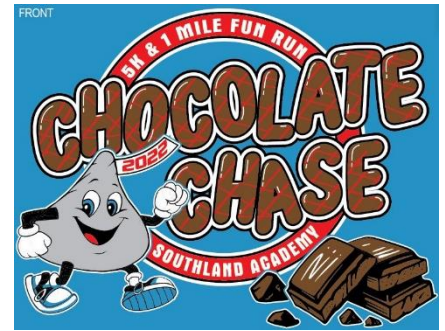


The Chocolate Chase

5K & 1 Mile Fun Run

Saturday, February 12, 2022



LOCATION/COURSE:

Southland Academy – 123 Southland Road – Americus, GA
The trail is the cross country course (consisting of dirt and gravel) used for Southland Academy school competitions.

SCHEDULE:

5K – 9:00am 1 Mile Fun Run – 9:00am AWARDS – 10:00am

MORE INFORMATION:

Alison Humphrey at ahumphrey@southlandacademy.org
Ashleigh Arnold at ashleighowens14@gmail.com

REGISTRATION / ENTRY FEES: All checks payable to – Southland Academy

5K -----	\$25 pre-registration -----	\$30 on race day
1 Mile Fun Run ----	\$20 pre-registration -----	\$25 on race day
Chocoholic Runner (not running) -----		\$25 donation & receive t-shirt

RACE DAY REGISTRATION:

Registration begins at 8:00am. Pre-registered runners may pick up shirts and bibs at this time. Shirts are guaranteed to runners who pre-register by February 1st. If registering on race day, you may receive a shirt at a later date.

AWARDS:

Special awards will be given to the overall male and female winner in each race. Medals will be given for the top 3 males and female runners in each age group of the 5K.

5K Age Groups – 9 & under / 10-14 / 15-19 / 20-29 / 30-39 / 40-49 / 50-59 / 60 & up

1 Mile Fun Run – 12 & Under

LAST NAME _____ FIRST NAME _____

Check One: Male _____ Female _____ Age (on race day) _____

Phone # (____) _____ Email _____

Address _____

City _____ State _____ Zip Code _____

RACE: (circle one) 5K 1 Mile Fun Run Chocoholic Runner

T-Shirt Size - short sleeve: (circle one)

Youth & Adult Sizes are Gildan

YXS	YS	YM	YL		
AS	AM	AL	AXL	A2XL	A3XL

*******IMPORTANT: Waiver on back MUST be signed to participate*******

WAIVER AND RELEASE: I, individually, (and/or parent/guardian of the named minor), for and in consideration of acceptance of this entry, agree and certify that I am in proper physical condition to participate in this event, and further agree that the sponsors, organizers, promoters, directors, or persons connected with the event are under no obligation to provide physical examination or other evidence of my fitness to participate in such event. I assume all risk associated with participating in this event, including but not limited to the weather (to include high heat and humidity), condition of the road and other race area surfaces, the conduct of spectators and other runners, falls, collisions, illness, and/or death. I hereby for myself, my heirs, my administrators, and executors forever waive, release and discharge Southland Academy, race directors, officers, members, sponsors, all officials, participants, organizers, planners, and volunteers for any injuries sustained or arising out of my association with, entry in, or participation in the race and any pre-, post- or other race-related activities. I agree to abide by all instructions from all race officials.

Signature of Participant: _____

Date: _____

(Parent or guardian must sign if participant is under 18 years of age)