

MAY | 2024

BCES/BCPS Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>29 Stay Hydrated <i>High Water Fruits:</i> Watermelon Cantaloupe Pineapple Strawberries grapes</p>	<p>30 </p>	<p>1 Chicken Minis Grilled Cheese Tater Tots Green beans Fruit choice</p>	<p>2 Breakfast Sandwich Nachos Refried beans Side salad Fruit choice</p>	<p>3 Chicken Biscuit Pizza Corn Cherry Maters</p>
<p>6 Tornado KSA TESTING! Popcorn Chicken Baked Beans Baby Carrots Fruit Choice</p>	<p>7 Mini Pancakes KSA TESTING! Bosco Sticks Green Beans Fruit Choice</p>	<p>8 Chicken Minis KSA TESTING! Crispito w/ cheese sauce Refried Beans Fruit Choice</p>	<p>9 Breakfast Sandwich KSA TESTING! Corn Dog Lima Beans Fresh Broccoli Fruit Choice</p>	<p>10 Pancake on a Stick KSA TESTING! Chef Lori's Choice TBA! </p>
<p>13 Tornado Talent Show 2024 Chicken Nuggets Mashed Taters Green Beans Roll Fruit Choice</p>	<p>14 Mini Pancakes Tacos Refried Beans Fruit Choice Hee Haw 2024</p>	<p>15 Chicken Minis Field Day 2024 Chicken & Waffles Cooked Carrots Fruit Choice</p>	<p>16 Breakfast Sandwich Cheeseburger French Fries Fresh Broccoli Fruit Choice</p>	<p>17 Chicken Biscuit Last Day!!! 4th Grade Awards 5th Grade Promotion PB & J Chips, Veggie Boat, Fruit</p>
<p>20 </p>	<p>21  Summer</p>	<p>22 Summer Feeding 2024 6/3/2024- 7/27/2024 Email: Lori.williams@Ballard.kyschools.us Or Sara.hedges@ballard.kyschools.us To sign up for your pick-up location.</p>	<p>23 </p>	<p>24 Exercise not only changes your body. It changes your mind, attitude, and mood. #chuzeselfcare</p>
<p>27 Stay Hydrated You should drink- ½ your weight in ounces daily! 100 LBS... Drink 50 ounces</p>	<p>28 </p>	<p>29 </p>	<p>30 SEE YOU AUGUST 8TH. BEST YEAR YET!!!</p>	<p>Push-Up exercise </p>

Breakfast Choices

- M- Assorted Muffins
- T- Bagel w/ topping
- W- Assorted Cereals
- TH- Honey Bun
- F- Pop Tarts

Don't forget-

- ✓ Put money into your account.
- ✓ Hey- You Gotta Grab and Fruit or Veggie.
- ✓ There are cold options too-
- ✓ Hug a Lunch lady.
- ✓ Free Snack- M-TH, Closing Bell

Cold and Fresh

- M- Classic Lunchables
- T- Yogurt Combos
- W- Wraps N Cold Outs
- TH- Cereal Combo
- F- Classic- PB&J

Donate to the Annette Account- Our Kitchen Has wings...

MENU IS SUBJECT TO CHANGE.