

Laguna Division of Early Childhood



March 2022 Newsletter

PO Box 798 Pueblo of Laguna, NM 87026

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Family Service Providers

Education Manager
Special Education Coordinator



February 25, 2022

Greetings Division of Early Childhood Families,

We hope this letter finds your family healthy and well. Thank you for registering your child in advance of yesterday's COVID testing at DEC. The importance to prior registration for testing is so that the confirmation code generated with your registration coincides with your child's name. Tests without a confirmation code will not be accepted by the lab.

What follows this page is a sample form of what your child will be taking home on Friday, February 25. The form is for you to complete with the registration information and to be returned to your child's teacher by March 2, 2022.

Our next COVID test clinic at DEC for children ages 2 and up will take place **March 8, 8:00 a.m. – 10:00 a.m.** in the PRC. We continue to follow the LDoE School Re-entry Plan, which does not allow for parents/guardians to be in our buildings. If you prefer to be present with your child for testing, or you feel that your child will not test in your absence, you have the option of taking your child to the Mesita Complex for testing, by appointment only. The recommendation is that if you choose this option, to please have your child tested at Mesita on the same day as DEC is testing. This way, your child remains on the same test schedule as all DEC children.

As a reminder, students who are dropped off curbside, will begin with a temp check, followed by a health screen. Once completed, students will be assisted out of the vehicle by DEC staff and taken to the PRC for testing. DEC staff will also be tested on this day.

A friendly reminder to adults at bus stops and in vehicles at curbside is that LDoE continues to have a mask mandate in place. If you are not wearing a mask, DEC staff will respectfully ask you to please put on your mask. Please note that staff are simply following COVID Safe community and district policy practices. We appreciate your compliance.

If you have any questions or concerns, please contact me.

Thank you.

Ruth Hidalgo
552.6544



February 25, 2022

Greetings DEC Families,

As per Governor Kowemy's Emergency Public Health Order School Testing for Community Safety dated 02/01/22, all staff and students are to test weekly and then move to every other week. The order can be found on the POL website <https://www.lagunapueblo-nsn.gov/>

Our next COVID test clinic at DEC will be Tuesday, March 8, 8:00 a.m. – 10:00 a.m. Please register your child on the NMDOH website <https://cvtestreg.nmhealth.org/> using the Laguna location and the test date of 03/08/22. Once you register your child you will receive a confirmation code. This code is needed to process your child's test sample that is collected on campus.

If you prefer to be present with your child for testing, or you feel that your child will not test in your absence, you have the option of taking your child to the Mesita Complex for testing, by appointment only. The recommendation is that if you choose this option, to please have your child tested at Mesita on the same day as DEC is testing. This way, your child remains on the same test schedule as all DEC children.

Please fill out and return this form to your child's teacher by Tuesday, March 2, 2022.

Student's Name: _____

Teacher: _____

Confirmation Code: _____

If you have any questions regarding testing, registration, or need assistance in registering your child, please call DEC (505) 552.6544

Early Head Start



Sunnyside Classroom

Andrea Lucario & Lorisa Pacheco

Andrea Lucario/ a.lucario@lagunaed.net

Lorisa Pacheco/ lpacheco@lagunaed.net

(505) 552-6544 ext. 5201

What we are learning:

In the month of February, we focused on Language: Sign language (Twinkle Little Star & Itsy Bitsy Spider & Brown Bear, What Do You See), simple words, and communicating through books, songs, emotions, and Keres. We focused on colors, how colors changed when using primary colors (red, yellow, and blue) to make secondary colors (orange, green, and purple), numbers, shapes, spatial relationships, (focused in, on, under, behind, and in front), textures (how things feel) and animals.

Sunnyside & Chinatown News!

For the month of March, we will continue to focus on Language: Sign language, simple words, and communicating through books, emotions, and Keres. We will also continue problem solving, using fine motor skills (drawing/ scribbling, painting, grasping objects) and gross motor skills (dancing/movements in hands and bodies to songs).

We are going to be focusing on one word throughout the day, and can be said in English and Keres.

Upcoming Events/ Reminders

To be announced...

- ◆ March 8th STEAM Night @ 5pm-6:30pm
- ◆ March 17th Outside Bread Making @10am
- ◆ March 30th Easter Pudding Making @10am
- ◆ Tentative Date for In-Person Learning will be Monday, March 7, 2022. Teachers will be reaching out to parents.



Parent Tip

Children reach milestones in how they play, learn, speak, behave and move.

- ◆ Talk to your child
- ◆ Answer when your child makes sounds, by repeating the sounds and adding words.
- ◆ **Encourage your child's growing independence** by letting them help dress and feed themselves.



Birthday/Celebrations

All our fellow friends from Sunny Side are Walking!

Thank you parents for the constant communication

Thank you children and parents for engaging in the activities and watching the recorded sessions.

At home Activities

- ◆ Play a copy game-Imitate the movements your child makes.
- ◆ Sing and Dance— **If you're** happy and you know it— clap your hands— play a variety of music to dance to.
- ◆ Read to your child everyday!
- ◆ Bottle Bowling

Chinatown Classroom

Teachers: Evelyn Garcia & Sandra Lewis

552-6544 ext. 5200

e.garcia@lagunaed.net, s.lewis@lagunaed.net

SPRING BREAK!

What we are learning:

This month we will be learning about clans and how to say them in Keres.

Also, we will participate in making bread and Easter pudding—within developmentally appropriate measures. Most of the handling of items will be done by an adult. Infants and toddlers will be able to taste the foods and touch the dough & corn husks.

Sunnyside & Chinatown News!

Our Health Focus is “Healthy Heart.”

In Chinatown, we will exercise (simple movements), learn ways to calm ourselves when having strong feelings, and continue to eat healthy foods (low in salt and low in fat)



Upcoming Events/Reminders for March

2-4—Parent Teacher Conferences

8—STEAM Activity

13—Daylight Saving Time begins

15—Nutrition “Cabbage” activity

17—Outdoor Bread Activity

18—Early Dismissal

21-25—Spring Break

30—Easter Pudding Activity



Parent Tip

ECLK, Early Childhood Learning and Knowledge Center, is a website run by the Office of Head Start. If you are interested in learning about child development practices, techniques, and early learning outcome framework (ELOF), that is the site to go to. I encourage all parents to look at the site because of the information it holds.

<https://eclkc.ohs.acf.hhs.gov/>

Celebrations

**Laguna Feast
March 19th**



**Remember, to follow
safe practices!**

At home Activities

Will be given at the beginning of the week. Check your child’s folders for the weeks lesson plan!

Any corresponding activities will be shared in this manner, or via email.

Thank you!



Turquoise Springs

Teacher Bee & Teacher Nessa

Turquoise Springs Classroom: Teacher Bee and Teacher Venessa

Contact Information –Phone /Email etc. B.saiz@lagunaed.net/v.deutsawe@lagunaed.net

What we are learning:

Classroom Name News!

This month children will be learning:

- ⇒ Fine motor skills– Using hands and fingers
- ⇒ Following step by step directions
- ⇒ Comprehending Language
- ⇒ Counting from 1-5
- ⇒ Recognizing letters
- ⇒ Keres words– names of clans
- ⇒ Learning the Keres names of family members
- ⇒ This month we will be learning about Easter Activities:
- ⇒ Making bread, and Easter Pudding

This month is Healthy Heart month. We will be talking about how to stay healthy by exercising, eating healthy foods and taking care of your heart.



Upcoming Events/Reminders

March 8th- Steam Night

March 15th- Nutrition Activity Cabbage

March 17th– Outdoor Indian Bread making

March 30th– Easter Pudding making



Parent Tip

- Encourage child to participate in school activities
- Have child on a daily schedule
- Choose healthy foods to eat
- Exercise daily
- Limit screen time for children
- Spend family time
- Model for your child, when they see you, they will follow.

Birthday/Celebrations

We would like to say thank you to the parents, guardians, grandparents and caretakers for encouraging your child to get on to zoom . We understand the challenges in virtual learning. You are all doing a terrific job. High fives to you all.



At home Activities

- Read books and have conversations about the book
- Family dining– have conversations with family at meal time
- Explore outside– go for walks, have a scavenger hunt with colors, shapes and letters.
- Self-help skills– use feeding utensils, wash hands, brush teeth, go to the potty.

Pre-School Head Start

Seama Room- Zee'yama Guy'yah

Teachers: Faye Peacock & Angel Day

Teacher Contacts: Faye Peacock: Cell # 239-4385 Email: l.peacock@lagunaed.net
 Angel Day: Cell # 505-337-9080, Email: a.day@lagunaed.net

What we are learning:

Seama Classroom News

Seama Room learned about boxes in the month of February. We explored the different types of boxes and the characteristics of boxes. We learned about what boxes can be used for and can be made into.

In the month of March we will be learning about Bread!

Bread is everywhere, we eat some type of bread at every meal. During our Bread study children will have the opportunity to learn how to make bread, work together and develop a variety of skills to: predict, experiment, plan, write, draw, examine and negotiate with others. We will gather data & meet interesting people who work with bread. The Bread study will give children opportunities to engage in literacy skills, math, arts, & technology to investigate and represent their understanding of important concepts related to physical development, science, and culture.

Seama Room children have been learning their letters! They are starting to recognize the first letter of their names.

We are happy that many of our children joined us for virtual learning! We will continue our 11:15 AM sessions for those students that are still virtual.

We are also very happy that our students are back with us for in-person learning. We look forward to the rest of the school year, that's all the new we have, thank you!



Upcoming Events/Reminders

March 1st—S.T.E.A.M. Activity—Let's Make Clay!

March 2nd, 3rd, & 4th—Parent Teacher Conferences via Zoom—Students will not be in session these three days.

March 15th—Nutrition Activity: Cabbage/Using Green & Purple

March 17th—Bread Making Demo

March 21st—Feast Day Observance & March 22, 23, 24, 25, 2022 SPRING BREAK for Children/Professional Development for Staff.

March 30th—Easter Pudding Making



Parent Tip

Celebrations

At home Activities

- Have your child do arts and crafts with lots of cutting to help them develop their fine motor skills. Encourage them to keep trying even if they get frustrated!
- Take some time for yourself to relax and get back into a routine, this will help your child get used to their routine as well!

We would like to thank these parents for your dedication to getting your child on Zoom everyday. We appreciate you!

Congrats & thank you!!

Calyssa Arkie, Sean Martin, Chelsea Antonio, Collin Peacock, Kyleen Shroulote, Joanna Yazzen, Delia Edwards, & Rainy Silva.



Letter Recognition Activity:
 Make a line with masking tape on the floor & place a trash can about 4 feet away. Tell your child which letter to find. Once they find the right letter, they can crumble the paper into a ball, and stand on the tape to toss it into the trash can.



Encinal Classroom

Contact Information: 505-552-6544 Ext 5110

C.lucero@lagunaed.net
 M.francis@laguna.net
 S.lucero@lagunaed.net

What we are learning:

Encinal room has been busy bees and working hard every day. We talked about the uses of boxes. We made many crafts using boxes; musical instruments, robots, and animal homes.

The children have been working on their alphabet letters, a new letter each day. We also continue to practice writing our names.

Thank you parents/families for being there for your child and helping with the activities that are given each day.

Using repetitive language with children along with sign language.



Encinal Classroom News!

In the month of March our study will be:

Culture Lifeways: Easter Activities (Easter pudding making via zoom)

Creative Curriculum: Bread (Bread making zoom March 17)

Conscious Discipline: Power of Free Will

CLASS language: Quality of Feedback, Regard for student perspective

Nutrition: Cabbage March 15, 2022

Health: Healthy Heart

We will have activities in each of these areas. Our classroom will continue to work on letter recognition, numbers, colors, and our name writing.

Upcoming Events/Reminders



March 1, 2022 STEAM activity: Making Clay 10am zoom

March 2-4, 2022 **No School** ~ Parent/Teacher Conferences

March 13, 2022 Daylight Saving Time begins

March 21-25, 2022 **No School** LDoE Spring Break

*Look out for note for Encinal room Dr. Seuss activities



Parent Tip

Parents the weather is still a bit chilly, please send your child with a jacket.

Some of the children need to bring in extra clothes in case of accidents.



Birthday/Celebrations

Happy Birthday Leilani G.S. 3/24

Happy Birthday Dr. Seuss March 2, 2022



Perfect Attendance for Zoom Shout out to



Josiah N.

Jaxson C.



Thank you families!!!

At home Activities

Reading books. Writing the book titles on your reading log.

Counting numbers, identifying letters in name, naming colors and shapes.











Paguate Classroom

School # (505) 552-6544 EXT. 5109

Teacher Juana-j.natseway@lagunaed.net, Cell: 505-980-6182





Teacher Annabelle-a.garcia@lagunaed.net, Cell: 505-331-4333

| What we are learning: | Paguate Room News! |
|--|---|
| <p>This month the children will be exploring the topic bread. The children will have an opportunity to learn about how bread is made, the kinds of bread we eat, how and when we eat bread, the people who work with bread, and how to create their own recipe for bread. The children will explore important thoughts in Science and Social Studies and strengthen skills in Science, Physical, Literacy, the Art, and Math.</p> <div style="display: flex; justify-content: space-around;">   </div> | <p>Children are repeating names of colors and counting along up to 10 in Keres.</p> <p style="text-align: center; font-size: 2em; font-weight: bold;">1 2 3</p> <p>Children are learning their big and little clans in Keres and English.</p> <div style="display: flex; justify-content: space-around; align-items: center;">       </div> |

Upcoming Events/Reminders

| | |
|---|--|
| <p>*March 2, 3, and 4—Parent Teacher Conferences</p> | <p>*March 18—Half a Day</p> |
| <p>*March 8—STEAM Engagement</p> | <p>*March 21 -25—Spring Break</p> |
| <p>*March 15—Nutrition Activity—Cabbage</p> | <p>*March 30—Easter Pudding Making</p> |
| <p>*March 17—Outdoor Bread Making</p> | <div style="display: flex; justify-content: space-around; align-items: center;">   </div> |

| Parent Tips | Birthday/Celebrations | At home Activities |
|-------------|-----------------------|--------------------|
|-------------|-----------------------|--------------------|

| | | |
|--|---|---|
| <p>A) Engage in conversation with your child as often as possible.</p> <p>B) Read books and talk about the characters and the story.</p> <p>C) Answer their questions and ask a few of you own.</p> <div style="text-align: center; margin-top: 10px;">  </div> | <p>*We would like to welcome L.L to Paguate Classroom.</p> <div style="text-align: center; margin: 10px 0;">  </div> <p>*Children were able to play on the playaround.</p> <div style="text-align: center; margin-top: 10px;">  </div> | <ul style="list-style-type: none"> Roll play dough into different shapes and count the side and points. Have a shape scavenger hunt inside and/or outside. <div style="text-align: center; margin-top: 10px;">  </div> |
|--|---|---|

Haadzaatya (Mesita) Room

Teacher Marissa & Teacher Kailyn

m.analla@lagunaed.net

kailyn.aragon@lagunaed.net

(505)552-6544 ext.5107

What we are learning:

- Children use fingers and hands to create splatter art using boxes, string, and paint.
- Children have identified compound words using pictures.
- Children learned to clap syllables of a variety of familiar pictures. Pictures included: Egg, hamburger, button, alligator, ladybug, baby, fly, butterfly.
- Children were introduced to simple addition using a muffin pan and cupcake wrappers.
- Children made their own Oobleck (Slime) recipe using cornstarch and water.

Mesita News!

WOW, IT IS ALREADY MARCH!!! How that time has really gone by. Feels like we have barely started school. We are now getting close to the end of the school year and our friends will be heading to Kindergarten.

This month, our study will be focused on Bread. Families, we will be sending the lesson plan with the activities and materials that will be needed throughout the week.



Upcoming Events/Reminders



- March 1: STEAM Family Engagement Activity
- March 2, 3, 4: NO SCHOOL (Parent-Teacher Conference)
- March 18: Half Day-Early Dismissal
- March 21-25 (SPRING BREAK) Enjoy your break! Stay safe.
- March 30: Easter Pudding Making



Parent Tip

- Continue to check emails frequently for any updates, news, etc.
- Continue to read with your child for about 15 minutes a day/evening.
- Take time for yourself, read a book, take a walk or dive, write in a journal.
- Exercise with your child for about 10-15 minutes.

Birthday/Celebrations

Thank you, families who have sent us pictures, videos, and notes about how your child is doing whether they are virtual or in-person learners.

You are awesome FIRST TEACHERS!



Zoom Session Update

New Zoom Time— 9:45 everyday.

Continue to have materials ready for children when getting on Zoom session.




MARCH

Laguna Classroom


Ms. Yvonne and Ms. Deutsawe

y.francis@lagunaed.net and c.deutsawe@lagunaed.net

(505)552-6544 x 5108

| What we are learning: | Laguna Classroom News! |
|--|--|
| <p>We have finished up with the study, Boxes. We read <i>Not a Box</i> by Antoinette Portis and <i>The Nowhere Box</i> by Sam Zuppardi. We too used our imaginations to create our own “nowhere and not a boxes.”</p> <p>We explore different shapes of boxes, and recreate the shapes with our Magna Tiles.</p> <p>In the month of March, our study will be Bread. A study of bread provides opportunities for children to learn how to make bread, how and when we eat bread, the many types of bread there are and who makes /bakes bread. There are so many ways to explore bread.</p>  | <p>One activity will be the classroom will be making PB & J sandwiches.</p> <p>In this activity uses all the school readiness skills by using their cognitive skills, literacy and math skills on how to make a peanut butter and jelly sandwich.</p> <p>Cognitive– we will come up with the recipe to make a peanut butter sandwich.</p> <p>Literacy– reading/writing out the recipe.</p> <p>Math–How many slices of bread will we need to make peanut butter and jelly sandwiches for the classroom?</p> <p>Materials: Sandwich bread, your choice of jelly, and pea-</p> |

Upcoming Events/Reminders






March 1st- **STEAM** Activity

March 2nd , 3rd, and 4th - NO School Parent Teacher Conferences

March 17 - Outdoor Bread Making

March 30, 2022 Easter Pudding Activity



| Parent Tip | Birthday/Celebrations | At-Home Activity |
|---|---|---|
| <p>Using the Teaching Strategies Gold Family App.</p> <p>The TSG Family App. Is a application that parents and teachers can communicate and send information back and forth.</p> <p>It is so much easier to get pictures and observations to your teachers.</p> <p>If you need some more information please reach out to your teachers.</p> <p>Thank you to the families who are already using the app.</p> |  <p style="text-align: center;">Birthday</p> <p style="text-align: center;">Ila</p> <p style="text-align: center;">Welcome to our class!</p> <p style="text-align: center;">Arin Al'xander Draven Ila</p> | <p>At home activities you can do with your child.</p> <p>Allow them to help with making bread.</p> <p>As a family, try a different type of bread together</p>  |



Contact Information

Division of Early Childhood

(505) 552-6544

EMAIL:

k.herrera@laqunaed.net

t.touchin@laqunaed.net



Parent Committee Meeting

Topic: Nutrition

Date: March 01, 2022

Time: 1:00pm

Zoom Link:

<https://us02web.zoom.us/j/81880522250?pwd=VE9EUXd0dThhRUYyc1lrT1h5cm1tQT09>

Meeting ID: 835 8405 7799

Passcode: 618766

Call-In 1-346-248-7799

FAMILY SERVICE PROVIDERS



Tiffany Touchin & Kathleen Herrera

Virtual Learning:

For further information, please contact your teachers.

HATCH Tablets: If you are experiencing any issues please contact HATCH Technical Support @ 1-800-624-7968.

Jet Packs: Are still available with completion of application. Application can be found on LDOE website.

Covid-19 Information

EOC Liaison for schools:

Please contact Katrina Riley for further Covid-19 Information @ (505) 321-8283.

S.T.E.A.M Activity: Homemade Rainbows

Date: March 08, 2022

Time: 10:00am

Zoom Link:

<https://us02web.zoom.us/j/4735735201?pwd=KzdYNndCR3NwNFh0S2p5MmptMndZQT09>

Meeting ID: 473 573 5201

Passcode: STEAM

Resources

| | |
|--|----------------|
| Laguna EOC | (505) 552-1212 |
| POL Covid Testing | (505) 250-6792 |
| Laguna Community Health Center | (505)431-0711 |
| Laguna Community Health & wellness | (505) 552-5740 |
| ACL Clinic | (505) 552-5300 |
| Emergency (EMT) | (505) 552-6666 |

Friendly Reminders

Be Safe – Be Kind – Be Respectful

Covid-19 safe practices still in effect

Temp. checks for all students at bus stop and program drop off

Masks MUST be worn by all staff, children & parents at bus stops and program drop off

Social Distancing 3ft. while waiting to load buses

Keep child(ren) home if demonstrating symptoms





Greetings Families,

My hope is that you and your families are doing well and ready to enjoy some nice weather.

Below are some important dates to remember for the month of March:

- ⇒ March 2nd-4th Parent Teachers Conferences.
NO SCHOOL FOR CHILDREN.
- ⇒ March 18, 2022 Half Day for all children and staff.
VIRTUAL INSTRUCTION FOR ALL CHILDREN.
- ⇒ March 21st-25th Spring Break.
NO SCHOOL FOR CHILDREN. Children will return on
Monday, March 28, 2022.

Tip:

Families are able to access the My Teaching Strategies Family App on your phone, tablet, or computer to communicate with teachers. Families are able to send pictures, send /view messages, and access lesson plans and learning activities on the app.

We are aware family's schedules vary and may not be available when teachers make contact, this is a great tool to use to communicate with your child's teachers anytime of the day. If you are needing help accessing the app, please contact myself or your child's teacher.

<https://teachingstrategies.com/wp-content/uploads/2017/12/MyTeachingStrategies%E2%84%A2-How-To-Guide-for-Families.pdf>

Thank you for your continued support in your child's educational journey!

Respectfully,

Gayleen Ruben, Education Manager

505-552-6544 ext. 5001

505-280-3656

g.ruben@lagunaed.net



Special Education Coordinator

Margaret Mascarenaz

| Information: | At-Home Activity |
|--------------|------------------|
|--------------|------------------|

Thank you to all families that participated in the Father-Daughter, Mother-Son Dance. We had lots of fun!

We are now back with in-person learning. The DEC program makes safety and engaging learning environments top priority for all children’s learning.

I continue to be available to all DEC enrolled families that may have concerns or questions regarding your child’s learning whether learning through virtual sessions or if your child is now back in-person

Tips for Parents:

Using the child’s home environment as a “Teaching Tool” can be easy and rewarding for children and simple, with no major expense for families. For example kitchens have many objects that are safe and can be handled by children for a hands-on experience. There are many benefits to using home-made sensory boxes for children. Some of the ways it assists with children’s development are:

- *Promotes communication skills by developing language , attaching words to objects
- *helps develop children’s fine motor (small hand muscles),
- * Promotes alertness and brain function,
- *Boosts self-esteem and well-being, *
- and promotes academic skills like counting, identifying colors, shapes.



Depending on the age of your child/children:

Make a Sensory Box –for exploration and learning fun.

Sensory boxes can be made by closing up a box and cutting out a space big enough for your child’s hand to reach in and pull out objects like, a clean towel, a spoon, a large serving spoon, a plastic cup , a small securely sealed bag of Jell-O pieces. This gives children sensory experiences, adults can use words to describe colors, shapes, use counting, words that describe textures,

Contact Information:

Margaret Mascarenaz

Email: m.mascarenaz@lagunaed.net

Phone: (505) 552-6544 ext. 5206



DEC ZOOM SCHEDULE FOR VIRTUAL LEARNING

| Times: | Classroom: | Meeting ID/ Passcode |
|--|-------------------------|--|
| | Early Head Start | *Sunnyside/Chinatown will remain virtual until March 1, 2022. |
| 9:30-9:45 AM 10:30-10:45 AM 11:30-11:45 AM | Sunnyside * | <u>Sunnyside:</u> Join Zoom Meeting https://us02web.zoom.us/j/3046370217? pwd=RTFhaFB6M0sydkcxdm1wZnVvNVpyQT09 Meeting ID: 894 5795 7152 Passcode: sunnyside |
| 8:45-9:00 AM 9:30-10:00 AM 10:45-11:00 AM | Chinatown * | <u>Chinatown:</u> Meeting ID: 781 125 0872 Passcode: Chinatown |
| 10:30 AM | Turquoise Springs | <u>Turquoise Springs:</u> Join Zoom Meeting https://us02web.zoom.us/j/81270726710? pwd=T09ubGs3SmtUa2FPdEc5T1R5YlltUT09 Meeting ID: 812 7072 6710 Passcode: 692523 |
| | Pre-School Head Start | |
| 11:15 AM | Seama | <u>Seama:</u> Join Zoom Meeting https://us02web.zoom.us/j/81953397992? pwd=QWExQmk5SmxuSW1vUkxUQjhYnlzUT09 Meeting ID: 819 5339 7992 Passcode: SEAMA |
| 11:00 AM | Encinal | <u>Encinal Classroom:</u> Join Zoom Meeting https://us02web.zoom.us/j/86540411453? pwd=MG5vSW5EL1FzWTE3bitLbk5CcUJadz09 Meeting ID: 865 4041 1453 Passcode: 484183 |
| 11:00 AM | Paguete | Join Zoom Meeting https://us02web.zoom.us/j/8178020551? pwd=dk5LWlJSZks2VjM0K1psU0dIWDJydz09 Meeting ID: 817 802 0551 Passcode: Paguate |
| 11:30 AM | Laguna | <u>Laguna Classroom:</u> Join Zoom Meeting https://us02web.zoom.us/j/87214855156? pwd=TGFuUVVvM0lvQUJMeVZxaFJQRGUrdz09 Meeting ID: 872 1485 5156 Passcode: Boxes |
| 9:45 AM | Mesita | <u>Mesita:</u> Meeting ID: 889 8909 6702 Passcode: MESITA |

S.T.E.A.M

FAMILY ENGAGEMENT ACTIVITY

Let's Make Clay!

March 1, 2022 10:00 am

Topic: S.T.E.A.M. Activity - Let's Make Clay!
Time: Mar 1, 2022 10:00 AM Mountain Time (US and Canada)

Join Zoom Meeting
[https://us02web.zoom.us/j/81180200169?](https://us02web.zoom.us/j/81180200169?pwd=d25EL2F2UktpQjZiQ2YvaTZOOXpkUT09)
pwd=d25EL2F2UktpQjZiQ2YvaTZOOXpkUT09

Meeting ID: 811 8020 0169
Passcode: STEAM

EHS can have the dough pre-made

PHS will make dough with teachers during the activity



YOU WILL NEED:

- **1 Cup Water**
- **3 Cups Flour**
- **1 1/2 tsp. Salt**
- **1/4 Cup Oil**
- **Food Coloring (Optional)**
 - **Large Bowl**
- **Measuring Cups/Spoons**



NAP presents Resiliency, Culture & Meditation to Promote Emotional Health

Cost: [FREE]
March 10th, 2022
10:00 AM—11:30 AM

Join us in a virtual seminar to explore using culture, resiliency, and meditation techniques to address emotional health



LAYTON SMALL, Northern Cheyenne

Clayton is the CEO for the American Indian non-profit, Native PRIDE that has two outstanding culture-based prevention curriculums entitled, Native HOPE and The Good Road of Life that are delivered throughout Indian Country. He has comprehensive knowledge and experience in community mobilization, strategic visioning, Indian education, organizational development, youth leadership, prevention, wellness/healing, team-trust building, cultural competency, and creating positive change. He conducts training and facilitation nationally and internationally. His programs offer leadership and hope for American Indian, a-Alaska Native, and First Nations people.



KAREN WACONDA-LEWIS, Isleta/Laguna Pueblo

Karen joins Western Medicine with Native healing in preventive health, mental health and overall well-being. She has brought native medicine into an urban American Indian health clinic in Albuquerque and continues to expand the program to local hospitals, Indian Health Service, VA Hospital and surrounding organizations. She is the founder and director of Center for Native American Integrative Healing, LLC where other indigenous healers practice their traditional medicine and extends out to the community. She also is the founder of Wa'Kanda Retreat & Spa which brings in holistic, chemical free, healing for those in chronic need. She is a graduate of Spirit Rock Community Dharma Leader and regularly provides dharma teachings with integration of native teachings throughout NM, nationally and at Insight Meditation Society-staff and teacher training.

Register Now at <https://bit.ly/3BvchUC> or email devona@chronicdiseasenm.org

Oven Bread Making



When: March 17, 2022
Time: 10:00 AM

JOIN US AS WE MAKE DELICIOUS OVEN BREAD!

Topic: Oven Bread Making

Time: Mar 17, 2022 10:00 AM Mountain Time (US and Canada)

Join Zoom Meeting

[https://us02web.zoom.us/j/82620514045?](https://us02web.zoom.us/j/82620514045?pwd=Mm9YZ1Fva0RLS1h6NGtXSEY5MHdxZz09)
[pwd=Mm9YZ1Fva0RLS1h6NGtXSEY5MHdxZz09](https://us02web.zoom.us/j/82620514045?pwd=Mm9YZ1Fva0RLS1h6NGtXSEY5MHdxZz09)

Meeting ID: 826 2051 4045

Passcode: OVEN

Ingredients Needed

FLOUR, LARD, SALT, WATER OR
MILK, ACTIVE DRY YEAST, LARGE BOWL
OR PAN, BREAD PANS.

IF USING OUTSIDE OVEN:

CEDAR WOOD, MOP, PADDLE, RAKE,
OATS.



Welcome back to school!

It is time to start the New Year off on the right foot. ACL dental will be coming in to the Laguna Preschool/Early Head Start on the 3/28/22-4/1/22 to clean your child's teeth with their toothbrush and give a fluoride treatment as a part of the school dental program that Acoma Canoncito Laguna Service Unit offers.

Virtual families may call Laura at the dental office to schedule an appointment for a cleaning.

The permission slips that were signed for the initial dental screenings and fluoride treatment are still in effect, if you have any questions, please feel free to call Laura at ACL Dental at 552-5367 or Gayleen Ruben at the Preschool Head Start 552-6544.



Easter Pudding Making!

March 30, 2022

10 AM



Ingredients Needed:
Flour, Sugar, Panocha Flour, Brown Sugar,
Hot Water, & Corn Husks.

ZOOM LINK:

Topic: Easter Pudding Making
Time: Mar 30, 2022 10:00 AM Mountain Time (US
and Canada)

Join Zoom Meeting
[https://us02web.zoom.us/j/85900181720?
pwd=RIVuS0NGWVZZbWtoZGxhNHhlcnRyZz09](https://us02web.zoom.us/j/85900181720?pwd=RIVuS0NGWVZZbWtoZGxhNHhlcnRyZz09)

Meeting ID: 859 0018 1720
Passcode: EASTER

