



Lunch / Recess  
11:52-12:20pm (B)  
12:20-12:47 (G)

<b>Week 1 *8/10*</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
MEAL	BBQ Meatballs (4) per child W/ Mashed Potatoes	Nachos	Corn Dogs	<b>Chicken and Yellow Rice</b>	Cheese Pizza
GRAIN	Whole Wheat Grain Roll (1) per child	Whole Wheat Grain Tortilla Chips	Whole Wheat Grain Bread	<b>Whole Wheat Grain Roll</b>	Whole Wheat Grain Crust
FRUIT	Pears	Mandarin Oranges	Pineapples	<b>Peaches</b>	Pears
VEGETABLES	Green Beans	Lettuce & Black Beans	Baked Beans	<b>Steamed Carrots</b>	Salad
OTHER FOODS/ CONDIMENTS	N/A	Taco Sauce	Ketchup	<b>N/A</b>	Ranch

Milk is offered with every meal

- Fat – Free Flavored and Unflavored Milks
- Low Fat (1%) unflavored choices
- Lactose Intolerant Milks will be provided for those in need



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<b>Week 2</b> <b>8/14-8/18</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
MEAL	Pulled BBQ Chicken	Soft Tacos	Chicken Patty Sandwich	Baked Ziti	Cheese Pizza
GRAIN	Whole Wheat Grain Bun	Tortilla	Whole Wheat Grain Bread	Whole Wheat Grain Pasta	Whole Wheat Grain Crust
FRUIT	Pears	Pineapples	Mandarin Oranges	Pears	Pineapples
VEGETABLES	Corn	Lettuce & Black Beans	Steamed Carrots	Green Beans	Salad
OTHER FOODS/ CONDIMENTS	N/A	Taco Sauce	Ketchup	N/A	Ranch

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<b>Week 3 8/21-8/25</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
MEAL	Chicken Alfredo w/ Penne Pasta	Chicken w. Yellow Rice	Sloppy Joe's	Turkey & Cheese Sandwich	Cheese Pizza
GRAIN	Whole Wheat Grain Roll (1) per child	Rice	Whole Wheat Grain Bun	Whole Wheat Grain Bread	Whole Wheat Grain Crust
FRUIT	Pineapples	Pears	Mandarin Oranges	Peaches	Pineapple
VEGETABLES	Carrots	Black Beans	Corn	Mixed Veggies	Salad
OTHER FOODS/ CONDIMENTS	N/A	N/A	N/A	N/A	Ranch

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<b>Week 4 8/28-9/1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
MEAL	Hot Dogs	Chicken Teriyaki	Shepard's Pie w. Mashed Potatoes	Buffalo Chicken Sub	Cheese Pizza
GRAIN	Whole Wheat Grain Bun (1) per child	Rice	Whole Wheat Grain Rolls (1) per child	Whole Wheat Grain Bun (1) per child	Whole Wheat Grain Crust
FRUIT	Pineapple	Mandarin Oranges	Peaches	Pears	Pineapples
VEGETABLES	Baked Beans	Mixed Veggies	Green Bean's	Steamed Carrots	Salad
OTHER FOODS/ CONDIMENTS	Ketchup	N/A	N/A	N/A	Ranch

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<b>Week 5 9/4- 9/8</b>	<b>Monday LABOR DAY</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
MEAL	<b>SCHOOL CLOSED</b>	Chicken w. Gravy & Mashed Potatoes	Nachos	Corn Dog	Cheese Pizza
GRAIN		Whole Wheat Grain Roll	Tortilla Chips	Whole Wheat Grain Bread (1) per child	Whole Wheat Grain Crust
FRUIT		Mandarin Oranges	Pineapples	Peaches	Pears
VEGETABLES		Steamed Carrots	Lettuce & Black Beans	Baked Beans	Salad
OTHER FOODS/ CONDIMENTS		N/A	N/A	N/A	Ranch

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<b>Week 6 9/11-9/15</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
MEAL	Mini Beef & Cheese Subs	Meatballs w. Gravy (4)	Spaghetti w. Pasta	Pulled BBQ Chicken	Cheese Pizza
GRAIN	Whole Wheat Grain sub bun	Yellow Rice	Whole Wheat Grain Pasta	Whole Wheat Grain Bun (1) per child	Whole Wheat Grain Crust
FRUIT	Pineapple	Pears	Mandarin Oranges	Pineapples	Tropical Fruit
VEGETABLES	Corn	Green Beans	Steamed Carrots	Baked Beans	Salad
OTHER FOODS/ CONDIMENTS	N/A	N/A	N/A	N/A	Ranch

Milk is offered with every meal

- Fat – Free Flavored and Unflavored Milks
- Low Fat (1%) unflavored choices
- Lactose Intolerant Milks will be provided for those in need