

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Cumberland County Schools



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Collect interesting containers, packing materials, yarn, glitter, etc. Save the supplies for rainy day art sessions.
- 2. Have a jump rope contest today. See how many jumps your child can do in a row.
- 3. At dinner, price each dish. Can your child add up the cost of the meal?
- 4. After your child completes a nonfiction reading assignment, ask to hear about it in your student's own words.
- 5. Pretend to go back in time. Have your child pick a historic event, then reenact it together.
- 6. Make your child laugh! Tell a joke, read a funny story or poem, sing a silly song or draw a cartoon.
- 7. Ask your child to think of an animal that starts with each letter of the alphabet (skip the letter X).
- 8. Play a game of charades with your child. Use hand gestures and motions to describe your word.
- 9. Turn off the screens this evening! Read or play games instead.
- 10. Have your child write a poem or story from the point of view of a family pet.
- 11. Play Alphabet Mixup. Choose a word and rearrange the letters in alphabetical order. Can your child figure out the word?
- 12. Hum a song and see if your child can guess its name.
- 13. Help your child organize books by subject, title or author.
- 14. When your child is unsuccessful, ask, "How could you do it differently next time?"
- 15. Take a fraction walk with your child. Write down what you see: $\frac{3}{6}$ of cars are blue, $\frac{4}{5}$ of houses have a gray roof.
- 16. Let your child plan dinner tonight. How many food groups can your elementary schooler include?
- 17. Put on music and spend 15 minutes drawing or writing together. Let the music be your inspiration.
- 18. Invent a word with your child. Write a definition as it would appear in the dictionary.
- 19. Cut an apple in half. Let your child dip the cut edge in paint and press it on paper to make fruit prints.
- 20. Help your child find ways to pursue interests in greater depth.
- 21. Hold a family meeting. Establish some goals as a family.
- 22. Ask your child to guess how many times you blink in a minute. Then, let your child observe you and check!
- 23. Put together a "kitchen band." How many kitchen objects can your child use to make music?
- 24. Have your child draw a picture. Next, ask your elementary schooler to make up a story about it and tell it to somebody.
- 25. Plan an imaginary vacation with your child.
- 26. Talk together about something your child has done well today.
- 27. Bake bread with your child. Biscuits are simple to prepare.
- 28. At dinner, have each family member say something they appreciate about every person at the table.
- 29. Make up a secret code with your child. Use it to write notes this week.
- 30. Experiment by holding your noses while eating a snack. Ask your child, "Does it change the taste of the food?"