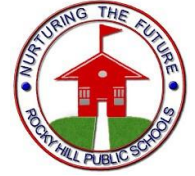


Enrichment Activity Matrix - Early Pre K



Reading & Writing	Mathematics	Science and Social Studies	Health & Social/ Emotional Learning	Art & Music	Physical Education/ Brain Break
Choose a just-right book and read for at least 15 minutes.	Pick one: <ul style="list-style-type: none"> Using things around your home, create an AB pattern. Draw and label your pattern. Do a math activity at Math At Home. 	Choose an experiment from Science Fun to do.	Do something kind for someone.	Draw yourself as (pick one): <ul style="list-style-type: none"> a superhero, an animal, an old man/ woman, a robot, or an alien. 	Do 15 jumping jacks, 10 sit-ups, and 5 push ups.
Choose a fiction book on: <ul style="list-style-type: none"> Tumble books Unite for Literacy Read or listen to a story.	Choose a number between 1-10. Gather items around your house to demonstrate that number. Count them, touching each one.	Choose a science video from BrainPOP Science to watch.	Work with an adult to make a healthy snack.	Dance to your favorite song.	Play a non-electronic game with someone at home.
Choose a nonfiction book on: <ul style="list-style-type: none"> Tumble books Unite for Literacy Read or listen to a book.	Gather a set of toys (Legos, stuffed animals, cars, etc.) and group them in different ways (color, shapes, size, etc.).	Practice your phone number and address.	Draw a picture showing a time when you helped someone.	Color or paint a picture.	Play a tag game outside.
Draw a picture to send to a friend or relative.	Choose an age appropriate activity on Khan Academy to complete.	Choose a social studies video from BrainPOP Social Studies to watch.	Choose a health video from BrainPOP Health to watch.	Make up your own song and share it.	Clean or organize your room.
Choose a literacy activity from PBS kids for parents .	Go on a shape hunt in your house or neighborhood. Draw a picture of what you saw.	Choose a wonder to watch and explore at Wonderopolis .	Create a drawing of your favorite healthy food choices.	Listen to a nursery rhyme on PBS Learning Media . Memorize it. Teach it to your family.	Help with a chore.

◆ For more resources visit Cora J Belden's [Children Department](#).