

AUGUST 2024

Rivendell Interstate School District School BREAKFAST Menu (SME, WES & RA)

BREAKFAST



Menus are subject to change
Meals are Free to all students
Adult Breakfast: \$3.50
A la Carte Milk: \$0.50



Daily Breakfast Options Subject to NSLP Meal Requirements:
Yogurt, WG Cereal, Cheese Stick, Fresh Fruit, 1% white Milk
and Fat Free Chocolate Milk



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



WG French Toast sticks & Sausage Link
Fruit
Milk

26

WG Pancakes & Bacon
Fruit
Milk

27

Sausage, Egg & Cheese Sandwich on WG English Muffin
Fruit
Milk

28

Pastry & Scrambled Eggs
Fruit
Milk

29

Fresh Fruit, & Granola Yogurt Parfait
Fruit
Milk

30

AUGUST 2024

Rivendell Interstate School District School LUNCH Menu (SME, WES & RA)



Menus are subject to change
Meals are Free to all students
Adult Lunch: \$4.95, A la Carte Milk: \$0.50
Adult Salad Bar Meal: \$4.95



Daily Lunch Options Subject to NSLP Meal Requirements:
Cook Selected Alternative Meal, Fresh Fruit and Salad Bar Options



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Cheese Quesadilla with Salsa and Sour Cream
Mexican style Rice
Fresh fruit
Milk

Pulled Pork on a Whole Grain Bun
Coleslaw
Fresh Fruit
Milk

Sweet and Sour Chicken over Rice
Broccoli
Fresh Fruit
Milk

Meatball Sub on a Whole Grain Roll
Corn
Fresh Frit
Milk

Cheese or Pepperoni Pizza
Green Salad
Fresh Fruit
Milk

SEPTEMBER 2024

Rivendell Interstate School District School BREAKFAST Menu (SME, WES & RA)

BREAKFAST



Menus are subject to change
Meals are Free to all students
Adult Breakfast: \$3.50
A la Carte Milk: \$0.50



Daily Breakfast Options Subject to NSLP Meal Requirements:
Yogurt, WG Cereal, Cheese Stick, Fresh Fruit, 1% white Milk
and Fat Free Chocolate Milk



MONDAY

Labor Day

2

TUESDAY

WG Pancakes
& Bacon
Fruit
Milk

3

WEDNESDAY

Sausage Egg & Cheese
Sandwich on WG English
Muffin
Fruit, Milk

4

THURSDAY

WG Pastry &
Scrambled Eggs
Fruit
Milk

5

FRIDAY

Fresh Fruit & Granola
Yogurt Parfait
Fruit
Milk

6

WG French Toast
Sticks & Sausage Link
Fruit
Milk

9

WG Pancakes
& Bacon
Fruit
Milk

10

Sausage Egg & Cheese
Sandwich on WG English
Muffin
Fruit, Milk

11

WG Pastry &
Scrambled Eggs
Fruit
Milk

12

Fresh Fruit & Granola
Yogurt Parfait
Fruit
Milk

13

WG French Toast
Sticks & Sausage Link
Fruit
Milk

16

WG Pancakes
& Bacon
Fruit
Milk

17

Sausage Egg & Cheese
Sandwich on WG English
Muffin
Fruit, Milk

18

WG Pastry &
Scrambled Eggs
Fruit
Milk

19

Fresh Fruit & Granola
Yogurt Parfait
Fruit
Milk

20

WG French Toast
Sticks & Sausage Link
Fruit
Milk

23

WG Pancakes
& Bacon
Fruit
Milk

24

Sausage Egg & Cheese
Sandwich on WG English
Muffin
Fruit, Milk

25

WG Pastry &
Scrambled Eggs
Fruit
Milk

26

Fresh Fruit & Granola
Yogurt Parfait
Fruit
Milk

27

WG French Toast
Sticks & Sausage Link
Fruit
Milk

30



SEPTEMBER 2024

Rivendell Interstate School District School LUNCH Menu (SME, WES & RA)

LUNCH



Menus are subject to change
Meals are Free to all students
Adult Lunch: \$4.95, A la Carte Milk: \$0.50
Adult Salad Bar Meal: \$4.95



Daily Lunch Options Subject to NSLP Meal Requirements:
Cook Selected Alternative Meal, Fresh Fruit and Salad Bar Options



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Labor Day

2

Chicken Burger on a whole grain Roll
Potato Wedges
Fresh Fruit
Milk

3

Chop suey with Local Beef
Garlic Knots
Peas
Fresh Fruit
Milk

4

Baked Mackenzie Ham with Cheesy Potatoes
Carrots
Milk

5

Cheese or Pepperoni Pizza
Garden Salad
Fresh Fruit
Milk

6

Taco Pie with Salsa and Sour Cream
Mexican Style Rice
Fresh Fruit
Milk

9

Sloppy Joe on a WG Bun
Tatar Tots
Fresh Fruit
Milk

10

Ravioli in Marinera Sauce
WG Texas Toast
Broccoli
Fresh Fruit
Milk

11

Chili Cheese Dogs on a WG Roll
Corn
Fresh Fruit
Milk

12

Cheese or Pepperoni Pizza
Garden Salad
Fresh Fruit
Milk

13

Chicken Fajita with Sour Cream and Salsa
Mexican Style Rice
Fresh Fruit
Milk

16

Plain or Cheeseburger on a WG Bun
Potato Wedges
Fresh Fruit
Milk

17

Chicken Parmesan Linguini
Green Beans
Fresh Fruit
Milk

18

Shepherds Pie
WG Biscuit
Fresh Fruit
milk

19

Cheese or Pepperoni Pizza
Garden Salad
Fresh Fruit
Milk

20

Beef Tacos with Sour Cream and Salsa
Mexican Style Rice
Fresh fruit
Milk

23

Corn Dog
Potato Wedges
Fresh Fruit
Milk

24

Chicken Broccoli Alfredo
Mozzarella Stuffed WG Breadstick
Fresh Fruit
Milk

25

Ham and Cheese WG Bagel Melts
Carrots
Fresh Fruit
Milk

26

Cheese or pepperoni Pizza
Garden Salad
Fresh Fruit
Milk

27

Nachos with Sour Cream and Salsa
Mexican Style Rice
Fresh Fruit
Milk

30

