

7.7.1 Dual Enrollment & Dual Enrollment/Dual Credit – In addition to the guidelines by which qualified high school students are allowed to take post-secondary college courses, the Board may, upon recommendation of the Superintendent, establish guidelines & procedures for Dual Enrollment & Dual Enrollment/Dual Credit in accordance with the regulations of the State Department of Education.

- a. With Dual Enrollment – qualified students may take post-secondary college courses and may earn college credit.
- b. With Dual Enrollment/Dual Credit – qualified students may take post-secondary college courses and may earn both high school & college credit.
- c. Courses offered at the student’s high school may not be taken at a post-secondary educational institution for dual enrollment/dual credit.

7.8 *Graduation, Certificate of Completion, and Commencement*

Students who have satisfactorily completed requisite course work, met minimum attendance criteria, and passed required examinations are eligible for graduation. Students who have fulfilled coursework requirements but who have not passed the required graduation examination are eligible to participate in graduation ceremonies and will be presented with a “certificate of completion.” Student participation in graduation ceremonies and related graduation activities will be subject to the principal’s approval and payment of outstanding financial obligations. Participation in a graduation-related ceremony may be prohibited by the principal if the student violates disciplinary standards or if, in the judgment of the principal, the student’s participation could lead or contribute to disorder or disruption of the ceremony or activity.

7.9 *School Wellness*

In furtherance of its commitment to fostering healthy nutritional and physical activities that support student achievement and that promote the

development of lifelong wellness practices, the Board endorses the following programs, practices, and activities:

7.9.1 Nutrition Education – The District aims to teach, model, encourage, and support healthy eating by students. Schools will provide nutrition education and engage in nutrition promotion that:

- a) Is designed to provide students with the knowledge and skills necessary to promote and protect their health
- b) Include enjoyable, developmentally-appropriate, culturally-relevant, and participatory activities, such as cooking demonstrations or lessons, promotions, taste-testing, farm visits, and school gardens;
- c) Promote fruits, vegetables, whole-grain products, low-fat and fat-free dairy products, and healthy food preparation methods;
- d) Emphasize caloric balance between food intake and energy expenditure (promotes physical activity/exercise);
- e) Link with school meal programs, cafeteria nutrition promotion activities, school gardens, Farm to School programs, other school foods, and nutrition-related community services;

7.9.2 School Meals- Pelham City Board of Education is committed to serving healthy meals to children, with plenty of fruits, vegetables, whole grains, and fat-free and low-fat milk; moderate in sodium, low in saturated fat, and zero grams *trans*-fat per serving; and to meet the nutrition needs of school children within their calorie requirements. The school meal programs aim to improve the diet and health of school children, help mitigate childhood obesity, model healthy eating to support the development of lifelong healthy eating patterns, and

support healthy choices while accommodating cultural food preferences and special dietary needs.

All schools within the District participate in USDA child nutrition programs, including the National School Lunch Program (NSLP), the School Breakfast Program (SBP), and the At-Risk Snack Program. The District also operates additional nutrition-related programs and activities including Grab and Go Breakfast and Reimbursable Meal Vending. All schools within the District are committed to offering school meals through the NSLP and SBP programs, and other applicable Federal child nutrition programs, that:

- a) Are accessible to all students;
- b) Are appealing and attractive to children;
- c) Are served in clean and pleasant settings; and
- d) Meet or exceed current nutrition requirements established by local, state, and federal statutes and regulations.
- e) Menus will be posted on the Pelham City Schools website.
- f) Menus are created by the CNP Director, a Registered Dietitian.
- g) Pelham City Schools Child Nutrition Program will accommodate students with special dietary needs.
- h) Participation in Federal child nutrition programs will be promoted among students and families to help ensure that families know what programs are available in their children's school.
- i) Promote healthy food and beverage choices using smarter lunchroom techniques.

- j) Marketing and advertising of food and beverages will be only of foods that meet the Smart Snacks in school nutrition standards.

7.9.3 Physical Education and Physical Activity Opportunities – Children and adolescents should participate in physical activity every day. A substantial percentage of students’ physical activity can be provided through these components: physical education, recess, classroom-based physical activity, walk and bicycle to school and out-of-school time activities and the district is committed to providing these opportunities. These varied opportunities may be in addition physical education.

The District will provide students with physical education, using an age-appropriate, sequential physical education curriculum consistent with national and state standards for physical education. The physical education curriculum will promote the benefits of a physically active lifestyle and will help students develop skills to engage in lifelong healthy habits, as well as incorporate essential health education concepts.

All students will be provided equal opportunity to participate in physical education classes. Pelham City Schools will make appropriate accommodations to allow for equitable participation for all students and will adapt physical education classes and equipment as necessary.

7.9.4 Other School-Based Activities Designed to Promote Student Wellness-
The Pelham Board of Education is committed to providing school environments that promote and protect children’s health, well-being, and ability to learn by supporting healthy eating and physical activity. Through the Local School Health Councils, the school system will engage students, parents, teachers, food service professionals, health professionals, school representatives, board members, school administrators and other interested community members in developing, implementing, monitoring, and reviewing district-wide nutrition and physical activity policies. The school’s local wellness

team coordinator, in conjunction with the Child Nutrition Program Director, will conduct these monitoring activities on an annual basis.

- 7.9.5 Administrative Implementation – The Board, as the recognized food and nutrition services authority for the school district, shall annually approve a free and reduced price meal program. It is the Board’s expectation that the teachers shall support the food service program in every respect and encourage children to eat a well-balanced meal each day. Teachers should use the cafeteria as a laboratory to teach good nutrition and etiquette to students. Teachers are strongly encouraged to eat in the school cafeteria with their students. Any concerns regarding the local school breakfast or lunch program should be reported to the school principal.

Pelham City Board of Education is committed to ensuring that all foods and beverages available to students on the school campus during the school day support healthy eating. The foods and beverages sold and served outside of the school meal programs (i.e., “competitive” foods and beverages) will meet the USDA Smart Snacks in School nutrition standards and the State Nutrition Standards and Regulations, at a minimum. Smart Snacks aim to improve student health and well-being, increase consumption of healthful foods during the school day, and create an environment that reinforces the development of healthy eating habits. A summary of the standards and information are available at: <http://www.fns.usda.gov/healthierschoolday/tools-schools-smart-snacks>.

To support healthy food choices and improve student health and well-being, all foods and beverages outside the reimbursable school meal programs that are sold to students on the school campus during the school day will meet or exceed the USDA Smart Snacks nutrition standards and the State Standards and Policies. These standards will apply in all locations and through all services where foods and beverages are sold, which may include, but are not limited to, a la carte options in cafeterias, vending machines accessible to students, and school planned activities. All foods offered for celebrations and

rewards_on the school campus will meet or exceed the USDA Smart Snacks in School nutrition standards and State Standards and Policies. Foods and beverages that meet or exceed the USDA Smart Snacks in Schools nutrition standards may be sold through fundraisers on the school campus during the school day.

The Superintendent and his designated representatives shall be responsible for operating an economically sound child nutrition program in accordance with state and federal laws and regulations. The Superintendent shall recommend for appointment the necessary personnel to initiate and maintain a quality child nutrition program. The accounting, financial planning, and reporting functions of the program shall be coordinated within the central office.

All sanitation standards required by law shall be strictly observed in each local school's child nutrition program. This shall include, but not limited to, physical examination requirements of employees, preparation procedures, conditions of kitchens and dining areas and maintenance procedures. The CNP Director and the school principal will share responsibility for the operation and supervision of the school child nutrition program.

[Ref: P.L. 108.265, Part 210 and 220, and Section 204 Child Nutrition and WIC Reauthorization Act.]

7.10 *Selection of Supplemental Learning Resources*

The Superintendent is authorized to develop criteria for approval by the Board for selection, use, and retention of supplemental learning resources for schools operated by the Board and a procedure for the use and review of those materials, to include procedures for addressing objections or reconsideration of those resources.

7.11 *Special Education*

The Pelham Board of Education will provide educational and related services to exceptional students who qualify under state and federal guidelines. Such students are encouraged to take full advantage of or to