

**6th-12th GRADE Parent/Guardian HEALTH TEKS - PLEASE RETURN THIS PERMISSION FORM BY September 18, 2024.**

Dear Parent/Guardian,

Frankston ISD has adopted the ESTEEM Curriculum to meet the Texas Essential Knowledge and Skills (TEKS) health requirements in 6th grade. Trained teachers from our school district will be delivering the ESTEEM curriculum. ESTEEM covers the TEKS in six health related areas that are presented in 2 interactive journal workbooks.

**ALL STUDENTS WILL PARTICIPATE IN WORKBOOK A** which includes Physical Health and Hygiene; Mental Health and Wellness; Healthy Eating and Physical Activity; Injury and Violence Prevention; Alcohol, Tobacco, and other Drugs.

In addition to Book A (described above), parents have the **opportunity to select** the following highly recommended lessons in **Workbook B**. These recommended lessons in the ESTEEM curriculum includes the **mandatory** Texas Senate Bill 9 requirements including reproductive and sexual health, child abuse, family violence, dating violence and sex trafficking.

Each workbook will be taken home to the parents/guardians upon course completion.

**IMPORTANT!! DO NOT SKIP!!      PLEASE RETURN TO SCHOOL.**

**Y / N** My child **CAN** participate in **ALL** lessons in Workbook B. If **N** (no), select lessons below.

**Please circle Y for EACH lesson that your child CAN ATTEND or N for those your child CANNOT ATTEND.**

**Y / N Lesson 10:** Puberty, emotional/physical changes, brain/human/fetal development, reproduction

**Y / N Lesson 11:** Teen pregnancy, abstinence, STIs, emotional consequences, avoidance- benefits, family support

**Y / N Lesson 12:** Child abuse laws, reporting abuse, gangs, weapons, trafficking, safety plan, family/dating violence

**Y / N Lesson 13:** Media influence, emotional impact of social media, sexting, pornography, cyberbullying, online trafficking

**Y / N Lesson 14:** Goals review, dating/marriage, benefits of waiting, success sequence, character contracts

Note: The district will be separating the boys and girls for Lessons 10 through 14.

You may review the workbooks located at your child's campus office. You can also view resources on our Student Health and Advisory Committee website at <https://txfrankstonisd.schoolinsites.com/shac>

To watch a Parent Info Video and/or view workbooks online, visit <https://mercymanor.com/esteem> Password: HealthJourney24

For more information, call or email your school contact: Kim McGuffey at [kimmcguffey@frankstonisd.net](mailto:kimmcguffey@frankstonisd.net) or 903-876-2215.

Parent/Guardian Name: \_\_\_\_\_ Cell #: \_\_\_\_\_

STUDENT NAME: \_\_\_\_\_ GENDER (circle one): Male/Female AGE: \_\_\_\_\_

STUDENT RACE (check one):

\_\_\_\_\_ American Indian      \_\_\_\_\_ Black/African American      \_\_\_\_\_ Hispanic/Latino      \_\_\_\_\_ Other

\_\_\_\_\_ Asian      \_\_\_\_\_ Native Hawaiian      \_\_\_\_\_ White/Caucasian