



# MIDDLE SCHOOL MENUS

SEPTEMBER 2025

**Schools offer  
no-cost breakfast and  
lunch to all students  
regardless of income.**  
Low-fat or fat-free milk  
choice is offered with  
each meal. Fresh fruit  
bowl and water are  
available.

## ADULT PRICES

Breakfast \$2  
Lunch \$4

**ALA CARTE SALES** may vary by  
school. Check with your SN  
Manager to determine local  
offerings.

Extra Milk \$0.60  
Extra breakfast entrée \$1.75  
Extra lunch entrée \$2  
Extra side dishes \$0.50  
Rice Krispie treat \$1  
Cookie \$1  
Soft pretzel \$1  
Cheese Sauce Cup \$0.50  
Flavored water \$1.75

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4	5
<b>Breakfast</b>	HOLIDAY	BISCUIT CHOICE OR MUFFIN W/CEREAL / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT	BISCUIT CHOICE OR CHEESE GRITS W/TOAST / JUICE / FRUIT
<b>Lunch</b> choose one entree or salad, if offered	HOLIDAY	SLOPPY JO OR BURRITO	CHICKEN SANDWICH OR HAM AND CHEESE SANDWICH	PIZZA OR SPAGHETTI W/ GARLIC TOAST	MEAT LOAF OR CHICKEN TENDERS
<b>Sides</b> select at least one fruit or vegetable	HOLIDAY	BAKED SWEET POTATO W/ CINNAMON BROWN SUGAR MARGARINE, ROMAINE SALAD, BROCCOLI W/ CHEESE SAUCE, FRESH FRUIT BOWL STRAWBERRY SHORTCAKE FRESH FRUIT BOWL	POTATO TOTS, LETTUCE LEAF, TOMATO, PICKLES, CORN & BLACK BEAN SALSA, CANTALOUPE, APPLESAUCE CUP, FRESH FRUIT BOWL,	SPINACH SALAD, CORN ON THE COB, CALIFORNIA BLEND VEGETABLES, PEACH SLICES, DRAGON PUNCH, FRESH FRUIT BOWL,	CORNBREAD, GREEN BEANS, MAC AND CHEESE, OKRA, CREAMY COLE SLAW, FRUIT ICE, GRAPES , FRESH FRUIT BOWL
<b>Salad Plate or Bar</b>		BAKED POTATO BAR W/CHILI, SOUR CREAM & STEAMED BROCCOLI	GRILLED CHICKEN	DICED HAM W/BOILED EGG	DICED HAM W/BOILED EGG
	8	9	10	11	12
<b>Breakfast</b>	BISCUIT CHOICE OR MINI PANCAKES W/SYRUP / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA/ JUICE / FRUIT	BISCUIT CHOICE OR CEREAL W/MUFFIN / JUICE / FRUIT	BISCUIT CHOICE OR CHEESE TOAST W/CEREAL / JUICE / FRUIT	MANAGER'S CHOICE JUICE / FRUIT
<b>Lunch</b> choose one entree or salad, if offered	CORNDOG OR CHICKEN NUGGETS	COUNTRY FRIED STEAK OR CHICKEN TENDER ROLL	TURKEY WRAP W/ CHIPS OR BEEF NACHOS	BBQ SANDWICH OR HOT HAM AND CHEESE	MANAGERS CHOICE
<b>Sides</b> must select at least one fruit or vegetable	FRENCH FRIES, BAKED BEANS VEGGIE DIPPERS, CREAMY COLE SLAW ORANGE WEDGES PEAR HALVES	MASHED POTATOES / BROCCOLI W/ CHEESE SAUCE FRUIT COCKTAIL FRESH FRUIT CUP	LETTUCE TOMATO PICKLE CUP CARROT CELERY W/DIP VEGGIE FRIES FROZEN ICE	BAKED BEANS/ OVEN FRIES, PASTA SALAD, GRAPES, ROSY PEAR HALVES, FRESH FRUIT BOWL	
<b>Salad Plate or Bar</b>	TUNA SALAD	DICED HAM W/BOILED EGG	TUNA SALAD	DICED HAM W/BOILED EGG	PIMENTO CHEESE SANDWICH OR PBJ SANDWICH



# MIDDLE SCHOOL MENUS

SEPTEMBER 2025

**24** **STRING**

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## ADULT PRICES

Breakfast \$2

Lunch \$4

**ALA CARTE SALES** may vary by school. Check with your SN Manager to determine local offerings.

Extra Milk \$0.60

Extra breakfast entrée \$1.75

Extra lunch entrée \$2

Extra side dishes \$0.50

Rice Krispie treat \$1

Cookie \$1

Soft pretzel \$1

Cheese Sauce Cup \$0.50

Flavored water \$1.75

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	15	16	17	18	19
<b>Breakfast</b>	BISCUIT CHOICE OR MINI PANCAKES / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT	BISCUIT CHOICE OR CEREAL W/MUFFIN / JUICE / FRUIT	BISCUIT CHOICE OR CHEESE TOAST & CEREAL / JUICE / FRUIT	MANAGER'S CHOICE JUICE / FRUIT
<b>Lunch</b> choose one entree or salad, if offered	CORN DOG OR HAMBURGER	FISH AND SHRIMP OR HOT DOG	CHICKEN STIR FRY W/ EGG ROLL OR CHEESE BITES W/ MARINARA	CHICKEN SANDWICH OR PIZZA	MANAGERS CHOICE
<b>Sides</b> unlimited, but must select at least one fruit or vegetable	BAKED BEANS, VEGGIE DIPPERS, LETTUCE, TOMATO, PICKLE FRENCH FRIES BANANA PUDDING	GARDEN SALAD, COLE SLAW, WHOLE KERNEL CORN ORANGES RIP SLUSHIE	CORN ON THE COBB ROMAINE SALAD VEGETABLE FRIED RICE, ORANGE WEDGES, TROPICAL FRUIT SALAD	SPINACH SALAD BAKED FRENCH FRIES CARROTS W/ DIP GELATIN W/FRUIT SLICED PEACHES	
<b>Salad Plate or Bar</b>	GRILLED CHICKEN	DICED HAM W/BOILED EGG	GRILLED CHICKEN	DICED HAM W/BOILED EGG	
	22	23	24	25	26
<b>Breakfast</b>	BISCUIT CHOICE OR MINI PANCAKES / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT	BISCUIT CHOICE OR CEREAL W/MUFFIN / JUICE / FRUIT	BISCUIT CHOICE OR CHEESE TOAST & CEREAL / JUICE / FRUIT	MANAGER'S CHOICE JUICE / FRUIT
<b>Lunch</b> choose one entree or salad, if offered	TACOS (2) OR STUFFED CRUST CHEESE PIZZA	CHICKEN FAJITA OR CRISPITO	CHICKEN BISCUIT OR PANCAKES W/SAUSAGE PATTIES (2)	LASAGNA W/ TEXAS TOAST OR PIZZA	MANAGER'S CHOICE
<b>Sides</b> unlimited, but must select at least one fruit or vegetable	LETTUCE, TOMATO SHREDDED CHEESE / STEAMED WHOLE KERNEL CORN / VEGGIES W/DIP /PEACH HALVES / FRESH STRAWBERRIES W/ WHIPPED TOPPING	REFRIED BEANS GARDEN SALAD, JUICE BAR / WATERMELON CHUNKS	TATER TOT CASSEROLE / CHEESE GRITS / YOGURT PARFAIT / WANGO-MANGO JUICE CUP / GRAPEFRUIT WEDGES	ROMAINE SALAD, PEAS AND CARROTS, WHOLE KERNEL CORN, GELATIN W/ FRUIT, PEACH SLICES, FRESH FRUIT BOWL	PLEASE SEE INDIVIDUAL SCHOOLS FOR MENU CHOICES TODAY.
<b>Salad Plate or Bar</b>	GRILLED CHICKEN	CHEF SALAD	GRILLED CHICKEN SALAD PLATE	CHEF SALAD	PIMENTO CHEESE SANDWICH OR PBJ SANDWICH



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Flavored water \$1.75

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	29	30	October 1	October 2	October 3
<b>Breakfast</b>	BISCUIT CHOICE OR CHEESE GRITS W/TOAST / JUICE / FRUIT	BISCUIT CHOICE OR MUFFIN W/CEREAL / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT	MANAGER'S CHOICE JUICE / FRUIT
<b>Lunch</b> choose one entrée or salad, if offered	MEAT LOAF OR CHICKEN TENDERS	SLOPPY JO OR BURRITO	CHICKEN SANDWICH OR HAM AND CHEESE SANDWICH	PIZZA OR SPAGHETTI W/ MEAT SAUCE	MANAGER'S CHOICE
<b>Sides</b> unlimited, but must select at least one fruit or vegetable	CORNBREAD, GREEN BEANS, MAC AND CHEESE, OKRA, CREAMY COLE SLAW, FRUIT ICE, GRAPES , FRESH FRUIT BOWL	BAKED SWEET POTATO W/ CINNAMON BROWN SUGAR MARGARINE, ROMAINE SALAD, BROCCOLI W/CHEESE SAUCE, FRESH FRUIT BOWL STRAWBERRY SHORTCAKE FRESH FRUIT BOWL	POTATO TOTS, LETTUCE LEAF, TOMATO, PICKLES, CORN & BLACK BEAN SALSA, CANTALOUPE, APPLESAUCE CUP, FRESH FRUIT BOWL,	SPINACH SALAD, CORN ON THE COB, CALIFORNIA BLEND VEGETABLES, PEACH SLICES, DRAGON PUNCH, FRESH FRUIT BOWL,	PLEASE SEE INDIVIDUAL SCHOOLS FOR MENU CHOICES TODAY.
<b>Salad Plate or Bar</b>	DICED HAM W/BOILED EGG	BAKED POTATO BAR W/CHILI, SOUR CREAM & STEAMED BROCCOLI	GRILLED CHICKEN	DICED HAM W/BOILED EGG	PBJ SACK

WWW.CARROLLCOUNTYSCHOOLS.COM MENU SUBJECT TO CHANGE.  
CARROLL CO. SCHOOLS IS AN EQUAL OPPORTUNITY PROVIDER.

