

MARCH 2023

Lakefield Pre-K

Breakfast includes ½ c fruit and 1% milk.
Lunch includes ¼ c veggie, ¼ c fruit and 1% milk.

Grains are 100% Whole Grain/Whole Grain Rich.

Monday



Tuesday

Wednesday

Thursday

Friday

Cold Cereal Variety **6**
Cheese Quesadilla
Fiesta Beans
Diced Pears

Muffin Variety **7**
Hamburger on a Bun,
Mixed Vegetables
Banana

Grahams Variety **1**
Hot Dog on a Bun
Seasoned Peas & Carrots
Orange Wedges

Breakfast Bread **2**
Hot Ham & Cheese
California Blend
Diced Peaches

Breakfast Variety **3**
Five Cheese French
Steamed Broccoli
Fruit Variety

Cold Cereal Variety **13**
Original Chicken Tenders
Macaroni & Cheese
Seasoned Green Beans
Apple Wedges

Muffin Variety **14**
Pork Sandwich
Baked Beans
Rosy Applesauce

Grahams Variety **8**
Crispy Chicken Sandwich
Seasoned Green Beans
Mixed Fruit

Breakfast Bread **9**
Chicken Alfredo Pasta
Garlic Breadstick
Steamed Broccoli
Fruit Cup

Breakfast Variety **10**
Pizza Variety
Whole Kernel Corn
Pear Bread Pudding

Grahams Variety **15**
Corn Dog
Tater Tots
Orange Wedges

Breakfast Bread **16**
Chicken Pot Pie Bowl
Buttermilk Biscuit
Diced Peaches

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No School
Staff Development

Cold Cereal Variety **20**
Hot Ham & Cheese
Baked Beans
Diced Pears

Muffin Variety **21**
Orange Chicken
w/ "Fried Rice"
Stir Fry Veggies,
Banana

Grahams Variety **22**
Grilled Cheese Sandwich
Tomato Soup
Mixed Fruit

Breakfast Bread **23**
Chicken Nuggets
Garlic Toast
California Blend
Fruit Cup

Breakfast Variety **24**
Homestyle Chili
w/ Cinnamon Roll
Veggie Variety
Fruit Variety

Cold Cereal Variety **27**
Southwest Mac & Cheese
Seasoned Green Beans
Apple Wedges

Muffin Variety **28**
Chicken & Gravy
w/ Mashed Potatoes
Dinner Roll
Wild Blueberry Crisp

Grahams Variety **29**
Hot Dog on a Bun
Seasoned Peas & Carrots
Orange Wedges

Breakfast Bread **30**
Beef Totchos or
Spanish Rice
Diced Peaches

Breakfast Variety **31**
Pizza Crunchers
Mixed Vegetables
Fruit Variety

This Institution is an equal opportunity provider.

Menus are subject to change.

**Menu changes will be announced at each school as they arise. Thank you.*