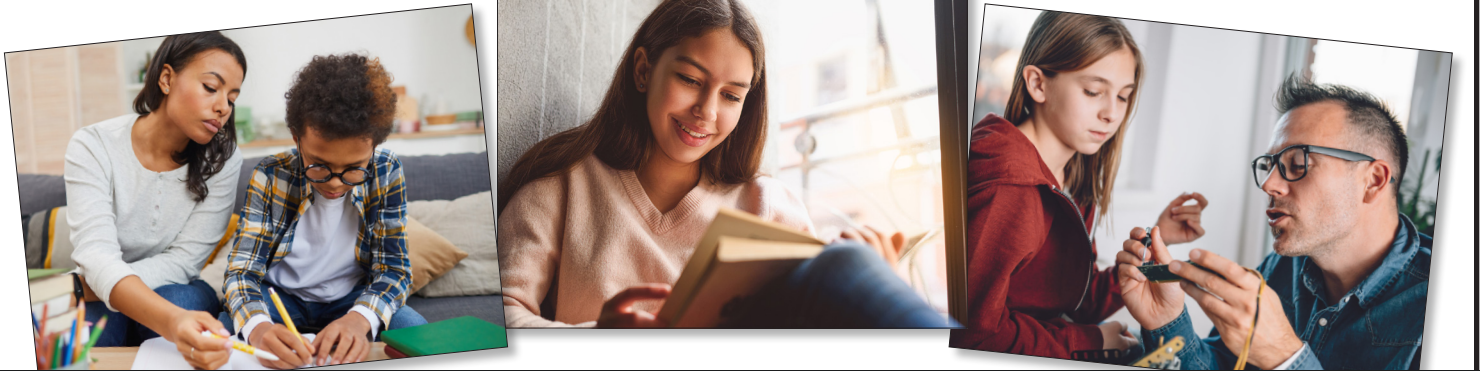


# Daily Learning Planner

*Ideas families can use to help students  
do well in school*

Cumberland County Schools



THE  
**PARENT**  
INSTITUTE®

## September 2021

## Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Show that you value education. Make school attendance a family priority.
- 2. Does your teen have a regular study schedule? High school students need to set aside time every day for schoolwork.
- 3. Talk with your teen about things he is looking forward to in the coming school year.
- 4. Remember that your teen needs a parent more than another friend. Be understanding, but don't abandon rules and limits.
- 5. Turn a mistake into a learning opportunity. Instead of criticizing, ask your teen, "What have you learned?"
- 6. Pack a blanket, a book and a lunch. Lie outside and look at the clouds with your teen.
- 7. Have your teen turn off devices not needed for schoolwork today. She can spend time reading, exercising and talking with friends and family.
- 8. Discuss how something you studied in school has helped you at work.
- 9. Ask your teen to play a favorite song. Listen to the lyrics and discuss what you hear.
- 10. Charge laptops and cell phones out of your teen's bedroom at night. Teens should be sleeping, not texting or checking social media.
- 11. Encourage your teen to check out a book about careers from the library.
- 12. Start a jigsaw puzzle with your teen. Find a place in your home where you can work on it over time without having to move it.
- 13. Join the school's parent organization. These groups improve student experiences in many ways.
- 14. Many teachers post links to helpful resources online. If your teen's teachers do this, look at some of the resources together.
- 15. Hear a compliment about your teen? Pass it on to him.
- 16. Think your teen is too old for reading aloud? Try it. Or try listening to audiobooks together.
- 17. On a night when your teen doesn't have assignments due the next day, suggest that she read a newspaper for 30 minutes.
- 18. Consider giving your teen a clothing allowance. It helps students learn financial responsibility and can prevent arguments.
- 19. Ask your teen to show you how to do something on the computer.
- 20. Look at ads with your teen. Which statements about the products are facts? Which are opinions?
- 21. Designate places to keep items your teen always loses, such as his keys.
- 22. Tell your teen about your day in as much detail as you would like to hear about her day.
- 23. Write your teen a thank-you note for something helpful he's done.
- 24. Teens may say, "Everyone else is doing it." Don't cave in—say, "Well, we aren't."
- 25. Does your teen hope to play sports in college? Have her find out what classes and grades she'll need in high school to qualify.
- 26. Help your teen make a savings plan for education or training after high school.
- 27. Teach your teen to use positive self-talk: "I've practiced this hundreds of times. I know how to do it."
- 28. Get your teen's input when making decisions about rules.
- 29. Urge your teen to make sure his assignments are legible.
- 30. Help your teen get in the habit of making a daily to-do list.