

DECEMBER 2024

INGRAM TOM MOORE HIGH SCHOOL & INGRAM MIDDLE SCHOOL

.BREAKFAST SERVED
7:15am to 7:45am
Second Breakfast Served
8:20am to 8:45am

Monday	Tuesday	Wednesday	Thursday 🔭	Friday
WG Pancake on Stick/syrup Or WG Cereal Fruit 100% Apple or Orange Juice Milk	WG Donut & Sausage Or WG Cereal Chilled Fruit 100% Apple or Orange Juice Milk	WG Biscuit & Sausage/gravy Or WG Cereal Fruit 100% Apple or Orange Juice Milk	Eggs, Hashbrown, Toast/jelly Or WG Cereal Chilled Fruit 100% Apple or Orange Juice Milk	WG Cinnamon Roll Or WG Cereal Fruit 100% Apple or Orange Juice Milk
WG French Toast Sticks/syrup 9 Or WG Cereal Fruit 100% Apple or Orange Juice Milk	WG Breakfast on Bun Or WG Cereal Fruit 100% Apple or Orange Juice Milk	WG Biscuit & Sausage/gravy Or WG Cereal Fruit 100% Apple or Orange Juice Milk	Breakfast Taco Or WG Cereal Chilled Fruit 200% Apple or Orange Juice Milk	WG Poptart w/Goldfish Crackers or WG Cereal Assorted Fruit 100% Juice Milk
EARLY RELEASE DAY COOK'S CHOICE OR WG Cereal Fruit 100% Juice Milk	EARLY RELEASE DAY WG Breakfast Pizza OR WG Cereal Fruit 100% Juice Milk	EARLY RELEASE WG Cereal Kit W/Juice & Grahams Fruit Milk	CHRISTMAS HOLIDAY	CHRISTMAS HOLIDAY
CHRISTMAS HOLIDAY	CHRISTMAS HOLIDAY	MERRY CHRISTMAS	CHRISTMAS HOLIDAY	CHRISTMAS HOLIDAY
CHRISTMAS HOLIDAY	CHRISTMAS HOLIDAY	*11.71.*	*	* * * * * * * * * * * * * * * * * * * *

Remember To Start Each Day With A Healthy Breakfast Fat Free Chocolate Milk, 1% White Milk, 100% Fruit Juice and Assorted Fruits Are Offered Daily



^{*}ALL MENUS ARE SUBJECT TO CHANGE

^{**}THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER