***DEMAREST MIDDLE SCHOOL***

***DEMAREST, NEW JERSEY***

***FAIRVIEW LAKE PACKING LIST***

***ESSENTIALS***

**PACKED AT HOME PACKED AT CAMP**

 **\_\_\_\_\_ Sleeping bag or 2 sheets and blankets \_\_\_\_\_**

 **\_\_\_\_\_ Pillow and pillow case \_\_\_\_\_**

 **\_\_\_\_\_ 2 bath towels, 1 hand towel \_\_\_\_\_**

 **\_\_\_\_\_ 1 wash cloth \_\_\_\_\_**

 **\_\_\_\_\_ Toothbrush, toothpaste, and cup \_\_\_\_\_**

 **\_\_\_\_\_ Comb, soap, deodorant, shampoo \_\_\_\_\_**

 **\_\_\_\_\_ 1 pair pajamas or sweats \_\_\_\_\_**

 **\_\_\_\_\_ Bathrobe and slippers (optional) \_\_\_\_\_**

 **\_\_\_\_\_ 3 sets of underwear \_\_\_\_\_**

 **\_\_\_\_\_ 5 pairs of socks \_\_\_\_\_**

 **\_\_\_\_\_ 1 pair of sturdy hiking shoes *(“broken in”)* \_\_\_\_\_**

 **\_\_\_\_\_ 1 pair of comfortable shoes or 2 pairs of sneakers \_\_\_\_\_**

 **\_\_\_\_\_ 1 pair of waterproof boots \_\_\_\_\_**

 **\_\_\_\_\_ 1 pair of shower shoes (flip flops) \_\_\_\_\_**

 **\_\_\_\_\_ Rain hat, rain coat or poncho \_\_\_\_\_**

 **\_\_\_\_\_ Seasonal jacket and hat \_\_\_\_\_**

 **\_\_\_\_\_ Sweater or sweatshirts \_\_\_\_\_**

 **\_\_\_\_\_ 2 or 3 pairs of pants \_\_\_\_\_**

 **\_\_\_\_\_ 3 shirts \_\_\_\_\_**

 **\_\_\_\_\_ Flashlight in good working order! \_\_\_\_\_**

 **\_\_\_\_\_ Laundry bag (plastic bag is OK) \_\_\_\_\_**

 **\_\_\_\_\_ Pen, pencil (necessary!) \_\_\_\_\_**

  **Sunglasses and sunscreen \_\_\_\_\_**

***OPTIONAL***

 ***\_\_\_\_\_* Day pack \_\_\_\_\_**

 **\_\_\_\_\_ Disposable Camera \_\_\_\_\_**

 **\_\_\_\_\_ Binoculars \_\_\_\_\_**

 **\_\_\_\_\_ Canteen/water bottle \_\_\_\_\_**

 **\_\_\_\_\_ Baseball hat or cap \_\_\_\_\_**

**\_\_\_\_\_ Small games, cards, Frisbee \_\_\_\_\_**

 **\_\_\_\_\_ Insect repellent with DEET (non-aerosol) \_\_\_\_\_**

 **(effective on deer ticks)**

**As always the health and wellness of our students is our first priority. Please be aware that ticks can be found in almost every community in New Jersey including the Fairview Lake YMCA Camp. Information related to ticks can be found by clicking** [**http://www.cdc.gov/ticks/**](http://www.cdc.gov/ticks/)**. Remind your child to check themselves.**

**---------------ALL OF THE ABOVE ITEMS SHOULD BE LABELED---------------**

***NOT PERMITTED***

***Firecrackers, electronic devices, snack food, aerosol cans, candy/gum, knives, cellular phones Apple watches, or anything of value. No money is needed; there is nothing to buy.***