit Milk | Meatloaf Mashed Potatoes Caesar Salad Turnip Greens Breadstick Fruit and Milk | Turkey Sandwich Lettuce/Tomato Potato Salad Fruit Milk |
| 10/08 Breakfast Sandwich | | | | | |
| 10/09 Chicken Biscuit | | | | | |
| 10/10 Pop-Tart, Cheese Stick | | | | | |
| 10/11 Cream Cheese Bagel | NO SCHOOL!  | Poppyseed Chicken Garden Salad Broccoli Fruit Milk | Sliced Ham Green Beans Sweet Potato Mac. and Cheese Roll Fruit and Milk | Roasted Chicken Rice Pilaf Black Eyed Peas Turnip Greens Fruit Milk | Pizza Corn French Fries Fruit Milk |
| 10/15 Cinnamon Roll, Sausage | | | | | |
| 10/16 French Toast | | | | | |
| 10/17 Egg Croissant | | | | | |
| 10/18 Cereal, Yogurt | Beef Slider Lettuce/Tomato Tater Tots Fruit Milk | Turkey/Ham/Cheese Sub. Lettuce/Tomato Pickle Carrots French Fries Fruit and Milk | Chicken Bites Dutch Waffles Salad Sweet Potato Fries Fruit Milk | Hotdog Baked Beans Cole Slaw French Fries Fruit Milk | Chicken Quesadilla Black Beans Corn Spanish Rice Fruit Milk |
| 10/21 Pancake on a Stick | | | | | |
| 10/22 Pop-Tart, Cheese Stick | | | | | |
| 10/23 Pancake, Sausage | | | | | |
| 10/24 Breakfast Pizza | Beef Patty White Gravy Potatoes Turnip Greens Roll Fruit and Milk | Chicken Wings Garden Salad Carrots Mac and Cheese Roll Fruit and Milk | Taco Soup Salad Vegetables Fruit Milk | Chicken Patty on Bun Lettuce/Tomato Broccoli French Fries Cake Fruit and Milk | |
| 10/25 Steak Biscuit | | | | | |
| 10/28 Cheese Toast, Sausage | | | | | |
| 10/29 Muffin, Yogurt | | | | | |
| 10/30 Ham/Cheese Croissant | | | | | |
| 10/31 Egg Croissant | | | | | |

MENU IS SUBJECT TO CHANGE.

All meals are served with 1% reduced fat white, chocolate, or strawberry milk. 100% fruit juice and fresh, canned, or frozen fruit are served daily.