

## NYMWC Freestyle-Greco Practices 2026

In consideration for the acceptance of this entry blank, I agree to be legally bound herewith for myself, my heirs, executors, administrators or assigns, and do herewith waive and release the clinicians or owners of the real estate where this tournament/freestyle practice is to be held, and their agents, representatives, committees and members from any and all claims to rights to damages for injuries and or losses suffered by me whether by training, attendance in or traveling to or from this tournament, and further I state that I have adequate health and accident insurance to cover injuries or sickness incurred during these practices and or tournament.

Wrestlers Name: \_\_\_\_\_

PARENT OR GUARDIAN MUST SIGN: \_\_\_\_\_