

Lunch Meal Pattern - K- 8th

Select a minimum of 3 components

meat/ meat alternative =
minimum 1oz daily

--lean meat, poultry, alternative protein,
cheese, egg, nut butter, yogurt

Vegetable = minimum 3/4 cup daily

Fruit = minimum 1/2 cup daily
--fruit/juice

whole grain rich (WG) selection (s) =
minimum 1oz daily

--bread, biscuit, roll, pasta, noodle, grain

1 milk = 1 cup

--fluid milk

1% and 1% chocolate served daily

*Fresh carrots,
offered daily*

**Menu is subject to change
based on product availability**



**This institution is an
equal opportunity
provider.**

DECEMBER 2024

CITY DAY

Lunch Calendar

Mon	Tue	Wed	Thu	Fri
2 No School 	3 Chicken Taco Salsa/Cheese Tortilla Chips Ranchero Beans Fruit Punch Baby Carrots	4 Brunch 4 Lunch Maple Pancakes Potato Rounds Turkey Sausage Apple Cherry Juice Baby Carrots	5 Chicken Nuggets Broccoli w/Cheese Diced Peaches Baby Carrots	6 Cheese Pizza Celery Sticks Apple Slices Caramel Cups Baby Carrots
9 Turkey Hoagie Cucumber Slices Mango Sidekicks Baby Carrots	10 Chicken Crisпитos Spicy Refried Bean Tortilla Chips Trix Yogurt Banana Baby Carrots	11 Chicken Patty Mashed Potatoes Mandarin Oranges Baby Carrots	12 BBQ Meatballs Macaroni & Cheese Romaine Salad Blue Raspberry Applesauce Cup Baby Carrots	13 Cheese Pizza Fancy Cauliflower Fruit Punch Cheez-its Baby Carrots
16 Turkey Italian Hoagie Romaine Salad Orange Slices Baby Carrots	17 Walking Taco RF Doritos Salsa/Cheese Spicy Corn Apple Slices Baby Carrots	18 Cheese Pizza Cucumber Slices Red Pepper Hummus Fruit Punch Baby Carrots	19 No School 	20 No School
				
30 No School 	31 No School 			