



## FISD SCHOOL HEALTH ADVISORY COUNCIL MEETING MINUTES

September 1, 2022, at 0900

FISD Board Room

### **Meeting called to order at 0902 and audio recording started**

**Quorum established** with all members present except Misty Ferguson and Cindy Owen.

**Members present:** Danica Hallmark, Jennifer London, Duane NeSmith, Officer Dorsey, Carmen Ryals, Shanta Riddoch, Jesse Gentry, Becky Walker, Michelle Prater, Chasity Wages, Tina Owen, Jennifer Miller, Tiffany Allen and Mark Ryals.

### **Welcome and opening remarks:**

Brief intro of agenda for the day. Brief intro for guest speaker Jennifer Peoples with UTHET.

**Agenda Item #1:** Guest speaker Jennifer Peoples, LPC-S (Program Manager, Texas Child Health Access Through Telemedicine (TCHAT)). Program Manager, Youth Aware of Mental Health (YAM) Psychiatry & Behavioral Medicine).

- Jennifer presented on the Texas Child Health Access Through Telemedicine and provided information on and Youth Aware of Mental Health. It is a free available resource to our district.
- Questions were asked and answered, some of the information gathered as follows
  - Facilitators are trained and communicate with the counselor before, during and after the appointment
  - They refer out to local therapist and providers if longer care is needed
  - They work with the parents via telehealth as well as the child
  - They provide the ipad

### **Agenda Item #2:** SHAC orientation

- Presentation by SHAC facilitator, Hannah Felts
- Secretary position filled by Becky Walker.

### **Agenda Item #3:** Review of Bylaws, Agenda, and officer needs.

- Motion made to approve Bylaws by Becky Walker, seconded by Jennifer London. Motion passed to approve bylaws by unanimous vote.

### **Agenda Item #4:** Review of Health TEKS

- Members split into groups to discuss the following sections of the health TEKS
  - Introduction, physical health and hygiene
  - Mental health and wellness
  - Healthy eating and physical activity
  - Injury and violence prevention and safety
  - Alcohol, tobacco and other drugs
  - Reproductive and sexual health
- Each group gave brief review to the SHAC of information from their section

Next meeting agenda reviewed. No additional questions.

Motion made by Duane NeSmith to adjourn, seconded by Officer Dorsey.

**Meeting adjourned at 1016 by unanimous vote.**