

## WORKSHEET 4: SUMMARY OF FINDINGS

This worksheet can be used to create narrative descriptions to post alongside sections from **Worksheet 3: Identifying Connections between Policy and Practice**. The purpose of these narratives is to describe the district's progress toward meeting their wellness goals. Not all districts will have information to share in all four sections.



### SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES

Our district is fully compliant with federal requirements that regulate school meal nutrition standards as it pertains to compliance with USDA nutrition standards for reimbursable school meals.

Our district also is compliant in taking measures to protect the privacy of our students in regards to eligibility for free and reduced price meals.

Our district policy also strongly addresses the written physical education curriculum for each grade as it is aligned with state physical education standards. The physical education department promotes a physically active lifestyle with students and staff.

Our district policy is compliant by including goals for nutrition education that are designed to promote student wellness by integrating nutrition education into other subjects beyond health education.



### SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN

Through the process we were able to identify areas where our policy was lacking. We have determined that the underlying causes are predominately from the district not consistently implementing nutrition education within the primary grades and in the promotion of healthy food and beverage choices.

We will address this by reviewing core content standards to identify areas to that nutrition standards could be integrated in order to promote healthy living more frequently. Additionally, administration will create a student leadership team that will work with cafeteria staff in the development of the lunch menu. The cafeteria staff will also find more opportunities to promote healthy food such as offering samples of fresh fruit and vegetables more often.



### SECTION 3: UPDATE POLICIES

We were able to identify through this evaluation there are a few policy items that are not part of our current written policy.

These include:

- Language that identifies goals for nutrition education that are designed to promote student wellness.
- Language that states that our district ensures the proper amount of annual training for food and nutrition service staff in accordance with the USDA's Professional Standards.
- Language that describes an evaluation plan and metrics for the triennial assessment.
- Language that includes a non-discrimination statement.



### SECTION 4: OPPORTUNITIES FOR GROWTH

Overall our Local School Wellness Policy compared favorable to model policies as established in the WellSAT 3.0 metrics. There some areas where both our policy and our practices do not accurately detail polices that are both federally required or strongly suggested as best practices. An action will be developed to address the critical areas where we are not meeting federal requirements as well as any other applicable best practices from model polices. The Wellness Committee will review the following and work to complete the actions in the next year.

The following actions are needed in order to meet federal requirements:

1. The water fountain in the cafeteria needs to be repaired in order for students to have access to water during meals. Currently water bottles are provided.
2. Annual training for cafeteria staff in accordance with USDA Professional Standards.
3. The school site is monitoring food for classroom parties or celebrations but there needs to be additional communication to parents regarding the nutritional guidelines.
4. Include more parents in the development, implementation, and review of the wellness policy.
5. Continue with the triennial assessment of the wellness policy and make results available to the public.
6. Add a plan for updating the policy based on results of the triennial assessment to the wellness policy.
7. Include additional strategies to encourage employee wellness.

