

HAMBLÉN COUNTY SCHOOLS K-8 MENU, SEPTEMBER 2022

BREAKFAST: fresh or canned fruit, 2 choices of juice & milk choice offered daily
LUNCH: fresh or canned fruit, 2 choices of juice, fresh veggies & milk choice offered daily

				THURSDAY, 09/01/22	FRIDAY, 09/02/22
				BREAKFAST	BREAKFAST
				(1)French Toast Sticks (2)Cereal Choice	(1)Pancakes w/2 pc Bacon (2)Cereal Choice
				LUNCH	LUNCH
				(1)French Bread Pizza (2)Cheese Quesadilla Green Beans Sweet Glazed Carrots	(1)Chicken & Dumplings (2)Baked Hamb Mashed Potatoes Peas
MONDAY, 09/05/22	TUESDAY, 09/06/22	WEDNESDAY, 09/07/22	THURSDAY, 09/08/22	FRIDAY, 09/09/22	
LABOR DAY HOLIDAY NO SCHOOL	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	(1)Sausage Biscuit (2)Cereal Choice	(1)Scrambled Eggs & Toast (2)Cereal Choice	(1)2 Pk Poptart (2)Cereal Choice	(1)Dutch Waffle (2)Cereal Choice	
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
	(1)Hamburger/Cheeseburger (2)Hot Dog w/Chili Waffle Fries Baked Beans *Sandwich Trimmings/Pickle	(1)Chicken Tenders (2)Cheese Bites Steamed Broccoli Corn Cookie	(1)Big Daddy Pizza (2)Hot Ham & Cheese Croissant Green Beans California Blend	(1)Fish Sticks (2)Corn Dog Nuggets Pinto Beans Mac & Cheese Hush Puppies	
MONDAY, 09/12/22	TUESDAY, 09/13/22	WEDNESDAY, 09/14/22	THURSDAY, 09/15/22	FRIDAY, 09/16/22	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
(1)Sausage Biscuit (2)Cereal Choice	(1)Breakfast Pizza (2)Cereal Choice	(1)French Toast Sticks (commodity) (2)Cereal Choice	(1)Warm Pastry (#894291, 838340, 401034) (2)Cereal Choice	(1)Gravy Biscuit (2)Cereal Choice	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
(1)Mozz Cheesy Breadstick (2)Popcorn Chicken California Blend Green Beans	(1)Chicken Tenders (2)Beef Teriyaki w/Brown Gravy Sister Schubert Roll Mashed Potatoes Peas	(1)Hamburger/Cheeseburger (2)Hot Dog w/Chili Sweet Potato Waffle Fries Baked Beans *Sandwich Trimmings/Pickle	(1)French Bread Pizza (2)Chicken Patty Sandwich Smiley or Emoji Fries Cookie *Sandwich Trimmings/Pickle	(1)BBQ Chicken Sandwich (2)Corn Dog Nuggets French Fries Corn **use the commodity diced chicken for the sandwich**	
MONDAY, 09/19/22	TUESDAY, 09/20/22	WEDNESDAY, 09/21/22	THURSDAY, 09/22/22	FRIDAY, 09/23/22	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
(1)Sausage Biscuit (2)Cereal Choice	(1)Donut Holes (#839520) (2)Cereal Choice	(1)Breakfast Pizza (2)Cereal Choice	(1)Pancakes (Pre-Packaged, Any Flavor) (2)Cereal Choice	(1)Chicken Biscuit (2)Cereal Choice	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
(1)Popcorn Chicken (2)Cheese Bites Green Beans California Blend	BREAKFAST FOR LUNCH (1)Scrambled Eggs (2)Sausage Biscuit/Gravy Tater Tots	(1)Chicken Breast Fillet (2)Hamburger Steak w/Brown Gravy Sister Schubert Roll Mashed Potatoes Peas	(1)Big Daddy Pizza (2)Chicken Patty Sandwich Corn Steamed Broccoli *Sandwich Trimmings/Pickle	(1)Fish Sticks (2)Corn Dog Nuggets Pinto Beans Mac & Cheese Hush Puppies	
MONDAY, 09/26/22	TUESDAY, 09/27/22	WEDNESDAY, 09/28/22	THURSDAY, 09/29/22	FRIDAY, 09/30/22	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	NO SCHOOL PROFESSIONAL DEVELOPMENT DAY ALL STAFF	
(1)Sausage Biscuit (2)Cereal Choice	(1)Cinnamon Roll (#505333) (2)Cereal Choice	(1)Breakfast Pizza (2)Cereal Choice	(1)Pancakes (Pre-Packaged, Any Flavor) (2)Cereal Choice		
LUNCH	LUNCH	LUNCH	LUNCH		
(1)Hamburger/Cheeseburger (2)Hot Dog Chips Baked Beans *Sandwich Trimmings/Pickle	(1)Beef Nachos (2)Chicken Fajita Taco Corn Refried or Black Beans	(1)Chicken Tenders (2)Lasagna Roll Up Garlic Toast Steamed Broccoli California Blend Veggies	(1)Big Daddy Pizza (2)Turkey & Cheese Sub Green Beans Sweet Glazed Carrots Cookie		