



# FRAZIER SCHOOL DISTRICT

*Inspire and Empower*

## HIGH SCHOOL

FEBRUARY 2025



### Lunch Menu

**Frazier participates in CEP**

**All Student meals are Free**

**Adult Lunch: \$4.65**



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3 Wing Basket</b> Boneless Dill Wings Crinkle Cut Fries Fruit & Vegetable Bar Milk Choice	<b>4 Nachos Grande</b> Beef, Cheese, Sr Cream, Salsa Seasoned Mixed Veggies Fruit & Vegetable Bar Milk Choice	<b>5 Meatball Hoagie</b> w/ Mozzarella Cheese Seasoned Green Beans Fruit & Vegetable Bar Milk Choice	<b>6 Chicken Tenders</b> Mini Loaf Mashed Potatoes & Gravy Fruit & Vegetable Bar Milk Choice	<b>7 School Made Pizza</b> w/o Pepperoni Seasoned Broccoli Fruit & Vegetable Bar Milk Choice
<b>10 Chicken Parm Sandwich</b> Golden Potato Smiles Fruit & Vegetable Bar Milk Choice	<b>11 General Tso' Chicken</b> o/ Fried Rice Egg Roll & Broccoli Fruit & Vegetable Bar Milk Choice	<b>12 Mini Corn Dogs</b> Seasoned Peas Baked Beans Fruit & Vegetable Bar Milk Choice	<b>13 French Toast Sticks</b> Sausage Links Golden Hashbrown Rounds Fruit & Vegetable Bar Milk Choice	<b>14 Italian Dunker Sticks</b> Mini Salads Seasoned Green Beans Fruit & Vegetable Bar Milk Choice
<b>17 Popcorn Chicken Bowl</b> Mashed Potatoes w/ Gravy Golden Corn & Dinner Roll Fruit & Vegetable Bar Milk Choice	<b>18 Walking Taco</b> w/ Cheese, Lettuce, Sr Cream, Salsa, Refried Beans & Veggie Fruit & Vegetable Bar Milk Choice	<b>19 Smokehouse BBQ, Bacon                      Cheese Steak Burger</b> Golden Tatar Tots Fruit & Vegetable Bar Milk Choice	<b>20 Creamy Mac &amp; Cheese</b> Mini Cornbread Loaf Seasoned Carrots Fruit & Vegetable Bar Milk Choice	<b>TEACHER                      IN-SERVICE                      DAY</b>
<b>24 BBQ Rib Sandwich</b> French Fries Fruit & Vegetable Bar Milk Choice	<b>25 Ham &amp; Cheese Strombol</b> Potato Chips Seasoned Mixed Veggies Fruit & Vegetable Bar Milk Choice	<b>26 Hot Dog On Bun</b> w/o Chili & Cheese Chili & Seasoned Corn Fruit & Vegetable Bar Milk Choice	<b>27 Penne Pasta w/ Meatsauce</b> Garlic Breadstick Mini Salad & Green Beans Fruit & Vegetable Bar Milk Choice	<b>28 School Made Pizza</b> w/o Pepperoni Fruit & Vegetable Bar Milk Choice

**Daily Alternates may included**

- Cheeseburger on a Bun
- Hamburger on a Bun
- Breaded Chicken Patty/Bun
- Spicy Chicken Patty/Bun
- Chef Salad w/Choice of Meat, Croutons & Dinner Roll
- Cold Wraps with Chips

**Additional Choices of Fresh Fruits and Vegetables offered daily may include:**

- Apples, Apple Slices, Oranges, Grapes,
- Bananas, Seasonal Fruits, , Baby Carrots, Cucumber Slices and Celery Sticks

**Canned/Frozen Fruits can include:**

- Applesauce, Mandarin Oranges
- Mixed Fruit, Peaches, Pears,
- Pineapple Tidbits

Menu Subject to Change

To qualify as a free lunch, students must take 3, 4 or 5 items, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Smart Snacks available for purchase, from account or cash

**Students are offered low fat and non fat milk choices daily and is included with all meals**

The Frazier School District Food Service  
 Department needs Cafeteria Workers  
 Applications available at the Administratin Office

Food Service Manager  
 Christie Mansberry  
 724-736-9507 x431  
 cmansberry@fraizersd.org