

A Note from the School Health Office

Date: 12/21/2021

Dear Parents/Guardians,

This letter is to inform you that the New Jersey Department of Health has made a few changes regarding quarantine timeframes. While the 14-day quarantine period is optimal, the NJDOH has taken into consideration the CDC options to shorten quarantine. Below are acceptable options to shorten quarantine. These are the guidelines that both School Health Offices will be following as of today:

- **7-day quarantine with testing for close contacts:** Unvaccinated persons can end quarantine after Day 7, after receiving a negative COVID-19 test result collected between Day 5 and Day 7.
- **10-Day quarantine without testing for close contacts:** Unvaccinated persons can end quarantine after Day 10 if they haven't been tested for COVID-19.

Quarantine exceptions include fully vaccinated individuals and individuals who have tested positive for COVID-19 within the previous 90 days (*who have subsequently recovered and remain asymptomatic*).

***** Additionally, quarantine surrounding domestic and international travel will now be put into place. Travelers who are not fully vaccinated should get tested for COVID-19 3-5 days after travel and self-quarantine at home for 7 days, even with a negative test result. Travelers who do not get tested should stay home and self-quarantine for 10 days after travel.*****

Lastly, students with COVID-19 compatible symptoms and **no known exposure** to a COVID-19 case in the last 14 days, may be allowed to return to school **only if that student is given an alternative diagnosis (i.e. strep throat/influenza/worsening of a chronic illness) supported by clinical evaluation with coinciding documentation OR negative COVID-19 test results.**

The School Health Offices appreciate your understanding and cooperation with these new guidelines. Any questions should be directed to the appropriate School Nurse for clarification. Thank You and have a wonderful holiday!

Susan Pipczynski RN- Broad Street School

Amy Camp RN- Nehaunsey Middle School