

Hamblen County Schools  
**August Menu 2023**

Monday	Tuesday	Wednesday	Thursday	Friday
	1  <b>Registration Day Breakfast will be Served!</b>	2	3  <b>BREAKFAST</b> Pancakes, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Cheeseburger 2 <sup>nd</sup> Hot Dog w/ Chili Baked Beans, Chips, Trimnings, Fruit, Juice, Milk	4  <b>BREAKFAST</b> Yogurt w/ Grahams, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Pizza 2 <sup>nd</sup> Chicken Sandwich Smiley Fries, Fresh Veggies w/ Ranch, Dessert, Fruit, Juice, Milk
7  <b>BREAKFAST</b> Chicken Biscuit, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Turkey & Gravy 2 <sup>nd</sup> Ham Roll, Mashed Potatoes, Peas, Fruit, Juice, Milk	8  <b>BREAKFAST</b> Waffle, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Orange Chicken 2 <sup>nd</sup> Teriyaki Beef Egg Roll, Steamed Broccoli, Sweet Carrots, Fruit, Juice, Milk	9  <b>BREAKFAST</b> Breakfast Pizza, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Chicken Taco 2 <sup>nd</sup> BBQ Nachos Corn, Black or Refried Beans, Trimnings, Fruit, Juice, Milk	10  <b>BREAKFAST</b> Warm Breakfast Bread, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Pizza 2 <sup>nd</sup> Hot Ham & Cheese Croissant Green Beans, Fresh Veggies w/ Ranch, Fruit, Juice, Milk	11  <b>BREAKFAST</b> Sausage Biscuit, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Corn Dog Nuggets 2 <sup>nd</sup> Fish Sticks Mac & Cheese, Pinto Beans, Hush Puppies, Fruit, Juice, Milk
14  <b>BREAKFAST</b> Chicken Biscuit, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Cheese Bites 2 <sup>nd</sup> Chicken Tenders Broccoli, Corn, Fruit, Juice, Milk	15  <b>BREAKFAST</b> Dutch Waffle, Cereal, Fruit, Juice, Milk <b>LUNCH</b> Scrambled Eggs Sausage Gravy Biscuit, Tater Tots, Tomatoes, Baked Apples, Juice, Milk	16  <b>BREAKFAST</b> Egg & Cheese Biscuit, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Cheese Bread Sticks w/ Marinara 2 <sup>nd</sup> Popcorn Chicken Green Beans, Sweet Carrots, Dessert, Fruit, Juice, Milk	17  <b>BREAKFAST</b> Yogurt w/ Grahams, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Turkey & Cheese Sub 2 <sup>nd</sup> Ham & Cheese Sub Chips, California Blend Veggies, Fruit, Juice, Milk	18  <b>BREAKFAST</b> Sausage Biscuit, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> BBQ Pork Sandwich 2 <sup>nd</sup> Cheeseburger Waffle Fries, Baked Beans, Trimnings, Fruit, Juice, Milk
21  <b>BREAKFAST</b> Chicken Biscuit, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Beef Patty w/ Brown Gravy 2 <sup>nd</sup> Popcorn Chicken Roll, Mashed Potatoes, Peas, Fruit, Juice, Milk	22  <b>BREAKFAST</b> Warm Breakfast Bread, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Cheese Bites 2 <sup>nd</sup> Quesadilla Steamed Broccoli, Corn, Fruit, Juice, Milk	23  <b>BREAKFAST</b> Pancakes & Bacon, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Cheeseburger 2 <sup>nd</sup> Hot Dog w Chili Baked Beans, Chips, Trimnings, Fruit, Juice, Milk	24  <b>BREAKFAST</b> Warm Pastry, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Pizza 2 <sup>nd</sup> Chicken Sandwich Smiley Fries, Fresh Veggie Mix w/ Ranch, Dessert, Fruit, Juice, Milk	25  <b>BREAKFAST</b> Sausage Biscuit, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Corn Dog Nuggets 2 <sup>nd</sup> Fish Sticks Mac & Cheese, Pinto Beans, Hushpuppies, Fruit, Juice, Milk
28  <b>BREAKFAST</b> Chicken Biscuit, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Turkey & Gravy 2 <sup>nd</sup> Ham Roll, Mashed Potatoes, Peas, Fruit, Juice, Milk	29  <b>BREAKFAST</b> Waffle, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Orange Chicken 2 <sup>nd</sup> Teriyaki Beef Egg Roll, Steamed Broccoli, Sweet Carrots, Fruit, Juice, Milk	30  <b>BREAKFAST</b> Breakfast Pizza, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Chicken Taco 2 <sup>nd</sup> BBQ Nachos Corn, Black or Refried Beans, Trimnings, Fruit, Juice, Milk	31  <b>BREAKFAST</b> Warm Breakfast Bread, Cereal, Fruit, Juice, Milk <b>LUNCH</b> 1 <sup>st</sup> Pizza 2 <sup>nd</sup> Hot Ham & Cheese Croissant Green Beans, Fresh Veggies w/ Ranch, Fruit, Juice, Milk	

**\*\*Salad bar and PBJ grab-n-go bags will also be a daily lunch option\*\***