

Monday
Tuesday
Wednesday
Thursday
Friday
Offered Daily:

- *Peanut Butter & Jelly Powerpacks
- *Pizza Powerpacks
- *Wraps/Sandwiches
- *Salads


Sampler Platter
4

- Popcorn Chicken
- Mozzarella Sticks
- Cheesy Breadstick
- Green Beans
- Baby Carrots

Take Out Tuesday
5

- General Tso's Chicken
- Lo Mein
- Roasted Broccoli
- Red Peppers Strips

Quesadilla Day
6

- Cheese or Chicken on a
WG Tortilla
- Steamed Corn
- Refried Beans
- Sliced Cucumbers

Brunch for Lunch
7

- French Toast Sticks
- Sausage Links
- Hash Browns
- Honey Roasted Carrots
- NYS Grape Slush

Dipper Day
8

- Cheese filled Breadsticks
- Marinara Sauce
- Mixed Vegetables
- Red Pepper Strips

Chicken Tenders
11

- Chicken Tenders
- Curly Fires
- Peas
- WW Dinner Roll
- Red Pepper Strips

Cheeseburgers
12

- Cheeseburgers on a WW Roll
- Lettuce, Tomatoes
- Onion Rings
- Baked Beans
- Sliced Cucumbers

Chicken Parm
13

- Chicken, Sauce, and Cheese
- Over Penne
- Green Beans
- Garlic Bread
- Cherry Tomatoes

BBQ Pulled Pork
14

- BBQ Pulled Pork on a
WW Bun
- Tater Tots
- Cole Slaw
- Baby Carrots

**NO
SCHOOL**

15
Chicken Patty
18

- Chicken Patty on WW Roll
- Fries
- Mixed Vegetables
- Sliced Cucumbers

Loaded Nachos
19

- Seasoned Ground Beef
On a WG Tortilla
- Lettuce, Tomato, Shredded Cheese
- Black Beans
- Red Pepper Strips

Goulash
20

- Meat Sauce w/ Pasta
- Roasted Broccoli
- Garlic Breadstick
- Baby Carrots

Fajitas
21

- Seasoned Chicken w/ Peppers &
Onions on a WG Tortilla
- Spanish Rice
- Corn
- Cherry Tomatoes

Pizza Day
22

- Cheese, Pepperoni,
Assorted Pizza
- Roasted Cauliflower
- Sliced Cucumbers

Nugs
25

- Chicken Nuggets
- Sweet Potato Fries
- Melba Sauce
- Dinner Roll
- Red Pepper Strips

Mozzarella Sticks
26

- Mozzarella Sticks
- Marinara Sauce
- Garlick Bread Stick
- Roasted Cauliflower
- Cherry Tomatoes

Wrap Day
27

- Crispy Chicken on WG Wrap
w/ Lettuce, Cheese
- Tater Tots
- Variety of Sauces
- Sliced Cucumbers

Chicken Alfredo
28

- Chicken Alfredo
served over Penne
- Garlic Bread
- Roasted Broccoli
- Red Pepper Strips

**NO
SCHOOL**

29

Due to Food Supply Issues, menu may change at any time.

We have a variety of fruit and vegetables available daily. Milk is included with their meal, but is not mandatory. Students must take 3 components with one being a serving of a fruit or vegetable to receive a free meal. If you have any questions, please call (518) 696-2378 ext. 1117, or email scheffco@hlcs.org