



Hallow's Eve is 10/29 @ 6pm
Wear your best costume and bring your quarters
for a scary-good time. All are welcome!

OCTOBER 2026

Forest Hills Consolidated School

A look into November:
11/6 Report Cards Go Home
11/11 – No School – Veteran's Day
11/23-11/27 No School – Thanksgiving Break

Monday

Tuesday

Wednesday

Thursday

Friday

Cereal

5

Hot Dogs & Bun
Baked Beans
Coleslaw

Cinnamon Roll

6

Beef Stew
Greenbeans
Rolls

Waffles

7

Spaghetti with Meat Sauce
Broccoli

Muffin

8

Chicken Burger
Sweet Potato Fries
Corn

Early Release at 11:30 am

Cereal

2

Pizza
Veggie Sticks

No School

Teacher Workshop Day

9

No School
Indigenous Peoples Day

12

Pancakes

13

Italian Casserole
Garlic Bread
Greenbeans

Bagel

14

Turkey & Cranberry
Croissant Sandwich
Crackers & Hummus
Tomato & Lettuce

PopTart

15

Cheeseburger Bomb
French Fries
Carrots

Cereal

16

Chicken Bacon Ranch
Pizza
Corn

Oatmeal

19

Beef Nachos
With Lettuce, Peppers,
Tomatoes, Cheese,
Sour Cream & Salsa

French Toast

20

Cheddar Broccoli Soup
Open Face Toasted
Cheese

Muffin

21

Chicken Nuggets
Rice & Corn

Early Release at 11:30 am
Parent Teacher Conferences

Yogurt Parfait

22

Sloppy Joes
Tator Tots & Carrots

Early Release at 11:30 am
Parent Teacher Conferences

Cereal

23

French Bread Pizza
Mixed Veggies

Cereal

26

Mac & Cheese
Hot Dog
Broccoli

Breakfast Bar

27

Ham Hoagie
Chips
Veggie Stick

Bagel

28

Ravioli
Salad
Garlic Bread

PopTart

29

Shepherds Pie
Greenbeans & Roll

Hallow's Eve – 6pm

Cereal

30

Chicken Parm Burger
French Fries & Carrots

Quarter 1 Ends

Menu is subject to change based on availability.

Snack Milks & Extra Milks at mealtimes are available to purchase - \$.50 each.

A variety of low-fat milk is served at every meal as well as fruits & vegetables. PBJ or yogurt is offered as an alternative lunch choice. FHCS uses WowButter for peanut butter.

This institution is an equal opportunity provider.