

## Welcome to the Student Wellness Resources

Mrs. Morgan is APT's full -time school Student wellness and federal meals coordinator. If you have any health concerns from food allergies to vaccinations – Please contact Mrs. Morgan at (813) 248- 5600 or [smorgan@academyprep.org](mailto:smorgan@academyprep.org)

**\* Student Health Profile - link is up to date \***

### Health and Safety Protocols

Students who exhibit symptoms of respiratory or gastrointestinal infections, such as cough, fever, sore throat, vomiting, or diarrhea while at APT will be sent home.

Please do NOT send your child to school if he/she has or has had:

- A fever more than 99.5 degrees within the last 24 hours (must be fever free without fever-reducing medication)
- Vomiting or diarrhea within the last 24 hours
- Continuous coughing not relieved with cough medicine

As students can contract colds and/or the flu during the school year, we would greatly appreciate your assistance in preventing the spread of illnesses. Here are some tips to help prevent the spread of illness at home or school:

- Plenty of rest and nutritious foods.
- Do not eat or drink from the same utensil or container as someone else.
- Keep hydrated by drinking plenty of water.
- When coughing or sneezing, cover the nose and mouth by coughing or sneezing into a tissue or bent elbow.
- Practice frequent hand washing with soap and water, or with hand sanitizer.

To further assist in the prevention of spreading illness (at home or at school), parents may choose to send their children to APT with a disposable medical or fabric mask. Masks, which are not considered a part of the APT uniform, must not obstruct the student's vision, be well-fitted, and be worn properly while at APT. Masks must be solid-colored and not contain any logos, patterns, or decorations.

### The Junior League of Tampa Alliance for Period Supplies

Through our partnership with The Junior League of Tampa Alliance for Period Supplies (APS), we are able to offer our students period products each month.

If you are interested, please [click here to register for FREE supplies](#).